Barrier-Free Accessible Environment and Kamlapur Railway Station – Require to More Sustainable

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Abstract: There is, however, limited knowledge of how precisely the needs of disabled people are defined and incorporated, or not, into the design and development for the accessible environment [1]. This study assumes that the accessible design in public places facilities are of benefit not only to disabled people but all people with the diversity. Thus the significance of the proposed barrier-free design is to focus on benefits of the accessible plan to a variety of people. Accessibility in public places has previously been regarded as an additional services designed especially for those who cannot manage ordinary facilities. Now to design accessible environment in public places is an important issue to maintain the sustainability of our society [1]. Therefore this paper aims to investigate the barriers and deficiencies for disable people found in railway station and then to provide valuable information on effective design techniques and principles for ensuring barrier-free accessible environment in public places.

Keywords: Barrier-Free Design, Railway Station, Public Places, Accessible Environment

1. Introduction

Today, barrier free accessible environment in every public places is an important issue to maintain the sustainability of our society. In developed country, laws and regulations order all new public places facilities be accessible and design companies are now trying to introduce accessibility into existing facilities [2]. The experience so far teaches us that it is easy to realize an accessible facility when the facility is newly constructed but it is strenuous and expensive to introduce accessibility into existing facilities, especially large public places facilities such as railway stations. Under such a difficult situation, a detailed evaluation tool for accessible designs may be of use to the design of the introduction of accessible environment. Therefore accessible environment is the passport to independent living for everyone and barrier-free design means giving users the ability to move around without restriction [3]. The term barrier-free design is commonly interpreted as removing physical and attitudinal obstacles that prevent the free movement of persons with

disabilities in a manner that is consistent with regulations and standards. This is especially true of disabled passengers, who may have particular concerns about the accessibility of the stations they will be using. In addition Potential passengers ought to be able to find out in advance where they can catch their train, when it will leave, where they have to change, and what help or facilities are available for their particular needs. Without this information, some people may lack the confidence to travel at all. All railway passengers like to know, in advance of their journey, where to go when they reach the station and how to find the appropriate train service [3].

Again access is an issue that plays a vital part in the life of persons with disabilities, who are becoming increasingly scared of going outside and do whatever work he/she has to do. We are afraid of stairs, rickety steps, the high-floored buses, the gap between the platform and train in a railway station [4]. In these circumstances the access to the public places like railway station is still a nightmare to the Bangladesh persons with disabilities. Conversely access to public places without barrier-free, making the public places

and pathways and waiting areas and bus-train terminals is difficult. If persons with disabilities can get to a public places like railway station and pathways and waiting areas and bus terminals easily, it's means that other people also have easy to use these areas easily [5]. However some people with disabilities are understandably unwilling to start a journey until they know that it will be possible for them to complete it reasonably easily. Passengers should be able to find out whether the stations and trains that they intend to use will be accessible to them and should be assured that this information is reliable. Thus accessibility information should be available in a range of formats, including large print, audio and Braille. Besides this information regarding the level of accessibility of all stations must be freely available [6].

2. Research Objective and Methodology

The main purpose of this study is to provide valuable information on effective design techniques and standards for ensuring barrier free accessible environment in Kamlapur Railway Station (KRS) in Dhaka city for disabled people. To fulfill this purpose intensive concentration has been given throughout the study to achieve the following specific objectives:

- To identify problem of movement, observe facilities and access deficiencies in station area for disabled people.
- To find out the opinions of accessible environment and barriers in the station area.
- Proposed barrier-free accessible environment design for Kamlapur Railway Station.

