**In vivo Micro-Tomographic Visualization of Capillary Angio-Dynamics Around Upper Dermis Under Mechanical Stimulus Using Low Coherence Interferometer “Optical Coherence Doppler Velocigraphy”**

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**Abstract:** The skin aging process, e.g. wrinkles and sagging, caused by not only aging but also ultraviolet irradiation, could be related to the depression of metabolic function. Therefore, an *in vivo* quantitative measurement of capillary blood flow velocity governing skin metabolism functionally, i.e. microcirculation, is crucial to clarify the skin aging and to create skincare products. The purpose of this study is to visualize the tomographic velocity of red blood cell in capillaries just below human epidermal skin using Optical Coherence Doppler Venography, namely OCDV. This was constructed on a low coherence interferometer, which could provide tomographic distribution of flow-modulated Doppler frequency by developing OCDV algorithm of Hilbert transform and adjacent autocorrelation. In order to validate OCDV system, this was in vivo applied to human forearm skin under respective mechanically stimulated conditions of control and avascularization. As a result, a cross-sectional imaging of blood flow velocity was found to display not only morphological OCT images but also networks of capillary vasculature inside dermal tissue. It was confirmed that blood flow velocity further decreased in upper dermis under avascularization than control condition. Additionally, OCDV could provide a velocity map of blood flow having sensitivity to mechanical stimulus, so has strong efficacy to diagnose “Capillary Angio-Dynamics” of skin tissue. In conclusions, OCDV system could be quite useful for a micro-tomographic imaging of blood flow velocity of capillaries inside skin.

**Keywords:** Optical Coherence Tomography (OCT), Optical Coherence Doppler Venography (OCDV), Microcirculation, Blood Flow Velocity Measurement, Hilbert Transform, Adjacent Auto-Correlation, Flow-Modulated Doppler Frequency, Mechanical Stimulus

**1. Introduction**

The skin aging process, e.g. wrinkles and sagging [1], caused by not only aging but also ultraviolet irradiation [2], could be related to the metabolic function undermining in skin tissue [3]. The microcirculation system determines skin metabolism, which consists of the capillary networks, i.e. the smallest blood vessels in the body, as well as lymphatic networks. The capillary vasculature distributes around the depth of about 100 to 200 µm from skin surface, where arterioles are traveling to capillaries from the deeper dermis. This can supply oxygen to tissue and cells, and exchange nutrients and other substances between capillary blood and interstitial fluid leaking into the surrounding tissue. Rheological behavior of interstitial fluid in epidermal and dermal tissue can also vary skin mechanics in micro scale, i.e. viscoelasticity [4]. For these reasons, the microcirculation system is an ultimate barometer for skin care anti-aging.
Recently, Optical Coherence tomography (OCT) [5, 6] has been developed to visualize *in vivo* morphological distribution tomographically and non-invasively in the micrometer resolution. So far, Doppler OCT [7] also has been developed subsequently, which can analyze and visualize Doppler frequency modulated by blood flow embedded in the interference signals. However, this has not yet evaluated exhaustively the dermatological relationship between skin mechanics and capillary blood flow velocity inside human skin. Especially, in the vicinity of the upper layer of the dermis, i.e. subepidermal layer, temporal and spatial change of the blood flow velocity as well as the interstitial fluid flow, corresponding to various stimuli, has not been evaluated completely in terms of quantitative angiodynamics and biomechanics. In this study, Optical Coherence Doppler Velocigraphy (OCDV) has been constructed with a single-pass Rapid Scanning Optical Delay line (RSOD) [8]. This system can detect the depth-profile of flow-modulated phase change in axial-scanned interference signals by the collaboration of Hilbert transform [9] and adjacent autocorrelation [10]. OCDV can offer tomographic distribution of flow-modulated Doppler frequency with the micrometer resolution. OCDV was *in vivo* applied to human forearm skin under respective mechanically stimulated conditions of control and avascularization, so as to validate the present system. Furthermore, temporal and spatial changes in capillary blood flow velocity by mechanical stimulus were evaluated quantitatively.

