



Knowledge, Attitude and Practice of Community Towards Zoonotic Importance of *Toxoplasma* Infection in Central Afar Region, North East Ethiopia

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Abstract: Toxoplasmosis is one of the major global zoonotic diseases which have a great impact on human health with more serious outcomes in immunocompromised and pregnant women. A cross-sectional study was carried out to assess the knowledge, attitude and practice of the community towards zoonotic importance of the disease in central Afar region of Northeast Ethiopia using structured questionnaire, key informants interview and focal group discussion. According to the logistic regression analysis of pregnant women's awareness on zoonotic *Toxoplasma* infection, literacy was found statistically significant ($P < 0.05$) in association with awareness of the pregnant women about the disease. According to the respondents' answers on the general knowledge of toxoplasmosis, majority of these pregnant women have no knowledge or not sure about this parasitic infection. Most of the respondent pregnant women were not sure about the risk factors, symptoms, and timing of infection of toxoplasmosis. However, they routinely practice primary preventive behaviors, particularly good hygienic condition that can prevent them from *Toxoplasma* infection but this is due to their native knowledge and thinking that ensuring general and personal hygiene can prevent all types of infection. During the study, 24 animal health assistants were participated and almost all had knowledge on zoonotic *Toxoplasma* infection, transmission, treatment, control and prevention. However, all of them had never diagnosed the disease in animals. Moreover, out of the 68 medical professionals included in the study, only 23 (33.8%) had knowledge on zoonotic *Toxoplasma* infection which is lower than expected when compared with importance of the disease in human health particularly pregnant women and children. This study showed that there is knowledge gap about the disease and its zoonotic importance. Therefore, refreshing training to medical professionals including health extension workers, imparting health education in one health approach to the community at large and pregnant women in particular and strengthening the diagnostic facility and advising pregnant women to regularly check for toxoplasma infection is mandatory.

Keywords: Afar, Cat, Ethiopia, Pregnant Women, Public Health, Toxoplasmosis

1. Introduction

Toxoplasma gondii is an intracellular protozoan organism with large number of intermediate hosts, including all warm-blooded animals and humans [1]. Felids, particularly the domestic cat, are its definitive host and the only animal species in which oocyst develop [2]. Because of its broad host range, its high infection rates and its benign co-existence with the host, *T. gondii* is regarded as one of the most successful parasite on the earth. Toxoplasma is a global parasite with no known geographic boundaries [3].

The transmission of *Toxoplasma gondii* to humans occurs

through accidental ingestion of sporulated oocysts or the consumption of raw or undercooked meat. Among meat producing animals pigs, sheep and goats relatively often harbour *Toxoplasma gondii* cysts in edible tissues and, therefore, raw or undercooked meat from these animals constitutes a major risk to humans. In areas where goat milk is utilized, unpasteurized milk from acutely diseased goats is also an important source of infection especially to children. *Toxoplasma gondii* can also be transplacentally transmitted from the mother to the offspring if the infection is contracted during pregnancy [4]. Congenital toxoplasmosis is a hazard in areas where the disease is prevalent [5].

The infection in pregnant women may cause devastating

effects in the fetus. If the infected tissue of an animal being consumed; it acts as a transmission mode of infection. Furthermore, this parasitic infection can be transmitted by ingestion of *Toxoplasma* oocysts, contaminated fruits and vegetables or unclean water, through blood transfusion, and by receiving organ transplant. Exposures to contaminated feces while cleaning cat's litter, gardening, or handling contaminated soils are some of the ways of this parasitic infection being transmitted [6].

All forms of toxoplasmosis that occur in normal individuals may also occur in higher degree in immuno compromised patients. People who have previously acquired toxoplasmosis, with or without manifestation of the disease may suffer a devastating relapse if their immune defenses, particularly cell-mediated immunity are impaired as in the case of Acquired Immuno Deficiency Syndrome-AIDS [5].