However this study has been designed as a survey research where qualitative and quantitative data are combined. Qualitative data have been obtained from written documents, interviews with concerned people and institutions and observations intended for accessible environment for disable people in the railway station. Then quantitative data have been compiled by means of questionnaires intended for disable people. Hence, 93 disable persons living in Dhaka city have been surveyed using random sampling technique where 34 visually impaired persons and 59 wheelchair dependents have been evaluated. The questions have been prepared in 7 interrelated categories: personal information about the disabled person, help requirements, frequency of travel and modal behavior of disable people and opinions of disable people regarding public places. Then the survey has been made using paper based face-to-face question and answer method concerning barriers and accessible environment in Kamlapur railway station, Dhaka; for two months in two deferent times – first one in September 2012 and second one in March 2013. Figure 1 shows the survey location of Kamlapur railway station near Motijheel area. Again to identify problem of movement and barriers in station area the field survey area was carried out with the help of two different kinds of disable people. Lastly in evaluation of the survey data SPSS software package has been used to identify barriers in different locations.

Figure 1. Location of Kamlapur Railway Station.

3. Identify Barriers and Opinions of Accessible Environment

Kamalapur Railway Station is the central railway station in Dhaka, Bangladesh. There are 47 local trains, 28 express trains and 24 inter-city trains going through the station, and normally around 50 trains a day. Number of passenger platform is 10, passenger shed is 07 and running lines is 16. However to identify the present situation in this station field survey was focused on to watch and identifies the barriers and deficiencies regarding accessible environment which was done by the assistance of two groups of disable people. First observed barriers with the help of one wheel chair user about their difficulties to get in and get out the Kamlapur railway station from drooping area to platform area. Then observed barriers with the help of one visual impairment person concerning their complexities to get in and get out from drooping area to platform area. Figure 2 shows ground floor plan and barriers in different location in station area. From field survey six (6) types of barriers were identified within and around the station which were located like B1, B2, B3, B4, B5 and B6 as shown in figure 2. Because of frequent present of rickshaw field survey also identified the rickshaw driving area within the station area for recommending separate rickshaw dropping location. The field survey result explains that around and within station from rickshaw dropping to platform area there was no information of accessible environment for handicapped people. In the

location B1, B2, B3 and B4 as entry-exit location and position B5 and B6 area for ticketing and information facilities requires a number of accessible requirements for make these location barrier-free. But all these locations including platform area was not accessible for both wheel chair user and visual impairment person. Again location B1,

B3 and B4 is designated as rickshaw dropping area, still without any accessible requirements disable people recognized barriers in these locations. To understand this location more closely field survey collect photographs with the help of two groups of handicapped people which illustrates in the following table 1.

Figure 2. Ground floor plan of Kamlapur railway station and barriers in different location.

Table 1. Barriers in 6 different locations within & around Kamlapur Railway Station.

Barrier	Location of Barriers	Remarks
B1	Auto Rickshaw and Rickshaw dropping area	-Sudden steps after dropping from Rickshaw. -No sign or color/material change for Blind people
B2	Walking area after dropping	-Height of Ramp is not standard -Ramp has no handrail -Ramp is finished all of a sudden.
B3	Entry & Exit level	-No standard ramp for handicapped people -No sign or color change for Blind people -Ramp is very straight& has no standard
B4	Entry & Exit level	-No handrail for ramp -No sign for unexpected ramp
B5	Ticket counter	-Height is not suitable for handicapped person -No different section and information for handicapped person
B6	Before entrance of platform	-Because of height and Writing style, information is not visible and accessible for handicapped people

In addition field survey also composed with face-to-face question which was associated between kind of disability with help requirement and frequency of travel and opinions of accessible situation of public places as road, city center, railway station, public building and bus terminal to identify barriers for their movement. Next figure 3 explains relation between kind of disability with help requirement and frequency of travel of the respondents. It shows that majority of the respondents needs sometimes help for their movement where wheel chair user 50.8% and visual impairment

respondent needs 41.2% sometimes help for their move out. Again 35.6% wheel chair user and 23.5% visual impairment respondent needs always help for their move out. Other two requirements for help as often and don't need was not much high compare to others. On the other hand figure 3 once more explain kind of disability and frequency of travel of the respondents. At this point it shows nearly every one move out every day where 84.7% wheel chair user and 79.4% visual impairments respondent. Other five requirements for frequency of travel were not much higher than these options.