![Diagram of OCDV system](image)

**Figure 1.** The schematic view (a) and the proposed OCDV algorithm (b) of Optical Coherence Doppler Velocigraphy (OCDV) system with single-pass Rapid Scanning Optical Delay line (RSOD).

### 2. Optical Coherence Doppler Velocigraphy

#### 2.1. Optical Coherence Tomography

Optical Coherence Tomography (OCT) can tomographically visualize tissue morphology with the spatial resolution of 1 to 10 µm by detecting low coherent interference signals of backscattered light from the inside of tissue [11]. Figure 1 (a) shows an example schematic apparatus of Time-Domain OCT system. This is based on the Michelson interferometer with the rapid scanning optical delay line (RSOD) in the reference arm [8]. Light emitted from the low coherence light source is split by a fiber coupler into the reference arm and the object arm, respectively. The respective lights, reflected by the resonant mirror and the backscattered light from the inside of sample, are meet again at the coupler. Low coherent interference signals are generated and detected by the photodetector (PD), only when the difference of optical path length ∆l between the reference arm l_r and the object arm l_o, i.e. optical path delay, is less than the coherence length l_c. Axial scanning interference signals to the depth direction can be obtained by scanning the reference mirror i.e. changing optical path length. The intensity of interference signal I_d(z) is a convolution integral of the coherence function G(z) and distribution of reflection coefficient R(z) inside sample tissue, as shown by the following equation (1) [11, 12].

\[
I_d(z) = I_{inc} R(z) \otimes G(z) \cos \left(2\pi(f_{RSOD} + f_d) \frac{z}{v}\right),
\]

where z is an optical axial coordinate to the depth direction, v is the speed of scanning the optical path delay by a reference mirror, and I_{inc} is the irradiation intensity distribution to sample. f_{RSOD} and f_d show Doppler frequency modulated by the scanning motion of a reference mirror and the flow in an objective sample, respectively [8, 12]. The depth resolution Δz is defined by coherence length l_c, which is given theoretically by the center wavelength \(\lambda_c\) and wavelength band width Δλ of light source as

\[
\Delta z = \frac{\lambda^2}{2\Delta\lambda}\]

where \(\Delta\lambda\) is the wavelength resolution.
if the spectrum of light source has a Gaussian profile [11, 12].

In the reference arm, while a depth-scanner is necessary in Time-Domain OCT, the rapid scanning optical delay line (RSOD) as shown by Figure 1 (a), can separate the optical path length spectrally for each wavelength using a diffracting beam spot diameter $\Delta \Omega$ as $\Delta \Omega = (4\lambda /\Delta \nu)$ [11]. Hilbert transform has no trade-off between the resolution of time and frequency, despite high axial scanning rate, so it can maintain higher accuracy, higher frequency resolution and higher spatial resolution regarding tomographic detection of $f_d(z)$ [13]. As shown by Figure 1 (a), in the high frequency band of carrier frequency modulated by the scanning mirror, Hilbert transform is performed so that signal to noise ratio (S/N) can be enhanced to reduce low frequency noise.

The micro flow inside sample module maps the signal frequency, i.e. flow-modulated Doppler frequency $f_d$ then generates the phase difference between adjacent lines of axial scanning interference signal [10]. Figure 1 (b) (4) ~ (5) shows that $f_d$ can be calculated from the detection of phase change by adjacent auto-correlation (AAC). This technique is applied to adjacent axial lines of interference signal and can derive a change in phase during time interval $\Delta t$ at the corresponding depth position. Actually, the respective adjacent analytic signals $\Gamma_{j+1}$ and $\Gamma_j$ are obtained by horizontal scanning in the horizontal $x$ or $y$ direction, can be shown as equation (3).