The importance of this parasite in food safety, human health and animal husbandry has been well recognized [7]. *T. gondii* cause Toxoplasmosis which is an important zoonotic disease and responsible for major economic losses in all classes of livestock through abortion, stillbirth and neonatal losses [8, 9-10]. Approximately one-third of the human world's population is infected by *T. gondii* [11, 7].

Even though a number of investigations have been carried out in many countries of the world, little is known on the epidemiology and public health importance of toxoplasmosis in Ethiopia. Ethiopia hosts millions of felines (both domestic and wild cats), livestock, birds and wild animals with extensive type of production. These millions of animals are raised under various agro-ecological zones, however, only few studies have been carried out yet. Results of the previous studies have shown that prevalence of anti *T. gondii* antibodies ranged from 11.9 % to 89.9 % [12-17].

In this country particularly in the Afar region, the causes of most abortions, stillbirths and neonatal mortalities remain unexplored and the relationship with seroprevalence of toxoplasmosis has not been investigated. Besides, there is a habit of eating raw and / or under cooked meat, unavoidable contact between humans and domestic animals and high prevalence of HIV/AIDS. Cats have been associated with domestic animals as an aid to rodent control. The prevalence of Toxoplasmosis in different agro-ecological zone and the relative contribution of the various routes of transmission in humans have not been adequately studied. Knowledge of the community on symptoms, transmission methods, treatment, prevention and control of the disease is not assessed. The attitude and current practice towards zoonotic importance of the disease is not studied. Therefore, the general objective of this study was to assess the knowledge, attitude and practice of the community towards zoonotic importance of toxoplasmosis in central zone of Afar region, Ethiopia.

2. Methods

2.1. Description of Study Area

Afar regional state is located in the Great Rift Valley,

comprising semi-arid rangeland in northeastern Ethiopia. According to regional estimates the livestock population of Afar is about 10.12 million TLU. The Afar Regional State has five administrative zones, which are further subdivided into 32 districts. Pastoralism and agro-pastoralism are the two major livelihood ways practiced in the region. The population of the region is estimated to be about 1.2 million of which 90% are pastoralists and 10% agro-pastoral. The study was conducted in Asayita district of central zone of this region. This district has a total population of 50,803, of whom 27,284 are men and 23,519 women; with an area of 1,678.28 square kilometers, Asayita has a population density of 30.27. While 16,052 or 31.60% are urban inhabitants, a further 9,358 or 18.42% are pastoralists. A total of 11,096 households were counted in this district, which results in an average of 4.6 persons to a household, and 11,404 housing units [18].

2.2. Study Population

The target groups for the interview were pregnant women, animal health and medical professionals found in Asayita district.

2.3. Study Design

A cross-sectional study design was conducted to assess knowledge, attitude and practice of the community towards zoonotic importance of the disease. The study was conducted in both urban and rural areas of Asayita district. Pastoralist association (PA) is the lowest administrative unit within the district that was considered during the study. Accordingly, four PAs (two urban and two rural) from the district were randomly selected.

2.4. Sampling Methods

Asayita district was selected due to easier accessibility and affordability. There are 13 PAs in Asayita district. About 30 % of the PAs in the district were included in the study on the basis of feasibility and affordability. Hence, four PAs were selected randomly. The PAs are stratified in to urban and rural areas based on the settlement, accordingly, two PAs from urban and the other two from rural areas were included in the study. There is no previous year's report on the knowledge and practice of the community towards the infection in the study area but there is a report of 11 % in Malaysia, Philippines and Thailand [19]. Therefore, the average expected response distribution is assumed to be 11 % within 95 % Confidence Interval (CI) at 5 % desired accuracy. Hence, using the formula of:

$$n = \frac{1.96 \times RD \times (1 - RD)}{d^2}$$

Where n = sample size, d = desired absolute precision (0.05), RD = response distribution (0.11), thus the desired sample size is n ≈ 77. However, to increase the accuracy of the study the sample size is increased to 156. Since there is no well recorded data of the households having pregnant women in each PAs of the district, the total sample size was distributed equally (39 pregnant women each) to all selected

PAs. All households having at least one pregnant woman were registered in each PAs with the help of health extension workers and PAs administrators before sampling. Then, 39 households were randomly selected from each PAs in which one pregnant woman interviewed from each household. In addition, 24 animal health assistants and 68 medical professionals including health extension workers were included based on their availability and willingness to participate in the study.