Figure 3. Relation between kind of disability with help requirement and frequency of travel.

Table 2. Cross tabulation analysis of kind of disability and road.

			Roads			Total
			Very Inaccessible	Inaccessible	Accessible	
Kind of Disability	Wheel Chair User	Count	12	44	3	59
		% within Kind of Disability	20.3%	74.6%	5.1%	100.0%
		% of Total	12.9%	47.3%	3.2%	63.4%
	Visual Impairment	Count	7	25	2	34
		% within Kind of Disability	20.6%	73.5%	5.9%	100.0%
		% of Total	7.5%	26.9%	2.2%	36.6%
Total	Count	19	69	5	93	
	% within Kind of Disability	20.4%	74.2%	5.4%	100.0%	
	% of Total	20.4%	74.2%	5.4%	100.0%	
Chi-Square Tests						
			Value	Df	Asymp. Sig. (2-sided)	
Pearson Chi-Square			.029 ^a	2	.985	
Likelihood Ratio			.029	2	.986	
Linear-by-Linear Association			.003	1	.958	
N of Valid Cases			93			

a. 2 cells (33.3%) have expected count less than 5. The minimum expected count is 1.83.

Table 3. Cross tabulation analysis of kind of disability and city center.

			City Center			Total
			Very Inaccessible	Inaccessible	Accessible	
Kind of Disability	Wheel Chair User	Count	23	34	2	59
		% within Kind of Disability	39.0%	57.6%	3.4%	100.0%
		% of Total	24.7%	36.6%	2.2%	63.4%
	Visual Impairment	Count	15	15	4	34
		% within Kind of Disability	44.1%	44.1%	11.8%	100.0%
		% of Total	16.1%	16.1%	4.3%	36.6%
Total	Count		38	49	6	93
	% within Kind of Disability		40.9%	52.7%	6.5%	100.0%
	% of Total		40.9%	52.7%	6.5%	100.0%

		City Center			Total
		Very Inaccessible	Inaccessible	Accessible	
Chi-Square Tests		Value	Df	Asymp. Sig. (2-sided)	
Pearson Chi-Square		3.231 ^a	2	.199	
Likelihood Ratio		3.137	2	.208	
Linear-by-Linear Association		.063	1	.802	
N of Valid Cases		93			

a. 2 cells (33.3%) have expected count less than 5. The minimum expected count is 2.19.

Table 4. Cross tabulation analysis of kind of disability and railway station.

			Railway Station			Total
			Very Inaccessible	Inaccessible	Accessible	
Kind of Disability	Wheel Chair User	Count	37	20	2	59
		% within Kind of Disability	62.7%	33.9%	3.4%	100.0%
		% of Total	39.8%	21.5%	2.2%	63.4%
	Visual Impairment	Count	14	19	1	34
		% within Kind of Disability	41.2%	55.9%	2.9%	100.0%
		% of Total	15.1%	20.4%	1.1%	36.6%
Total	Count		51	39	3	93
	% within Kind of Disability		54.8%	41.9%	3.2%	100.0%
	% of Total		54.8%	41.9%	3.2%	100.0%
Chi-Square Tests						
			Value	Df	Asymp. Sig. (2-sided)	
Pearson Chi-Square			4.324 ^a	2	.115	
Likelihood Ratio			4.318	2	.115	
Linear-by-Linear Association			3.019	1	.082	
N of Valid Cases			93			

a. 2 cells (33.3%) have expected count less than 5. The minimum expected count is 1.10.

Table 5. Cross tabulation analysis of kind of disability and public building.

