

The effect of processing methods on the functional and compositional properties of jackfruit seed flour

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Abstract: The effects of processing on the functional, chemical and pasting properties of jackfruit seed flour were investigated. The values for dispersibility ranged from 75.75% to 85.75% with GJFSF (germinated jackfruit seed flour) being significantly different ($p \leq 0.05$) from the dried (control), autoclaved, boiled and roasted jackfruit seed flour samples. Oil absorption for the samples ranged from 150% to 300% with AJFSF (autoclaved jackfruit seed flour) and GJFSF being significantly different ($p \leq 0.05$) from the dried (control), boiled and roasted jackfruit seed flour samples. Swelling power ranged from 6.58% to 9.46% with Control (dried jackfruit seed flour) and GJFSF being significantly different ($p \leq 0.05$) from the autoclaved, boiled and roasted samples. Bulk density values ranged from 0.256g/ml to 0.327g/ml with GJFSF being significantly different ($p \leq 0.05$) from control, AJFSF, BJFSF and RJFSF samples. The color of the flour samples ranged from 74.76% to 82.59 % with Control being significantly different ($p \leq 0.05$) from the autoclaved, boiled germinated and roasted jackfruit seed flour samples. Water absorption capacity, solubility, least gelation concentration, moisture, crude fiber, ash and carbohydrates showed no significant differences ($p \geq 0.05$) in all the samples. Protein content ranged from 12.25% to 16.80% with RJFSF (roasted jackfruit seed flour) being significantly different ($p \leq 0.05$) from the dried (control), autoclaved, boiled and germinated jackfruit seed flour samples. The crude fat ranged from 0.13% - 0.77% with dried (control), AJFSF and BJFSF (autoclaved and boiled jackfruit seed flour) being significantly different ($p \leq 0.05$) from the germinated and roasted samples. The starch content ranged from 26.55% to 36.03% with AJFSF being significantly different ($p \leq 0.05$) from the dried, boiled germinated and roasted jackfruit seed flour samples. Sugar content ranged from 0.50% to 2.48% with RJFSF being significantly different ($p \leq 0.05$) from the dried (control), autoclaved boiled and germinated samples. Amylose and amylopectin contents ranged from 15.72% to 23.79% and 76.21% to 84.28% with GJFSF and AJFSF being significantly different ($p \leq 0.05$) from BJFSF and RJFSF samples. The peak viscosity for the samples ranged from 743.50RVU to 4260RVU with RJFSF being significantly different ($p \leq 0.05$) from the control, AJFSF, BJFSF and GJFSF samples. Trough, breakdown, and final viscosity showed no significant difference ($p \geq 0.05$), while Setback viscosity ranged from 395.50RVU -1388RVU with Control and RJFSF being significantly different ($p \leq 0.05$) for AJFSF, BJFSF and GJFSF samples. While the maximum pasting time and temperature was reached at 8.46mins and 93.9⁰C respectively.

Keywords: Processing Methods, Functional, Compositional, Properties, Jackfruits

1. Introduction

Jackfruit (*Artocarpus heterophyllus*) belongs to the family moraceae, (Mulberry family). It is native to India and is also found in many parts of South East Asia. It is also cultivated in the evergreen forest zone of West Africa (1) (Burkill, 1997). Its fruit is one of the largest among edible fruits.

In Nigeria, it is not very common because cultivation has not been encouraged, though it is found in the South coastal parts of the country, where it grows wild or semi conserved.

Jackfruit consist about 29% pulp, 12% seeds and 54% rind (2) Berry and Kalra, (1988). It provides about 2MJ of energy per kg-wet weight of ripe perianth (3) (Ahmed et al, 1986). Jackfruit has been reported to contain high levels of protein, starch, calcium and thiamine (1) Burkill, 1997). It is also rich in energy, dietary fiber, minerals and vitamin. Nevertheless, it contains no saturated fats or cholesterol making it a healthy fruit to savor.

The interior of the ripe fruit consists of large, pleasant flavored, sweet yellow bulb, massed among narrow ribbons

of thin, though underdeveloped, and a central pith core which consists 25-30% of the total fruit.

