



Child Depression

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Abstract:

The depressive disorder in children can be defined as a transitory stage of irritability or transitory depressive stage for at least one year, the certain diagnostic setting being done by adding two more depression symptoms that are present all the time, for at least half of the year under analysis.

The increase or decrease of the appetite, insomnia or hypersomnia, low level of energy or fatigue, low self-esteem, difficulties in focusing or making decision, feelings of uselessness are some of the frequent symptoms.

We tried to emphasize the role of the nurse in teaching the patient prone to depression about the long term risks of the disorders and the role of the behavioral interventions, as well as in training the social and interpersonal skills that may be of great help as treatment adjuvants.

Keywords:

Nurse, Depression, Patient Teaching