Value Addition to Watermelon Rind Through Jam Preparation

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Abstract: An experiment was conducted at Postharvest Laboratory, Department of Horticulture, Sher-e-Bangla Agricultural University, Dhaka during February 2018 to December 2018 to add value to Watermelon rind and to study quality of watermelon rind jam as influenced by different concentration of rinds and sugar with flavors. This single factors experiment was consisted of sixteen treatments with three replications and laid out in CRD. The treatments were T₁F₀=50% rind+50% sugar+no flavor; T₁F₁=50% rind+50% sugar+strawberry flavor; T₁F₂=50% rind+50% sugar+pineapple flavor; T₁F₃=50% rind+50% sugar+vanilla flavor; T₂F₀=80% rind+20% sugar+no flavor; T₂F₁=80% rind+20% sugar+strawberry flavor; T₂F₂=80% rind+20% sugar+pineapple flavor; T₂F₃=80% rind+20% sugar+vanilla flavor; T₃F₀=60% rind+40% sugar+no flavor; T₃F₁=60% rind+40% sugar+strawberry flavor; T₃F₂=60% rind+40% sugar+pineapple flavor; T₃F₃=60% rind+40% sugar+vanilla flavor; T₄F₀=40% rind+60% sugar+no flavor; T₄F₁=40% rind+60% sugar+strawberry flavor; T₄F₂=40% rind+60% sugar+pineapple flavor; T₄F₃=40% rind+60% sugar+vanilla flavor. At first qualitative test was done for prepared jam. Then organoleptic test was done and last of all various chemical changes were determined with the storage period. T₁F₁ was statistically best. The chemical analysis of T₁F₁ jam was pH (3.80), TSS (6.00 %), TA (2.48%), vitamin C (0.26mg/100g). This suggested that 50% rind+50% sugar and strawberry flavor was the promising formulation for the preparation of good quality of watermelon rind jam.

Keywords: Watermelon, Jam, Flavor, Rind

1. Introduction

Watermelon (*Citrullus lanatus*) is a tropical fruit widely consumed around the world. It belongs to the family of Cucurbitaceae, which is inherent to tropical Africa and a popular thirst-quencher during the hot summer weather. The Cucurbitaceae is a large plant family found mainly in the warmer parts of all continents. It consists of 119 genera with altogether 825 species [1]. Fruits of Cucurbitaceae have a considerable economic value. Total global production of watermelon was 108.9 million tons whereas India Production was 0.4 million tons in 2013 [2]. China is the largest producer of watermelon with 69.3 million tons of the total

world production. Other major producing countries are Turkey, Iran, Brazil, the United States, Egypt, Russia and Mexico [3]. In Bangladesh, fruit cultivate area is about 137,557.08 ha with the production of 45869188 tons in 2013–2014 [4]. Watermelon cultivation area is about 12,228.75 ha with the production of 293103 metric tons [4]. Among the watermelon growing districts in 2013–2014 Patuakhali produces 4772 metric tons in 541.70 ha land [4]. Watermelon contains Vitamin C and A. Watermelon is also expectedly high in citrulline, amino acid and arginine (used in the urea cycle to remove ammoniacal from the body). Watermelon is the third most popular fruit in the world containing good quantity of nutrients [5].

Pigment extracted from watermelon acts as functional ingredient and can be incorporated into breakfast cereals, frozen dairy desserts, yoghurts, spreads, candy, carbonated beverages, confectionary, sauces and soups etc. [6]. Cucurbit seeds are source of food particularly protein and oil. The flesh which constitutes approximately 68% of the total weight, the rind approximately 30% and the seeds approximately 2%. Watermelon rinds contained about 14.9-35.7% protein (full fat free basis) and 35-59% on fat free basis [7]. The lipids were found to be rich in linoleic and oleic acids while the protein was rich in arginine, glutamic acid, aspartic acid and leucine amino acids in watermelon [8].

Almost one third of all fruits and vegetables produced in the world are not consumed as a result of postharvest losses, of which watermelon is no exception [9]. Huge losses of watermelon during storage 17% were caused by rot and more than 50% was due to physiological problems such as bruising and sun scorching [10]. Providing different postharvest facilities but shelf life of watermelon cannot be increased more than one month. Being a seasonal fruit, watermelon is available in season but in off season it is totally absent because of its short shelf life. Watermelon stored at 10 to 15°C with a relative humidity of 90% will be acceptable for up to 3 weeks. Watermelons held in below 24°C will have approximate shelf life up to 10 days. If temperatures are above 24°C, shelf life will decline to 5 days. At temperatures between 0 and 7°C, watermelons are subject to chilling injury that may result in pitting, off-flavors, and color loss. To increase the shelf life as well as fulfill the demands of consumers, processed product can be alternate of fresh watermelon in off season. So the preservation of the process products and its year round availability is important to meet the demands of consumers.

There are different processed products of fruits such as juice, sauce, jam, jelly, leather etc. Among them jam is the oldest and most widely used preservation method in fruit process industries. It involves the reduction of as much water as possible from the fresh fruit to arrest enzymatic and microbial activities; hence, stopping deterioration [11].