(4) Goswani *et al* (2010), reported the following for raw jackfruit seed, 4.27% ash, 6.73% protein, 73.34% starch, 0.80% fat and 1.6% fiber. Additionally, Odoemelam (2005) reported the following functional properties of jackfruit seed flour as, (16%)W/V least gelation concentration, 230% water absorption capacity (WAC), 280% Oil absorption capacity (OAC) and 0.6g/ml bulk density.

The seeds are used in several culinary operations. They are eaten after boiling or roasting or are dried and salted as table nuts. They can also be ground to make flour, which is blended with wheat flour for baking. Due to its high carbohydrate content and other nutrients, they can be added to baked products for value addition without affecting the functional and sensory properties of the final product. Moreover, incorporation of seed flour to deep fat fried products has been found to reduce fat absorption to a remarkable extent (5) (Rajarajeshwari and Jamuma, 1999).

The objective of this study therefore is to determine the effects of processing methods on the functional, chemical and pasting properties of jackfruit seed flour.

2. Material and Methods

Whole jackfruits were purchased from Oru East Local Government area of Imo State, Nigeria.

2.1. Chemicals

Chemicals used were obtained from Food Science and Technology laboratory, Rivers State University of Science and Technology (RSUST) and were all of analytical grade.

2.2. Methods for Jackfruit Seed Flour Production

Different processing methods were used to process the jackfruit seeds into flour as shown in figure 1 below.