2.5. Study Methodology

A suitable tool was prepared to assess the knowledge, attitude and practice/KAP of the community settled on both rural and urban areas of the study areas. A structured questionnaire was administered through trained data collectors after pre-testing in the field and properly translated to the local language 'Afarigna'. Written informed consent was obtained from each of the respondents after the objective of the survey was explained to them before starting the interview. The questionnaire was designed to assess the knowledge, attitude and practice/KAP of the community settled on both rural and urban areas towards zoonotic importance of the disease. The KAP tool focused on knowledge and attitude of the community on causes, symptoms, transmission methods, and treatment, control and prevention mechanisms of toxoplasmosis. In addition, it focuses on animal products and vegetables handling and consumption behavior, cat litter handling methods, contact with soil, history of abortion and source of drinking water etc. Socio-demographic history of each respondent was also recorded. The target groups of the study were randomly selected pregnant women, animal health assistants in veterinary clinics, medical professionals in hospitals and health centers of the selected study areas.

2.6. Data Management and Statistical Analysis

The data were summarized, cleaned and compiled after coded data are stored in Microsoft Excel 2007 spread sheet and transferred to SPSS® Version 20 for statistical analysis. Descriptive and analytic statistics were computed using software SPSS® Version 20. Logistic regression and Chi-square test (X^2) were employed to see the association of demographic history with knowledge of the respondents. The degree of association were computed using Odds ratio (OR) and 95% confidence interval (CI).

2.7. Ethical Approval

All respondents were informed about the objective of the study and written informed consents were obtained from all

respondents and confidentiality was assured.

3. Results

3.1. KAP Survey on Pregnant Women

Knowledge, attitude and practice of pregnant women towards zoonotic importance of the disease were assessed using a structured questionnaire. A total of 156 respondents (78 respondents each from urban and rural areas) were interviewed. Out of the 156 respondents, only 48(30.8%) were literate, 108(69.2%) were illiterate and again 42(26.9%) of them were single and 114(73.1%) were married.

According to the logistic regression analysis, literacy was found statistically significant ($P < 0.05$) in association with awareness of the pregnant women about the disease (Table 1).

Table 1. Logistic regression analysis of pregnant women's awareness on zoonotic Toxoplasma infection in Asayita district of Afar region, North east Ethiopia.

Category	No	Awareness (%)	Univariate	
			OR ^a (95% CI ^b)	P-value
Residence				
Urban*	78	8.97	-	
Rural	78	2.56	2.74 (0.30-5.05)	0.37
Age				
≤20*	22	9.09	-	
21-30	56	8.93	4.00 (1.66-9.63)	0.27
31-40	64	3.12	1.87 (1.40-2.48)	0.36
>40	14	0	6.27 (2.31-11.02)	0.11
Marital status				
Single*	42	9.52	-	
Married	114	4.38	1.23 (0.19-7.65)	0.82
No of children				
None*	32	12.50	-	
1	51	5.88	0.31 (0.02-4.37)	0.39
>1	73	2.74	0.71 (0.09-5.40)	0.74
Education				
Literate*	48	18.75	-	
Illiterate	108	0	1.10 (0.03-2.32)	0.01
History of abortion				
Yes*	36	8.34	-	
No	120	5.00	0.58 (0.14-2.44)	0.46

a: Odds ratio; b: Confidence interval; *: Reference category.

3.2. Knowledge, Attitude and Practice of Pregnant Women About Toxoplasmosis

About 9 (5.77%) of the respondent pregnant women have ever heard or read about toxoplasmosis and only 12 (7.70%) have ever been tested for toxoplasmosis (Table 2).