$$\Gamma_{j+1}(t) = s_{j+1}(t) + i\delta_{j+1}(t)$$
$$= s_j(t + \Delta T) + i\delta_{j+1}(t + \Delta T)$$
$$\approx A(t) \exp \left\{ 2\pi \left( f_{\text{RSOD}} + f_d(t) \right) (t + \Delta T) \right\},$$

where $j$ is the scanning line number in the horizontal $x$ or $y$ direction. $\Delta T$ and $A(t)$ represent the acquisition interval between $j$ and $j+1$, the intensity of backscattered light, respectively. As evident from the above equation, the phase change $z(t)$ between $\Gamma_j$ and $\Gamma_{j+1}$ is identified as $f_d(t) \Delta T$. So, the depth profile of flow-modulated phase change $\phi_d(t)$ can be obtained by applying AAC to $\Gamma_j(t) \text{ and } \Gamma_{j+1}(t)$. Especially when flow condition is steady during $\Delta t$, flow-modulated frequency $f_d(t)$ can be given by $\phi_d(t)$ divided by $\Delta T$. As shown in the equation (4), the averaged phase change, applying AAC to $N$ pairs of adjacent scanning lines, is used to enhance the detection accuracy of $f_d(t)$. The resonant mirror, which is a sinusoidal scanner, is implemented in the present system shown by Figure 1 (a), so that flow-modulated frequency $f_d(t)$ and phase $\phi_d(t)$ by the scanning mirror can be also changed continuously with the depth position scanning. However, the sinusoidal phase change by resonant mirror is periodical so as to keep a constant profile every line, so AAC can employ the depth scanning of flow-modulated phase change $\phi_d(t)$ effectively. Finally, the depth profile of flow velocity $v_f(t)$, that is, the modulation source, can be formulated using flow-modulated Doppler frequency $f_d(t)$ obtained by AAC, as shown in the equation (5). $n$ and $\theta$ indicate the average refractive index of sample tissue and the angle of flow direction to the optical axis, i.e. capillary orientation, respectively. The refractive index of human epidermal and dermal skin tissue was given approximately as $n = 1.41$ at the wavelength band of 1300nm. It is well-known that the capillary vasculature is highly crowded and...
complicated in sub-epidermal regions [14], but it tends hypothetically to orientate in the perpendicular direction to the skin surface [3], so the capillary orientation is assumed to be \( \theta = 0 \) degree in this analysis.

\[
2\pi f_d(t) = \frac{1}{\Delta T} \arctan \left( \frac{\text{Im} (\mathcal{Z}_{\text{FS}})}{\text{Re} (\mathcal{Z}_{\text{FS}})} \right) \tag{4}
\]

\[
v_d(t) = \frac{f_d(t) \lambda_c}{2n_c \cos \theta} \tag{5}
\]

The pixel averaging processing is performed in Figure 1 (b) (6) to make tomographic images based on the depth \( z \) axis resolution. Undesirable artifacts due to body motion typically occur during measurement to deteriorate the detection SN ratio of blood flow velocity. Skin surface motion is assumed to coincide with epidermal motion because epidermis is directly below horny layer and harder tissue than dermis. In the proposed algorithm shown by Figure 1 (b) (7), the body motion artifacts are removed line by line, by means of subtracting the depth-averaged detection frequency around the epidermis region to 150 \( \mu \)m from surface after the removal of motion artifacts shown in Figure 1 (b) (8), the system noise and shot noise, which are generated by the object and reference driving and so on, are removed by a moving average filter. Finally, as shown by Figure 1 (b) (9) and (12), the blood velocity tomography \( v_d(x, z, t) \), transformed flow-modulated Doppler frequency \( f_d(t) \) by the equation (5), can be displayed on the monitor and recorded in sequence. Additionally, typical tomography of morphological distribution can be also visualized simultaneously using the instantaneous amplitude \( A(t) \), which is calculated by the envelope of analytic signal as shown by Figure 1 (b) (10).