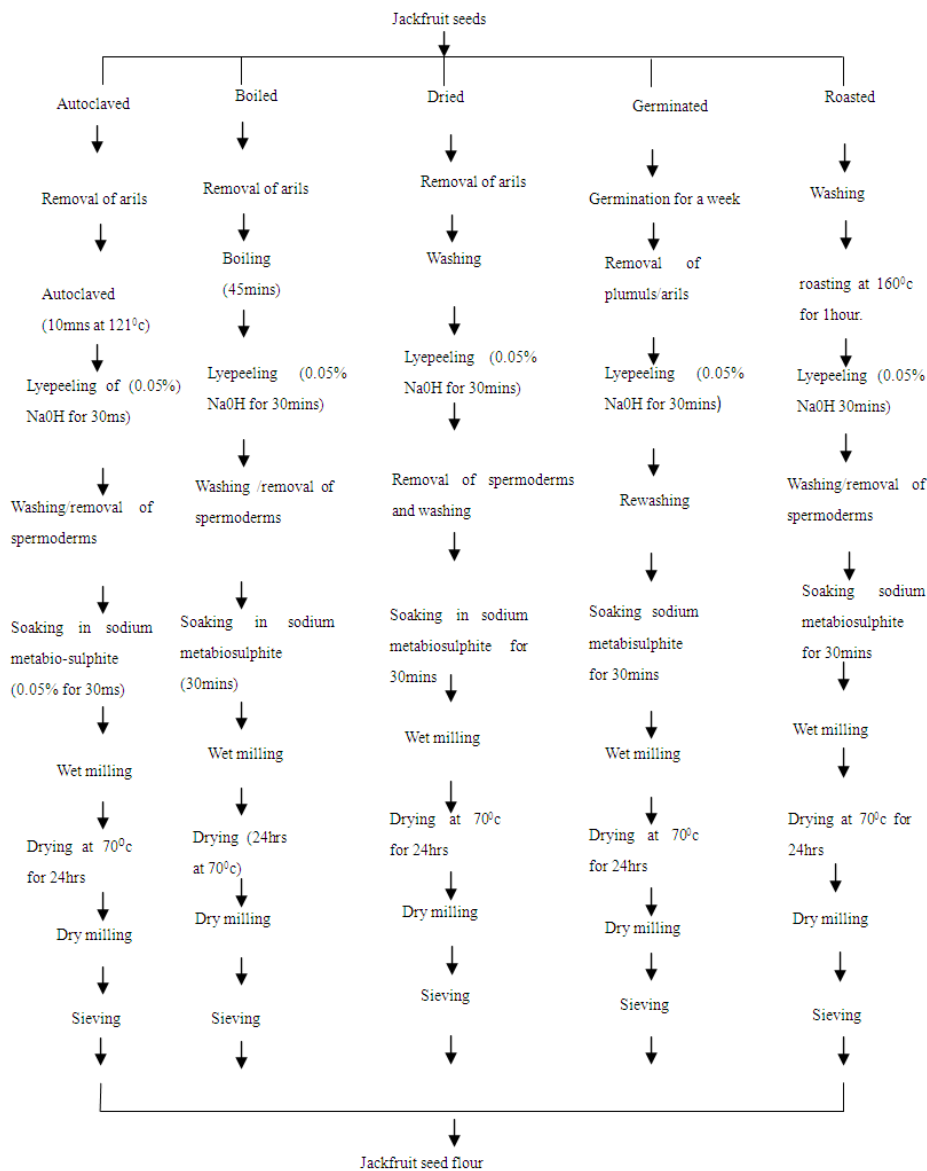


Fig 1. Production of Jackfruit seed flour

2.2.1. Functional Properties of Processed Jackfruit Seed Flour

Dispersibility was determined by the method described by (6) Kulkani *et al.*, (1991). Swelling power and solubility was determined by the method described by (7) Takashi and Sieb (1988). Water/Oil absorption capacity (WAC) was determined by the method described by (8) Sosulski (1962). Bulk density was determined by the method of (9) Naragana and Narasinga Rao (1984). While least gelation concentration and color indices were determined by the method of (10) Coffman and Garcia. (1977) and (11) Francis (1998) respectively.

2.2.2. Chemical Analysis of Jackfruit Seed Flour

Moisture, ash, crude protein and fats were determined by the (12) AOAC (1984) method. Crude fiber was estimated by the method of (13) Maynard (1970). The carbohydrate content was calculated by difference, (100- sum of the values for moisture, crude protein, crude fiber, crude fat and crude ash). (14) (Raghuramulu *et al.*, 1983). Starch and Sugar were determined by the method described by (15) Dubois *et al.*, (1956) as described in (16) Eke-Ejiofor and Kiin Kabari, 2010. Amylose content was determined by the method described by (17) Williams *et al.*, (1970).

2.2.3. Determination of Pasting Properties

Pasting properties were determined with a Rapid Visco Analyzer (RVA, model 3C, Newport Scientific PTY Ltd, Sydney).

2.3. Statistical Analysis

All data obtained from various analysis were pooled and subjected to analysis of variance (ANOVA) using the statistical package for social sciences (SPSS) version 15.0. Means were separated using New Duncan's Multiple Range Tests (18) (Duncan, 1955) at 95% confidence level ($p \leq 0.05$).

3. Results and Discussion

3.1. Functional Properties of the Jackfruit Seed Flour Samples

Table 1 shows the functional properties of Jackfruit seed flour. Dispersibility ranged from 75.75% 85.75% with sample AJFSF having the least and control the highest value. Dispersibility determines the tendency of flour to move apart from water molecules and reveals its hydrophobic action. (6) Kulkani *et al.*, (1991) reported that the higher the dispersibility, the better the starch reconstitutes in water to give a fine and consistent paste.

Water and Oil absorption capacities ranged from 400% to 600% and 150% to 300% respectively. Water absorption capacity ranging from 4.0g/ml to 6.0g/ml with Control having the lowest and RJFSF having the highest value, were higher than that reported by (19) Odoemelam, (2005) of 2.3g/ml, (5) Rajarajeshwari and Jamuma; (1999), of 2.1g/ml and (20) Tulyathan *et al.*, (2002), of 2.05g/ml. (21)