Table 2. Knowledge, attitude and practice of pregnant women towards toxoplasmosis.

Issues raised	Response category (N=156)		
	Yes (%)	No (%)	Not sure (%)
<i>General knowledge</i>			
Have you ever heard or read about toxoplasmosis?	5.77	85.89	8.34
Have you ever been tested for toxoplasmosis?	7.70	76.92	15.38
Is toxoplasmosis caused by an infection?	5.77	12.82	81.41

Issues raised	Response category (N=156)		
	Yes (%)	No (%)	Not sure (%)
Is the parasite shed in the feces of infected cats?	7.05	35.90	57.05
Is the parasite found in raw or undercooked meat?	9.62	24.36	66.02
Is the parasite found in unpasteurized milk?	7.69	35.90	56.41
<i>Risk factors</i>			
Can people get toxoplasmosis by changing cat litter?	7.69	41.67	50.64
Can people get toxoplasmosis by eating raw/undercooked meat?	3.21	69.87	26.92
Can people get toxoplasmosis by drinking raw milk?	7.06	51.92	41.02
Can people get toxoplasmosis by eating raw vegetables?	81.41	3.85	14.74
Can people get toxoplasmosis by receiving blood transfusion?	62.82	7.69	29.49
Can people get toxoplasmosis by drinking untreated water?	89.74	1.92	8.34
Can people get toxoplasmosis by gardening without gloves?	24.36	4.49	71.15
<i>Symptoms and timing of infection</i>			
Can pregnant women develop serious complications after infection with toxoplasmosis (<i>T. gondii</i>)?	10.26	20.51	69.23
Can unborn and/or newborn children develop serious complications after infection with toxoplasmosis (<i>T. gondii</i>)?	37.82	5.13	57.05
Can toxoplasmosis in a pregnant woman cause fever and feeling like you have the 'flu'?	47.44	7.05	45.51
Can toxoplasmosis in a pregnant woman cause swollen glands (lymph nodes)?	16.02	5.13	78.85
Can toxoplasmosis in a pregnant woman cause no symptoms?	6.41	76.28	17.31
Toxoplasmosis (<i>T. gondii</i>) can only be passed from a pregnant woman to her fetus if she is newly infected during that pregnancy	3.20	11.54	85.26
Toxoplasmosis (<i>T. gondii</i>) is rarely passed from a pregnant woman to her fetus if she was infected before becoming pregnant	19.23	16.67	64.10
A baby with toxoplasmosis may have no signs of illness at birth, but develop illness later	34.62	10.89	54.49
A baby with toxoplasmosis may have vision problems	44.23	17.31	38.46
A baby with toxoplasmosis may be treated with medicine	90.38	2.56	7.06
<i>Prevention knowledge</i>			
Feeding your cat dry or commercial cat food and not letting it kill and eat rodents	10.25	4.49	85.26
Avoiding stray cats	90.38	5.13	4.49
Letting someone else change the cat's litter box	51.28	10.26	38.46
Making sure the cat's litter box is changed daily	63.46	3.85	32.69
Toxoplasmosis can be prevented by cooking meat well until no pink is seen and the juices run clear	75.64	8.34	16.02
Toxoplasmosis can be prevented by thoroughly washing and/or peeling all fruits and vegetables before eating them	85.26	5.13	9.61
Toxoplasmosis may be prevented by cleaning all cutting boards and utensils thoroughly after each use	95.51	1.92	2.57
<i>Preventive behaviour</i>			
Do you routinely wash your hands after gardening?	77.56	19.87	2.57
Do you routinely wash your hands after changing cat litter?	64.74	26.28	8.98
Do you routinely wash your hands after handling raw meat?	62.18	32.69	5.13
Do you cook meat well before eating?	84.61	8.34	7.05
Do you avoid drinking raw milk?	6.41	89.74	3.85
Do you avoid drinking untreated water?	8.97	85.90	5.13

3.3. Questionnaire Survey on Animal Health Assistants and Medical Professionals

A separate questionnaire was administered to animal health assistants and medical professionals to evaluate the awareness and practices of the professionals on zoonotic *Toxoplasma* infection. During the study, 24 animal health assistants were participated and almost all had knowledge on zoonotic *Toxoplasma* infection, transmission, treatment, control and prevention. However, all of them had never diagnosed the disease in animals.