3. Material and Methods

3.1. Experimental Instrumentation

Figure 1 shows the schematic of Optical Coherence Doppler Velocigraphy (OCDV), based on a fiber-typed Michelson interferometer with the rapid scanning optical delay line (RSOD) in the reference arm. The SLD (Thorlabs, SL2000C), which had the center wavelength \( \lambda_c = 1340 \) nm and the full width at half maximum (FWHM) \( \Delta \lambda = 100 \) nm, was used as a broadband light source. So, the depth resolution was given theoretically as \( \Delta z = 7.5 \) \( \mu \)m. RSOD was mounted in the reference arm, which was consisted of a diffraction grating (SHIMADZU, 150-1200-250, N=150/mm), a concave mirror (Thorlabs, CM254-100-G01) and a resonant mirror (Cambridge Technology, CRS 4kHz). The collimated reference beam by the collimator lens (Thorlabs, F280APC-C, diameter 3.4 mm) was diffracted by the grating, then the diffracted light was condensed by the concave mirror and was focused on the different positions of resonant scanner for respective wavelengths. Consequently, the optical path scanner RSOD is implemented with keeping the same phase for each wavelength. Thus, RSOD can employ the flow-modulated phase change detection as well as to achieve the high-speed axial scan (A-scan) even in Time-Domain OCT. Furthermore, this also has independently controllable capacities of the group-delay dispersion [8] by the grating-concave mirror setup. The rotating angle of the scanning mirror was set to be \( \pm 0.7 \) degrees, thereby the depth scanning range was calibrated to be 1100 \( \mu \)m in the air. In the object arm, two-axial galvanometer (Thorlabs, GVS102, GCM102) mirrors were mounted, and the collimated light by the collimator (F240APC-C, Thorlabs) passed through a telecentric objective lens (Thorlabs, LSM03), and then was irradiated onto the target sample. The spatial resolution of \( x \) and \( y \) direction and the depth of field are given theoretically as 29.1 \( \mu \)m and 1128 \( \mu \)m, respectively. The RF interference signal, generated from the light coming back from reference and object arms, was received by a photo-detector (Thorlabs, PDB450C-AC). After detecting the RF interference signal, it was recorded through an analog filter (NF CORPORATION, 3625) by high speed A/D converter (AVAL DATA, APX-510) having a 16-bit digitizer and 10 MHz sampling frequency. Experimentally, it has been found that the Doppler modulated light by the resonant mirror constitutes the carrier frequency in the approximately 120 kHz ~ 3.3 MHz band. Hence, the analog filter was used as a 100 kHz high-pass filter.

The OCDV technique, as shown by Figure 1 (a), was applied to the obtained RF interference signals, and then the tomographic distribution of scattered intensity and blood flow velocity were visualized. In frequency analyzing, the zero-padding processing is applied to Fast Fourier Transform, so as to achieve a sampling frequency resolution of 2.44 kHz. The digital band pass filter is also performed around lower and higher cutoff frequency of 100 kHz and 3.5 MHz, respectively. The averaging line number \( N \) in adjacent autocorrelation, as shown in the equation (4), is set to be \( N = 12 \), taking account of \( \Delta \Omega = 41.0 \) \( \mu \)m, namely \( x \) or \( y \) lateral resolution 20.5 \( \mu \)m. The scanning size of the object galvanometer mirror in the \( x \) direction was set to be 1500 \( \mu \)m, then one frame is composed of 300 axial scanning lines at intervals of \( \Delta x = 5 \) \( \mu \)m. Considering the depth resolution \( \Delta z \), a tomographic image is arranged to be \( x \times z = 300 \) pixels \( \times 147 \) pixels by the pixel averaging processing, then can be displayed with frame rate 13.33 fps. The scanning speed is varied due to the sinusoidal rotating resonant mirror. Therefore, the rotational speed variation is recorded from an output signal of resonant mirror so as to be compensated approximately as a sinusoidal function, and the axial \( z \) detection position was calibrated separately.
3.2. Experiment and Test Subject

In order to validate OCDV system, this was in vivo applied to human forearm skin of 5 male Japanese subjects aged 21 ~ 48 years, under the normal condition, i.e. control, and avascularization using a tourniquet as mechanical stimulus, respectively. These experiments were carried out with sufficient consent from subjects without skin disorder. The measurements were performed after 20 min in a climate-controlled room (22 degree and 45 % relative humidity). The
measurement location was set to be the anterior region of forearm at position of 6 cm from the elbow to wrist side. The normal condition was measured, then the cuff pressure (A&D, UA-704) was set to 100 mmHg and measurement was carried out 5 minutes after avascularization. In this experiment, the correspondence to tomographic distribution of skin morphology and capillary networks was investigated from tomographic results obtained by OCDV. Especially, the temporal and spatial change in capillary blood flow velocity was evaluated qualitatively and quantitatively under the mechanically stimulated conditions from tomographic and time course data of the blood flow velocity in the capillaries. The study protocol was approved by the ethics committees in Osaka City University (Permit number: 17-04).