Niba *et al.*, (2001) described water absorption capacity as an important processing parameter that has implications for viscosity. Furthermore, water absorption capacity is important in bulking and consistency of products as well as baking applications. Similarly, the reverse was the case for oil absorption capacity. The oil absorption capacity obtained for the seed flour samples in this study ranged from 1.5g/ml to 3.0g/ml with RJFSF having the lowest value and Control having the highest. This was slightly higher than that obtained by (19) Odoemelam, (2005) with a value of 2.8g/ml, while (5) Rajarajeshwari and Jamuma, (1999), reported a value of 1.8g/ml for jackfruit seed flour. However, Singh *et al.*; (1991) reported a value of 0.90g/ml and (20) Tulyathan *et al.*, (2002) reported a value of 0.92g/ml for whole jackfruit seeds without brown spermoderms. Oil absorption is an important property in food product development because it impacts flavor and mouth feel to foods. There were significant differences ($P \leq 0.05$) in the samples for each method used

Swelling power and solubility ranged from 6.58% to 9.46% and 8.35% to 14.47% with RJFSF having the least value and GJFSF having the highest value in both cases respectively.

Swelling power of the seed flour samples ranging from 6.58% to 9.46% is lower than that reported by (22) Ocloo *et al.*, (2010), who gave a value of 4.77%. However the values obtained in this study is close to the range reported (23) by Daramola and Osanyinlusi, (2006) for native and ginger modified starches respectively. Swelling power is a measure of swollen starch granule, food eating quality is connected with retention of water swollen starch granules. (24) (Rickard *et al.*, 1992). There were significant differences ($P \leq 0.05$) in the samples for each method used.

The values obtained for solubility of the seed flour samples ranged from 8.24% to 14.48% with RJFSF having the lowest and GJFSF having the highest. Solubility reflects the extent of intermolecular cross bonding with the granule (25) (Hari *et al.*, 1989). There was no significant difference ($P \geq 0.05$) in the samples.

The least gelation concentration for all the samples occurred at 12%. Least gelation concentration can be described as a measure of the minimum amount of starch/flour or their blends that is needed to form gel in a given volume of water. The higher the least gelation concentration, the higher the starch/flour needed to form gel (26) (Adebowale, 2002). The concentration at which all flour samples gelled was determined to be 12% (w/v). This value was exactly the same with that reported by (19) (Odoemelam, 2005) for heat processed (12%) African breadfruit flour. This is lower than that reported for raw and processed jackfruit seed flour which were determined to be 16% and 18% respectively (27) (Chowdbury *et al.* 2012). The variations in the gelling properties of the flour samples may be due to the different treatments given to the samples which are likely to bring about variation in different constituents such as carbohydrates, proteins and lipids. The

gelling capacity of flour has been attributed to denaturation, aggregation and thermal degradation of starch (28) (Enwere and Ngoddy, 1986). Result of least gelation concentration shows that jackfruit seed flour is a good gelling agent and may be useful in food systems such as puddings (19) (Odoemelam, 2005). There was no significant difference ($P \geq 0.05$) in the samples.

Bulk density values ranged from 0.256g/ml to 0.327g/ml with RJFSF having the least and GJFSF having the highest value. Bulk density for the samples ranged from 0.26g/ml

to 0.33g/ml with RJFSF having the lowest and GJFSF having the highest. This was lower than the values reported by (19) Odoemelam, (2005) for heat processed (0.54g/ml) and raw (0.61g/ml) jack fruit seed flour. Heat processing reduced the bulk density of jackfruit seed flour by 11.5% (19) (Odoemelam, 2005). Bulk density is a measure of the heaviness of a flour sample. It is important for determining packaging requirements, material handling and application in wet processing in the food industry (22) (Ocloo *et al.*, 2010).