			Public Building			Total	
			Very Inaccessible	Inaccessible	Accessible		
Kind of Disability	Wheel Chair User	Count	32	17	10	59	
		% within Kind of Disability	54.2%	28.8%	16.9%	100.0%	
		% of Total	34.4%	18.3%	10.8%	63.4%	
	Visual Impairment	Count	15	11	8	34	
		% within Kind of Disability	44.1%	32.4%	23.5%	100.0%	
		% of Total	16.1%	11.8%	8.6%	36.6%	
Total			Count	47	28	93	
			% within Kind of Disability	50.5%	30.1%	19.4%	100.0%
			% of Total	50.5%	30.1%	19.4%	100.0%
Chi-Square Tests							
			Value	Df	Asymp. Sig. (2-sided)		
Pearson Chi-Square			1.009 ^a	2	.604		
Likelihood Ratio			1.005	2	.605		
Linear-by-Linear Association			.989	1	.320		
N of Valid Cases			93				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 6.58.

Table 6. Cross tabulation analysis of kind of disability and bus terminal.

			Bus Terminal			Total
			Very Inaccessible	Inaccessible	Accessible	
Kind of Disability	Wheel Chair User	Count	29	16	14	59
		% within Kind of Disability	49.2%	27.1%	23.7%	100.0%
		% of Total	31.2%	17.2%	15.1%	63.4%
	Visual	Count	16	10	8	34

		Bus Terminal			Total
		Very Inaccessible	Inaccessible	Accessible	
Impairment	% within Kind of Disability	47.1%	29.4%	23.5%	100.0%
	% of Total	17.2%	10.8%	8.6%	36.6%
	Count	45	26	22	93
Total	% within Kind of Disability	48.4%	28.0%	23.7%	100.0%
	% of Total	48.4%	28.0%	23.7%	100.0%
Chi-Square Tests		Value	Df	Asymp. Sig. (2-sided)	
Pearson Chi-Square		.060 ^a	2	.970	
Likelihood Ratio		.060	2	.970	
Linear-by-Linear Association		.012	1	.914	
N of Valid Cases		93			

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 8.04.

Once more above table 2, table 3, table 4, table 5 and table 6 shows opinions concerning accessible environment of public places as road, city center, railway station, public building and bus terminal in Dhaka city. Here three types of opinion similar to very inaccessible (cannot travel without assistance), inaccessible (can be travel without assistance) and accessible were considered as the situation of accessible environment. These above tables explain that both wheel chair user and visual impairment respondents considered railway station was highest 54.8% very inaccessible (cannot travel without assistance) and roads were highest 74.2%

inaccessible (can be travel without assistance) situation compare to other public places regarding accessible environment. It also explains that all these public places were very few ratio of accessible situation for both respondents. Then figure 4 and figure 5 shows railway station was very inaccessible for 62.7% wheel chair user and bus terminal was very inaccessible for 47.1% visual impairments respondents. Then roads were decided as most inaccessible for both kinds of disable respondents, which was 74.6% for wheel chair user and 73.5% visual impairments respondents.

Figure 4. Opinion of wheel chair user about public places.

Figure 5. Opinion of visual impairment respondents about public places.

4. Proposed Barrier-Free Design for Accessible Environment Within station Area

Consequence explains that as a public place the Kamlapur railway station has very inaccessible environment for disable people compare to other places. Due to pay no attention around and within the station area regarding barrier-free accessible environment, this area is not obliging for disable

people. Figure 6 shows proposed location and design as to create accessible environment within the station's ground floor area. However to make this area barrier-free, this study considered 2010 ADA (Americans with Disabilities Act) barrier free design standards for recommending following proposal which are then illustrated in figures 7, 8, 9, 10 and 11 successively. For proposing barrier-free design within the station area, this study again focus on the following recommendations and standards (table 7) –

Figure 6. Proposed location and barrier free design for Kamlapur Station.

Figure 7. Proposed design for rickshaw and auto rickshaw dropping area.

Figure 8. Proposed design for wheel chair user, information board and table.

Figure 9. Proposed design for detected warning and reserved seating.

Figure 10. Proposed design for reserved car parking and entry-exit area.

Figure 11. Proposed design for entry-exit and ticket counter area.