4. Results and Discussion

4.1. OCT and OCDV Images

Figure 2 (a) and (b) shows the obtained OCT image of morphological forearm skin under the control condition, and the tomographic distribution of the instantaneous velocity plotted during the period of 3 frames with OCT image overlapped, respectively. The epidermis can be observed around $z = 200$ to $300 \, \mu m$ as relatively low intensity, while the dermis distributed below the epidermis can be identified as high intensity due to collagen tissue [15]. The capillary blood vessels in sub-epidermal region are running to the papillary layer in the perpendicular direction to the skin surface [3, 15]. Nevertheless, such an orientation of capillaries can never be observed in the OCT morphologic distribution due to the spatial resolution limit. On the other hand, as shown in Figure 2 (b), the instantaneous velocity distribution can reveal that the blood flow velocity distributes in agreement with relatively lower intensity regions in relatively deeper dermis, where it is detected around $(x, z) = (250 \, \mu m, 700 \, \mu m)$ and $(900 \, \mu m, 600 \, \mu m)$, as shown in Figure 2 (a). Actually, the averaged contrast of intensity ratio at Doppler-detected regions was degraded by about 40%, however the low intensity does not necessarily show vasculature, including different organs such as lymph vessels and hair follicles. As the above-mentioned, OCDV similarly provided OCT tomographic image and instantaneous velocity tomography under the avascularization condition, as shown by Figs 3 (a) and (b), respectively. Both morphological distributions have little difference in terms of the low intensity distribution estimated as capillary networks. However, comparing blood flow velocity tomographies obtained by OCDV between Figure 3 (b) and Figure 2 (b), it can be seen that the instantaneous blood flow velocity decreases remarkably. In summary, OCDV system was clarified to have diagnostic sensitivity to mechanical stimulus with respect to instantaneous blood flow velocity.

Figure 5. An example of standard deviation tomography of blood flow velocity and tomography of the temporal averaged blood flow velocity; (a) (b) control condition, (c) (d) avascularization condition, respectively.
4.2. Capillary Vasculature and Blood Flow Velocity