Table 1. Functional properties of jackfruit seed flour samples

Sample	Dispersibility (%)	WAC (%)	OAC (%)	Solubility (%)	Swelling power (%)	LGC (%)	Bulk den. g/m-1	Color (%)
Control	80.50 ± 0.60 ^b	450 ± 70.71 ^a	300 ± 0.00 ^a	13.20 ± 0.98 ^a	8.41 ± 0.33 ^a	12.00 ± 0.00 ^a	0.298 ± 0.00 ^d	82.59 ± 0.21 ^a
AJFSF	75.75 ± 0.35 ^c	400 ± 0.00 ^a	200 ± 0.00 ^b	9.72 ± 5.39 ^a	6.58 ± 0.57 ^b	12.00 ± 0.00 ^a	0.304 ± 0.00 ^c	77.55 ± 0.14 ^b
BJFSF	76.75 ± 0.35 ^c	500 ± 0.00 ^a	200 ± 0.00 ^b	14.36 ± 1.67 ^a	6.69 ± 0.40 ^b	12.00 ± 0.00 ^a	0.323 ± 0.00 ^b	76.61 ± 1.06 ^b
GJFSF	85.75 ± 1.06 ^a	550 ± 21.13 ^a	300 ± 0.00 ^a	14.47 ± 0.91 ^a	9.46 ± 0.59 ^a	12.00 ± 0.00 ^a	0.327 ± 0.00 ^a	82.47 ± 0.23 ^a
RJFSF	78.75 ± 0.70 ^c	600 ± 0.00 ^a	150 ± 70.71 ^b	8.35 ± 5.65 ^a	6.84 ± 0.56 ^b	12.00 ± 0.00 ^a	0.256 ± 0.00 ^c	74.76 ± 0.01 ^c

Values with the same superscripts in the same column are not significantly different ($p \geq 0.05$).

Key:

Control – Dried jackfruit seed flour

AJFSF – Autoclaved jackfruit seed flour

BJFSF – boiled jackfruit seed flour

GJFSF – Germinated jackfruit seed flour

RJFSF – Roasted jackfruit seed flour

WAC – Water absorption capacity

OAC – Oil absorption capacity

LGC – Least gelation concentration

The color analysis for the various samples ranged from 74.76% to 82.59% with RJFSF having the lowest and Control having the highest. The color intensity of the flours ranging from 74.76%- 82.59% for RJFSF and Control indicates whiteness. Flour extracted under perfect condition is pure white in color and it is an important criterion for flour quality. There were significant differences ($P \leq 0.05$) in the samples for each method used. Color values of 90.15% and 89.40% have been reported by (29) Amornrat and Karmontip (2004) for wet and dry milled jackfruit seed flour respectively.

3.2. Chemical Composition of the Seed Flour Sample

Table 2 shows moisture content of the flour samples which ranged from 3.20% to 6.6% with GJFSF having the lowest and BJFSF having the highest value. This was slightly higher than that reported by (22) Ocloo *et al.*, (2010) of 6.09%. (29) Amornrat and Karmontip (2004) also reported a value of 8.57% and 6.34% respectively for wet and dry milled jackfruit seed flour. Moisture provides a measure of the water content of the seed flour samples and its total solid content. It is also an index of storability of the flour. Reduced moisture content implies better shelf life and stability. Moisture content showed no significant difference ($P \leq 0.05$) in the samples.

Ash content of the flour samples ranged from 2.45% to 2.76% with RJFSF having the lowest and GJFSF having the highest.

Ash content of 2.76-3.31% have been reported for jackfruit seed (30) (Morton, 1987) (20) Tulyathan *et al.*,

(2002) reported a value of 3.92% whereas (5) Rajarajeshwari and Jamuma (1999) reported a value of 2.00% and (31) Kumar *et al.*, (1988) recorded a value 1.27% which are lower than the values obtained in the present study. There were no significant differences ($P \geq 0.05$) in the samples. Ash is the organic residue remaining after the organic matter has been burnt away (22) (Ocloo *et al.*, 2010).

Protein content of the flour samples ranged from 12.25 to 16.80% with AJFSF having the lowest and RJFSF having the highest values. (22) Ocloo *et al.*, (2010) reported a protein value of 13.50% for jackfruit seed flour sample. BJFSF had a value (13.48%) which was slightly lower. (31) Kumar *et al.*, (1988) also reported a protein content range of 17.8-18.3% for jackfruit seed flour. This was higher than that obtained in the present study. Lower values 6.34 - 8.57% have also been reported for jackfruit seed flour (29) (Amornrat and Kamontip, 2004). (5) Rajarajeshwari and Jamuma, (1999) reported a value of 21.30% protein in jackfruit seed flour. (32) Bobbio *et al.*, (1978) also reported an extraordinary value of 31.9%. The protein content in the present study indicates that jackfruit seed flour can help reduce the incidences of protein energy malnutrition, if used in composite with less protein rich flour. There were significant differences ($P \leq 0.05$) in the samples for each method used.