Moreover, out of the 68 medical professionals included in the study, only 23 (33.82%) had knowledge on zoonotic *Toxoplasma* infection. Majority of the professionals who had knowledge on the disease knew the transmission, treatment, control and prevention methods correctly. But none of them had ever diagnosed the disease in humans and according to the respondents, the reason for the diagnosis problem was lack of facility (92.65%) and no attention was given to the disease (89.71%) (Table 3).

Table 3. Awareness and practices of medical professionals about zoonotic *Toxoplasma* infection.

Questionnaire items	Response category	Respondent% (N=68)
Knowledge about zoonotic toxoplasmosis	Yes	33.82
	No	66.18
Vehicle of transmission to pregnant women	Contact with cat feces	60.29
	Raw meat	82.35
	Raw milk	70.59
	Raw vegetable	48.53
	Bare hand gardening	39.70

Questionnaire items	Response category	Respondent% (N=68)
Do you screen pregnant women for toxoplasmosis?	Yes	8.82
	No	91.18
Have you ever come across with case of toxoplasmosis in pregnant women?	Yes	27.94
	No	72.06
	Lymphadenopathy	42.65
Symptoms of toxoplasmosis in women?	Flu like illness	76.47
	Encephalitis	45.59
	Paralysis	26.47
	Eye problem	41.17
	Abortion	69.12
How common is abortion due to toxoplasmosis?	High	22.06
	Medium	48.53
	Low	29.41
Have you come across with congenital toxoplasmosis in fetus?	Yes	10.29
	No	89.71
Method of diagnosis of toxoplasmosis in fetus	Symptoms	85.29
	Serology	89.71
	Ultrasound	61.76
	CT scan	52.94
	Hydrocephalus	73.52
Clinical symptoms of toxoplasmosis in fetus	Microcephaly	29.41
	Retarded brain	64.70
	Eye problem	41.18
	Hearing problem	23.53
Risk of toxoplasmosis to immunocompromised pregnant women?	High	77.94
	Medium	14.71
	Low	7.35
In which stage of gestation (trimester) is toxoplasmosis highly severe?	First	52.94
	Second	26.47
	Third	13.24
	Do not know	7.35
	Avoiding contact with cat feces	79.41
Control and prevention techniques	Avoiding stray cats	76.47
	Avoiding contact with soil	63.24
	Avoiding raw meat	86.76
	Avoiding raw milk	77.94
	Avoiding raw vegetable	54.41
Do you diagnose toxoplasmosis in your center?	No	100
Reason for no diagnosis	No facility	92.65
	No attention	89.71
	Professionals	70.59
Responsible body to control the disease	Community	77.94
	Both	91.18

*: Some of the percentages do not sum to 100% (N=68, total respondents) because in some cases more than one answer was possible.

4. Discussion

Toxoplasmosis is one of the major global zoonotic diseases which have a great impact on human health with more serious outcomes in immunocompromised and pregnant women. The major sources of infection are consumption of contaminated raw meat, water, fruits and vegetables or having close contacts with felines and exposure to soil contaminated with cats' feces. In pregnant women, infection during early pregnancy is more serious compared to infection in late gestation, but the likelihood of disease transmission increases during the progression of pregnancy. *Toxoplasma* infection in the first trimester often causes abortion and late infection causes premature birth, or may lead to adverse complications and even death in babies [6, 19].