Figures 4 (a) and (b) shows the time course of the local blood flow velocity in the $3 \times 3$ area around $(x_c, z_c) = (1140 \mu m, 655 \mu m)$ and $(x_c, z_c) = (525 \mu m, 700 \mu m)$, where higher averaged velocity was measured in Figure 2 (c) and Figure 3 (c), respectively. The blood velocity is found to vary intermittently under the control condition, which designates that the irregular movement and pulsation of red blood cells and capillaries should induce the intermittent detection of Doppler modulation. In contrast, the blood flow velocity under avascularization condition keeps relatively constant at lower velocity. Evaluating time-dependency on blood flow velocity, the temporal standard deviation filter is expected to diagnose the capillary networks tomographically. Figures 5 (a) and (b) show the capillary networks when the threshold is set optimally to be 25 $\mu m/s$. The tomographic map applying the standard deviation filter agrees qualitatively with relatively lower intensity distribution in the morphological OCT images, so OCDV can visualize the capillary networks under the control condition. There appears frequently to be discontinuous networks, which is attributed to 3-dimensional orientation of capillaries naturally having complicated dermal vasculature [3], as well as irregular movement of red blood cells. While, the avascularization condition makes it difficult to visualize the thinner vascular networks due to mechanical stress. Recently, the assessment of dermal vasculature has been proposed as a temporal irregularity map by applying auto-correlation to OCT images [16]. Typically, this can provide en face image of capillary networks from 3-dimensional OCT. OCDV system also has the same potential using 3-dimensional data, but additionally has strong advantage of visualizing capillary blood flow velocity. Taking account of the threshold of standard deviation filter, the time-averaged velocity distribution during about 3 seconds of 40 frames were calculated as Figs 5 (b) and (d) under the respective conditions of control and avascularization, respectively. Under avascularization condition, blood velocity hardly appears to tomographic OCDV image, on the contrary it is clearly found that the higher and lower velocity is visualized like stretching to the surface around the upper dermis and the sub-epidermal region, respectively. In general, the vascular plexuses well developed horizontally in the sub-epidermal plane, i.e. sub-papillary plexuses, are interconnected by vertically oriented vessels to the papillary layer [3, 14, 17]. There actually appears, as shown in Fig 5 (b), to observe the lower and higher blood flow velocity around sub-papillary layer and deeper reticular dermis, respectively. Therefore, the visualization of capillary vasculature, e.g. sub-papillary plexuses, is necessary to display en face sectional images using 3-dimensional OCDV. An example of the local averaged velocity around $(x_c, z_c) = (1140 \mu m, 650 \mu m)$ was detected to be 100.2 $\mu m/s$. The maximum blood velocity was calculated similarly from time-averaged velocity distribution, resulting in 132.63 $\mu m/s$ and 66.11 $\mu m/s$ under respective conditions of control and avascularization. The maximum blood velocity under avascularization condition was further decreased 50.2 % by mechanical stimulus. It should be noted that the typical velocity order of red blood cell in nailfold capillaries is about 500 ~ 1000 $\mu m/s$, which has been measured by a capillaroscope [18]. Capillary blood velocity in sub-epidermal region, obtained by OCDV, had almost the same order as that in nailfold although it was relatively smaller. Dermal skin has more complicated 3-dimensional vasculature than the nailfold has nearly straight vascular [3]. As apparent from the equation (5), the detected velocity is a function of capillary orientation $\theta$, of which spatial variation can further reduce the detection value, resulting in the more valid order. There are an extremely lower number of experimental research about blood flow velocity below general skin tissue, but it was actually reported that the blood flow velocity in dermal capillaries is estimated to be less than 500 $\mu m/s$ [19]. Therefore, the proposed OCDV system can in vivo diagnose the capillary blood velocity tomographically. Table 1 shows the blood velocity averaged in the extracted capillary networks, separately calculated in the epidermis and dermis. The change in velocity of blood or interstitial flow was not as much as 7.9 % in epidermal region but had significantly 31.7 % decrease in the dermal region. Therefore, the mechanical response of capillary blood flow was thought to be diagnosed tomographically and quantitatively as a 2-dimensional flow velocity imaging. As discussed so far, it is quite difficult to measure blood flow velocity quantitatively due to 3-dimensional capillary network and intermittently irregular movement of red blood cells as well as physiological skin conditions. Provided that the tomographic distribution of capillary orientation to optical axis $\theta(x, y, z)$ should be calculated precisely from the 3-dimensional dermal vasculature, the detection accuracy of blood velocity will be able to be further enhanced under the consideration of capillary structures. It is, therefore, considered that the proposed OCDV system can display potentially temporal and spatial change of capillary networks and blood flow velocity tomographically, non-invasively and quantitatively in the micrometer resolution, so has strong efficacy to diagnose “Capillary Angio-Dynamics” of skin tissue especially by mechanical stimuli. Therefore, OCDV can contribute additionally to the assessment of capillary vascular function, e.g. Flow-Mediated Dilatation (FMD), pharmaceutical efficacy of percutaneous absorption and transplant engraftment of regenerated tissue.

5. Conclusion

This paper presents Optical Coherence Doppler
Velocigraphy (OCDV), which can detect depth-profile of flow-modulated phase change in axial-scanned interference signals by the collaboration of Hilbert transform and adjacent auto-correlation. In order to validate OCDV system, this was in vivo applied to human forearm skin under respective mechanically stimulated conditions of control and avascularization. Temporal and spatial changes in capillary blood flow velocity were evaluated under each condition. As a result, it was confirmed that OCDV can offer networks of capillary vasculature and the blood flow velocity just below the epidermis as well as the morphological structures, as a cross-sectional tomographic imaging with the micrometer resolution. It was found that blood velocity further decreased in upper dermis under avascularization by mechanical stimulus, so that OCDV could visualize the intermittent movement of red blood cell in capillaries, namely “Capillary Angio-Dynamics”. In conclusions, OCDV system could be quite effective for evaluating microcirculation characteristics as a micro-tomographic imaging of blood flow velocity of capillary vessels inside skin.

References