Fat content of the flour samples ranged between 0.13% to 0.77% with GJFSF having the lowest and Control having the highest value. (31) Kumar *et al.*, (1988) reported a fat content of 0.78% for jackfruit seed flour, which was in

range with the Control sample. (22) Ocloo *et al.*, (2010) reported a higher fat content value of 1.27%, (30) Morton (1987) reported a fat content of 0.88%. (33) Singh *et al.*, (1991) reported a fat content of 2.2% for jackfruit seed flour. There were significant differences ($P \leq 0.05$) in the samples for each method used. These values are relatively low when compared to pearl millet (7.6%) and quinoa (6.3%) (34) (Oshodi *et al.*, 1999), pigeon pea flour (1.80%) (35) (Okpala and Mammah, 2001), and wheat flour 3.10% (36) (Akubor and Badifu, 2004).

Carbohydrate values obtained from this study ranged from 70.76% to 79.04% with Control having the lowest and GJFSF having the highest. This result is comparable to that obtained by (33) Singh *et al.*, (1999) who reported 74%, Ocloo *et al.*, (2010) reported 79%, (31) Kumar *et al.*, (1988) reported 76.1% and (21) Tulyathan *et al.*, (2002) reported a carbohydrate content of 81.64%. However, the value obtained was lower than 66.2% reported by (32) Bobbio *et al.*, (1978). (37) Siti and Noor, (2003) also reported a carbohydrate content of 75.71%. There was no significant difference ($P \geq 0.05$) in the samples.

Sugar content of the samples ranged from 0.50% to 2.48% with AJFSF having the lowest and RJFSF having the highest. There were significant differences ($P \leq 0.05$) in the samples for each method used.

Crude fiber content of the flour samples ranged between 2.43% to 6.17% with Control having the lowest value and AJFSF having the highest. A lower value of 2.36% was reported by (19) Tulyathan *et al.*, (2002). (5) Rajarajeshwari and Jamuma (1990) reported a value of 5.69% which was in range with the values obtained in the present study. There were no significant differences

($P \geq 0.05$) in all samples. The starch content of the seed flour samples ranged between 26.55-36.03% with Control having the lowest and AJFSF having the highest content. There were significant differences ($P \leq 0.05$) in the samples for each method used.

Amylose and amylopectin content for the various flour samples ranged from 15.72% to 23.79% and 76.21% to 84.28% with AJFSF and GJFSF having the lowest values and GJFSF and AJFSF having the highest values respectively. Roasting is one of the traditional methods of processing jackfruit seeds for consumption. The Amylose content of the flour samples ranged between 15.72% to 23.79% with AJFSF having the lowest and GJFSF having the highest values. The differences in amylose content may be as a result of the different heat treatments on the various samples. In agreement with the above statement, (38) Raja and Ramakrishna (1990) reported that heat treatment causes a reduction in the amylose content of cassava based products. The amylose content of the raw material is an important factor with regard to end use properties of the product. (39) (Sievert and Lausanne, 1993). There were significant differences ($P \leq 0.05$) in the samples for each method used.

Amylopectin content of the flour samples ranged from 76.21% to 84.28% with GJFSF having the lowest and AJFSF having the highest. This shows that amylopectin increased with a decrease in amylose, meaning that one is a function of the other and both properties are important in food preparation and development. Amylopectin contributes to high viscosity and waxiness in starch (16) (Eke-Ejiofor and Kin-Kabari, 2010).

Table 2. Chemical properties of jackfruit seed flour(%).