This study was designed to assess the knowledge, attitude and practice of the community particularly pregnant women, animal health assistants and medical professionals towards

zoonotic importance of toxoplasmosis in Afar region. Knowledge of the community on symptoms, transmission methods, treatment, prevention and control of the disease is not assessed. Moreover, the attitude and current practice towards zoonotic importance of the disease is not studied.

According to the study, out of the 156 pregnant women interviewed only 9 (5.8%) have ever heard or read about toxoplasmosis and all of those having knowledge about the disease are literate. This finding is in line with Andiappan and other colleagues in 2014 [19] who reported about 11% of the interviewed pregnant women in Malaysia, Philippines and Thailand had knowledge about the disease in which both findings are by far lower than expected. Since majority of the community in this study area is leading pastoral life, the reason for this low awareness about the disease is illiteracy, no access to medias and no attention is given to the disease in the health centers due to lack of awareness and diagnostic facilities. In this study,

about 7 (77.8%) of the pregnant women who had knowledge about the disease were from urban area who has access to different media and who got chance to read and hear about the disease from different sources. Moreover, only 12 (7.7%) of the interviewed pregnant women have ever been tested for toxoplasmosis during pregnancy time when they got chance to go out of the region to other cities of the country. However, this disease is among the most important diseases in Ethiopia such as HIV/AIDS, hepatitis B and tuberculosis that pregnant women should be tested for during pregnancy time.

According to the logistic regression analysis of pregnant women's awareness on zoonotic *Toxoplasma* infection, literacy was found statistically significant ($P < 0.05$) in association with awareness of the pregnant women about the disease. This showed that education is critical in increasing attitude of the pregnant women in reading, learning and hearing about the diseases that have importance during pregnancy time. However, the other socio-demographic profiles of the respondents are found statistically not significant.

According to the respondents' answers on the general knowledge of toxoplasmosis, majority of these pregnant women have no knowledge or not sure about this parasitic infection. This finding indicates the importance of educating the pregnant women with the specific preventive measures of the disease which have been discussed in previous studies [20-22, 19].

Most of the respondent pregnant women were not sure about the risk factors, symptoms, and timing of infection of toxoplasmosis. However, they routinely practice primary preventive behaviors, particularly good hygienic condition that can prevent them from *Toxoplasma* infection but this is due to their native knowledge and thinking that ensuring general and personal hygiene can prevent all types of infection. This is evidenced by most of the pregnant women responded that they wash their hands after gardening (77.6%), after changing cat litter (64.7%) and after handling raw meat (62.2%). Majority of the pregnant women (84.6%) responded that they cook meat well before eating however, about 89.7% of them responded that they drink raw milk and even they consider that drinking raw milk does not transmit *Toxoplasma* infection. However, there are reports from different parts of the world that there is positive correlation between drinking raw milk and human infection [23-24]. Few other studies investigated the detection of natural infection of the parasite within milk from camel and donkeys in which tachyzoites found in the milk are attributed for transmission of the disease. In Iran, scientists reported a rate of camel milk contamination of 3.12% by culture bioassays [25].

In addition, about 85.9% of them responded that they did not avoid drinking untreated water but this is not due to lack of awareness rather due to treated water inaccessibility. *Toxoplasma gondii* poses a public health problem in both infection rate and disease burden that have been reported in pregnant women from different parts of the world. This

parasite has been found in any given environmental conditions that contaminating with cat's feces. There have been reports showing that having a close contact with cats and cleaning their litter may transmit the disease to pregnant women [26]. Exposure to infected cats by these pregnant women could lead to severe outcomes to their carried fetus. Many of these pregnant women knew that by avoiding stray cats (90.4%), allowing someone else to change the cat's litter box (51.3%), making sure the cat's litter box is changed daily (63.5%), cooking meat well (75.6%), thoroughly washing and/or peeling all fruits and vegetables before eating (85.3%) and cleaning cooking utensil after each use (95.5%) can prevent all types of diseases but not specifically to toxoplasmosis. According to the finding of this study, literacy play an important role in preventing *Toxoplasma* infection found in these pregnant women. Residence, marital status, number of children and history of abortion has no statistically significant association with awareness about zoonotic importance of the disease and its preventive measures.