Table 7. ADA 2010 (Americans with Disabilities Act) barrier free design standard [7], [8].

Locations	Standard and Specification			
Ramps	-Ramps are required anywhere along an accessible route where the slope exceeds 5% or where a change in level of over 0.5 inches occurs. The ramps maximum permissible slope is 8.33% with a minimum width of 36 inches. For instance, if the vertical rise is 3 inches or less the slope may be between 10% and 12.5%. -If a ramp run has a rise greater than 6 in (150 mm) or a horizontal projection greater than 72 in (1830 mm), then it shall have handrails on both sides.			
Hand Rails	- The inside handrail on switchback or dogleg ramps shall always be continuous. -The clear space between the handrail and the wall shall be 1 - 1/2 in (38 mm). -Gripping surface shall be continuous. -Top of handrail gripping surfaces shall be mounted between 34 in and 38 in (865 mm and 965 mm) above ramp surfaces.			
Ticketing Facilities	- Counters and desks should be set at a height suitable for seated and standing users, with high and low sections where possible and with sufficient clear manoeuvring space in front. -Access for wheelchair users should be provided to both staff and visitor sides of the counter for clear manoeuvring space. Where information displayed counters are provided, the bottom edge of the counter shall be at a height of between 700 mm and 800 mm from the floor and tilt at an angle which varies from 30° to 45°.			
Information Board	Height of letter for varying viewing distance		Height of symbol of access varying viewing distance	
	Req. viewing Distance (M)	Min. height of letter (MM)	Req. viewing Distance (M)	Min. height of letter (MM)
	2	6	0.7	60x60
	3	12	7.18	10x110
	6	20	18+	
	8	25		
	12	40		Min. 200x200
	15	50		Max. 450x450
Platform Warning strip and Accessible Path	25	80		
	The warning strip includes platform edge detail such as white coping 600 mm, yellow safety line and colored tactile ground surface 585 mm wide indicator strip. For both single face and island platforms, the dimensional requirements for the warning strip and accessible path shall be as outlined in table below.			
	Accessible Path	Desirable width is 1800 mm; absolute minimum width is 1200 mm for a maximum of 6 meters.		
	Colored tactile ground surface indicating strip placement	In Metropolitan stations, Colored tactile ground surface indicating (TGSI) shall be setback 750 mm from the edge of the platform.		
	Following are the requirements for accessible seating for every fixed seating capacity in the platform area-			
Waiting & Sitting Area	Fixed seating	Number of seating		
	4 to 25	1		
	26 to 50	2		
	51 to 300	4		
Car parking	Next for required minimum no. of accessible parking Spaces			
	Total Parking	Minimum no. of parking		
	1 to 25	1		
	26 to 50	2		
	51 to 75	3		
	76 to 100	4		
	101 to 150	5		
	151 to 200	6		
	201 to 300	7		
	301 to 400	8		
400 to 500	9			

Source: ADA 2010, Barrier free Design Standard

5. Conclusion

Kamlapur railway station is the biggest railway station in Bangladesh, but accessible environment is not significant from the point of disable people. Presently from dropping to entry-exit there are no indication of accessible features are establishing so far. As of this study demonstrates that this station was very inaccessible (cannot travel without assistance) for both wheel chair and visual impairment user compare to other public places. It shows total 62.7% wheel chair user decided regarding very inaccessible (cannot travel without assistance) and 33.9% and 3.4% wheel chair user considered as inaccessible (can be travel without assistance)

and accessible situation correspondingly for getting into train. On the other hand study shows total 55.9%, 41.2% and 2.9% visual impairment person measured that Kamlapur railway station has inaccessible (can be travel without assistance), very inaccessible (cannot travel without assistance) and accessible situation respectively. In conclusion it is found that the practice of accessibility issues in Dhaka city is very inconsequential. Thus proper planning in public places for disable people must be increased with provided awareness about accessible environment. Then believe should be grow among disable people that accessibility is their right.

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