Sample	Moisture	Ash	Protein	Fat	Crude fibre	Carbohydrate	Starch	Sugar	Amylopectin	Amylose
Control	5.07± 0.47 ^a	2.46±0.28 ^a	12.45 ± 0.54 ^b	0.77±0.85 ^a	3.53 ± 0.71 ^a	70.76 ± 7.07 ^a	26.55 ± 0.14 ^c	1.60 ± 0.63 ^c	80.33 ± 0.05 ^c	19.67 ± 0.04 ^c
AJFSF	6.58± 1.16 ^a	2.59 ± 0.00 ^a	12.25 ± 0.00 ^b	0.68 ± 0.28 ^a	6.17 ± 1.56 ^a	71.73 ± 2.74 ^a	36.03 ± 0.06 ^a	0.50 ± 0.09 ^d	84.28 ± 0.22 ^a	15.72 ± 0.22 ^c
BJFSF	6.60 ± 0.28 ^a	2.56 ± 0.00 ^a	13.48 ± 0.49 ^b	0.66 ± 1.21 ^a	4.70 ± 0.71 ^a	72.05 ± 0.86 ^a	27.10 ± 3.58 ^c	2.10 ± 0.06 ^b	83.28 ± 0.95 ^b	16.72 ± 0.06 ^d
GJFSF	3.20 ± 0.28 ^a	2.76 ± 0.06 ^a	12.47 ± 0.43 ^b	0.13 ± 0.35 ^b	2.43 ± 0.56 ^a	79.04 ± 0.07 ^a	32.15 ± 0.57 ^{ab}	1.52 ± 0.05 ^c	76.21 ± 0.11 ^c	23.79 ± 0.11 ^a
RJFSF	4.44 ± 3.50 ^a	2.45 ± 0.00 ^a	16.80 ± 2.23 ^a	0.27 ± 0.78 ^b	3.38 ± 2.69 ^a	72.16 ± 3.21 ^a	30.71 ± 0.43 ^{bc}	2.48 ± 0.04 ^a	79.85 ± 0.28 ^d	20.15 ± 0.2 ^b

Values with the same superscripts in the same column are not significantly different ($p \geq 0.05$).

Key:

Control – Dried jackfruit seed flour.

AJFSF – Autoclaved jackfruit seed flour

BJFSF – Boiled jackfruit seed flour

GJFSF – Germinated jackfruit seed flour

RJFSF – Roasted jackfruit seed flour

3.3. Pasting Properties of the Seed Flour Samples

An investigation on the pasting characteristics of the seed flour samples revealed differences which may be attributed to the processing methods used. Table 3 shows the peak viscosity during heating, this ranged from 743.5RVU to 4260.5RVU with AJFSF having the lowest and RJFSF having the highest. Peak viscosity is indicative of the strength of the pastes which are formed from gelatinization during processing in food applications and higher peak viscosity corresponds to a higher thickening

power of the starch. (40) (Swinkles, 1985).

The trough value ranged between 696 RVU to 3126RVU with AJFSF having the lowest and RJFSF having the highest. The break down viscosity followed the same trend, with AJFSF having the lowest breakdown valued with 47.5RVU and RJFSF having the highest value with 1338RVU. (41) Moorthy *et al.*, (1996) was of the opinion that cohesiveness of starch was attributed to the breakdown viscosities of starch molecules during heating and stirring. Final viscosity ranged from 1091.5RVU to 3618.5RVU

with AJFSF having the lowest and RJFSF having the highest. This determines the ability of a material to form gel during processing, (16) (Eke-Ejiofor and Kin-Kabari, 2010). (29)Armonrat and Kamontip (2004), reported a final viscosity value of 58.16RVU and 32.76RVU for wet and dry milled jackfruit seed flour respectively. This is lower than the values obtained from the present study.