A separate questionnaire was administered to animal health assistants and medical professionals to evaluate the awareness and practices of the professionals on zoonotic *Toxoplasma* infection. These professionals are also responsible in preventing transmission of this disease if they can work jointly with the community in one health approach. During the study, 24 animal health assistants were participated and almost all had knowledge on zoonotic *Toxoplasma* infection, transmission, treatment, control and prevention. However, all of them had never diagnosed the disease in animals. This is because that it is difficult for them to diagnose the disease using clinical symptoms only in animals. There is lack of required facility in the veterinary clinic and regional laboratories to diagnose the disease using laboratory analysis. In addition, they had never participated in teaching the community about zoonotic implication of the disease, proper handling and consumption of animal products and the role of raw meat consumption and cat feces in transmission of the disease to pregnant women. This is due to lack of collaborative work between medical and veterinary sectors in awareness creation in the community.

Moreover, out of the 68 medical professionals included in the study, only 23 (33.8%) had knowledge on zoonotic *Toxoplasma* infection which is lower than expected when compared with importance of the disease in human health particularly pregnant women and children. Majority of the professionals who had knowledge on the disease knew the transmission, treatment, control and prevention methods correctly. But none of them had ever diagnosed the disease in humans and according to the respondents, the reason for the diagnosis problem was lack of facility (92.6%) and no attention was given to the disease (89.7%). In addition, most of the medical professionals responded that the major vehicle of transmission for *Toxoplasma* infection is consumption of raw meat (82.4%), and they did not screen pregnant women for the disease (91.2%), they had never come across with

toxoplasmosis case in pregnant women (72.1%), and flu like illness (76.5%) as a major clinical symptom of the disease. Only 22.1% of them responded that abortion due to the disease is high, and about 89.7% of them had never come across with congenital toxoplasmosis in fetus, hydrocephalus (73.5%) and retarded brain (64.7%) as important symptoms in fetus, and clinical symptom (85.3%) and serology (89.7%) as major means of diagnosis of the disease. Moreover, they responded that the risk of toxoplasmosis to immunocompromised pregnant women is high (77.9%), the disease is highly severe in first trimester (52.9%), avoiding raw meat consumption (86.9) and avoiding contact with cat feces (79.4%) as major preventive measures and both the community and the professionals as responsible body to control the disease (91.2%).

5. Conclusion

According to the study, majority of the pregnant women interviewed had no awareness about zoonotic importance of toxoplasmosis and its preventive measures. According to the respondents' answers on the general knowledge of toxoplasmosis, majority of these pregnant women have no knowledge or not sure about this parasitic infection and were not sure about the risk factors, symptoms, and timing of infection of toxoplasmosis. However, they routinely practice primary preventive behaviors, particularly good hygienic condition that can prevent them from *Toxoplasma* infection but this is due to their native knowledge and thinking that ensuring general and personal hygiene can prevent all types of infection. According to the finding of this study, literacy play an important role in preventing *Toxoplasma* infection found in these pregnant women. Almost all animal health assistants participated in the study had knowledge on zoonotic *Toxoplasma* infection, transmission methods, treatment, control and prevention. However, all of them had never diagnosed the disease in animals. Moreover, most of the medical professionals included in the study had no knowledge on zoonotic *Toxoplasma* infection in pregnant women and children. However, majority of the professionals who had knowledge on the disease knew the transmission, treatment, control and prevention methods correctly. But none of them had ever diagnosed the disease in humans and according to the respondents, the reason for the diagnosis problem was lack of facility and no attention was given to the disease. Therefore, refreshing training to medical professionals including health extension workers, imparting health education in one health approach to the community at large and pregnant women in particular and strengthening the diagnostic facility and advising pregnant women to regularly check for toxoplasma infection is mandatory.

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