Setback ranged from 395.5RVU to 1388RVU with AJFSF having the lowest and RJFSF having the highest. Setback viscosity indicates gel stability and potential for retrogradation. (29) Armonrat and Kamontip (2004) reported setback values of 18.53RVU and 10.56RVU for wet and dry milled jackfruit seed flour

Peak time for the flour samples ranged from 3.5mins to 8.46mins with AJFSF having the lowest and GJFSF having the highest gelling time. (29) Armonrat and Kamontip (2004), reported peak time values of 8.70minutes and 8.65minutes for wet and dry milled jackfruit seed flour

samples. This was slightly higher than that obtained in the present study. Pasting temperature of the seed flour samples ranged from 88.5°C to 93.9°C with Control having the lowest temperature and GJFSF having the highest temperature value.

A pasting temperature of 88.2°C was also recorded by (22) Ocloo et al., (2010) for jackfruit seed flour, which was higher than that reported by (20) Tulyanthan *et al.*, (2002) for jackfruit starch. (32) Bobbio *et al.*, (1978), also reported an initial pasting temperature of 74.5°C for jackfruit seed starch and also stated that the seed starch granules were not susceptible to break down either by thermal or mechanical shear. This disparity between starch and flour is expected since jackfruit seed flour is not a pure sample as compared with jackfruit seed starch. Also it was observed that heat processed flour had slight variations in pasting temperature. These differences obtained in all analysis done on the flour samples may be as a result of the processing methods used.

Table 3. Pasting characteristics of jackfruit seed flour

Sample	Peak viscosity (RVU)	Trough 1 (RVU)	Break down viscosity(RVU)	Final viscosity (RVU)	Set back viscosity (RVU)	Pasting time (mins)	Pasting temp (°C)
Control	3209.0 ± 151.32 ^b	2026.50 ± 50.20 ^b	1182.50 ± 19.12 ^b	3249.50 ± 212.84 ^b	1223.0 ± 162.63 ^a	5.29 ± 0.23 ^c	88.50 ± 0.56 ^c
AJFSF	743.5 ± 27.57 ^d	696.00 ± 24.04 ^d	47.50 ± 3.54 ^c	1091.50 ± 16.26 ^c	395.5 ± 7.78 ^b	7.00 ± 0.00 ^b	92.45 ± 0.56 ^{ab}
BJFSF	1039 ± 178.19 ^c	983. ± 175.36 ^c	56.00 ± 2.83 ^c	1380.00 ± 200.82 ^c	387.0 ± 25.46 ^b	6.73 ± 0.28 ^b	90.82 ± 1.66 ^b
GJFSF	855.50 ± 16.26 ^{cd}	800.50 ± 16.26 ^{cd}	62.50 ± 3.53 ^c	1220.50 ± 17.68 ^c	504.5 ± 9.19 ^b	8.46 ± 0.00 ^a	93.90 ± 0.07 ^a
RJFSF	4260.50 ± 72.83 ^a	3126.5 ± 38.89 ^a	1338 ± 57.98 ^a	3620 ± 89.11 ^a	1388 ± 128.69 ^a	5.65 ± 0.01 ^c	91.00 ± 0.07 ^b

Values with the same superscripts in the same column are not significantly different ($p \geq 0.05$).

Key:

Control – Dried jackfruit seed flour

AJFSF – Autoclaved jackfruit seed flour

BJFSF – Boiled jackfruit seed flour

GJFSF – Germinated jackfruit seed flour

RJFSF – Roasted jackfruit seed flour

4. Conclusion

It was observed from this study, that there were variations in all the processing methods used and this shows that processing methods affected the compositional, functional and pasting characteristics of jackfruit seed flour.

Roasting prior to flour production gave the best results based on the following reasons. It made protein more available, increased the water absorption capacity with reduced oil absorption. In agreement with this finding Goswani et al (2010) reported an improvement in protein content from the raw (6.73%) to the roasted (7.32%) and fiber of raw seed (1.6%) and (3.38%) in the roasted jackfruit seed flour in the present study. Roasting also positively affected amylose content which is an important factor with regard to the end use properties of the product. It also had high peak viscosity, trough, break down, final viscosity and short pasting time. The higher water absorption capacity of the roasted sample indicated an important processing parameter that has implications for viscosity. In addition to water absorption in relation to its protein content and good viscosity properties are all important in bulking and consistency of the product and will find application in baking and confectionaries.

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