Watermelon rind is one of the major solid wastes generated by several restaurants, cottage fruit juice producers and food industries in Bangladesh. Unfortunately, more than 90% of the rind is discarded indiscriminately to the environment thereby constituting environmental challenges. This waste rind is not presently being utilized for any value added processes due to limited research activities focusing on the possible conversion of the waste to other valuable products thereby making it available for dumping as solid waste. Chemically Watermelon rind contains large amount of water with promising levels of solid matters but devoid of high content of soluble sugar. These characteristics made it a viable candidate for the production of high quality jam. This novel use of Watermelon rind will among other things reduce the amount of the waste discarded, create more income for farmers, food processors and more importantly reduce environmental impacts of the waste. Therefore, the main

focus of this research is to successfully document the physicochemical properties and sensory characteristics of jam made from Watermelon rind. Considering the nutritional quality of jam the present study was undertaken to produce quality jam from water melon rind and the physio-chemical properties of jam produced from water melon rind.

2. Methodology

The following methods were used for the present investigation. Those were:

- a) Extraction of watermelon rinds
- b) Processing of watermelon rinds
- c) Preparation of watermelon jam
- d) Pouring and storing of jam
- e) Assessment of quality of jam

2.1. Experimental Design

The one factor experiment was laid out in the Completely Randomized Design (CRD) with three replications. The postharvest treatments were assigned randomly in each replication. The collected data on various parameters were statistically analyzed using data were analyzed using SPSS (1995) version 11.5 (SPSS inc., Chicago, IL, USA). One way ANOVA and completely randomized test were conducted to determine significance existing in the mean values at $P \leq 0.05$.

2.2. Experimental Materials

Best quality watermelon fruits were used in this experiment. Healthy fruits with uniform size, shape, and maturity were purchased from the local market. Fruits were medium to large in size, about 4-5 kg in weight. The skin color was green to dark green and thick to highly thick, non-adhering and somewhat heavy; the seed was small but rinds were fleshy and thick. All fruits were thoroughly washed with tap water, followed by ringing with sterile distilled water.

2.3. Collection of Watermelon Rinds, Preparation of Jam and Storing of Jam

The following procedure was developed based on the preliminary trials to optimize the ingredients and methods. At first watermelon fruits were washed in clean water. The fruits were cut into small pieces (Figure 1) and rind was collected to remove pulp by knife. The rind was blended using a blender.

Figure 1. Pieces of watermelon rind.

The blended watermelon rind (Figure 2) was low in brix. Mixture of rind and sugar which kept at 45 minute in room temperature then 5g pectin was added. The rind was increased by heating at 2000 watt for 1 hr on an induction cooker until the brix became 60%. Flavors were added at the last stage of cooking.

Figure 2. Blended Watermelon rind.

When jam was prepared then it was stored in glass jar (Figure 3). Jars were autoclaved before used. It was

autoclaved for killing the harmful microorganism.

2.4. Determination of Color

The peel colour of the jam was determined using a Android Application Software namely “On Color Measure” (developed by Potato tree Soft, Version 3.0) equipped with an aim pointer. It provides the easiest way to store the information of each color detection. Color measurements were done at each face of jam.

Figure 3. Watermelon rind jam stored in jar.

Figure 4. An application overview of the “On Color Measure” (source: potato tree software version 3 Google play apps).

Sample and a mean value was obtained. The leather color determination was expressed in chromaticity values of Red (R*), Green (G*) and Blue (B*) (Plate 3.4) For measuring the color the camera was aimed at the target color point and clicked on crosshair pointer and moved it to any place on the screen. The dashboard displays the information of the color detected. Grab button was clicked to capture the screen image and saved all the detailed color information including RGB, HSV, color names, hex code and screen images.

2.5. Determination of pH

The pH was determined using a glass electrode pH meter

(GLP 21, Crison, Barcelona, and EEC). Before being used, the pH meter was calibrated with buffers at pH 4.0 followed by pH 7.0. After that, the glass electrode was placed into the filtrate to measure the pH and stabilized reading was recorded.

For accuracy of the reading, the glass electrode was washed after each reading with distilled water and wiped to dry with soft tissue paper.

2.6. Determination of Titratable Acidity

The titratable acidity was estimated through the chemical analysis using watermelon rind jam. The titratable acidity of

watermelon jam was determined according to Ranganna (1979). The following reagents were used for the determination of the titratable acidity. Standard NaOH solution (0.1N), 1% phenolphthalein solution and Extraction of the jam.

Ten gram of fresh watermelon jam sample was taken in a 500 ml beaker and homogenized with distilled water in a blender (MX-798S, National, Malaysia). The blender materials were then filtered and transferred to a 500 ml volumetric flask and the volume was made up to the mark

$$\text{Citric acid (\%)} = \frac{\text{Titre (mL)} \times \text{NaOH normality (0.1 M)} \times \text{Vol. made up (50 mL)} \times \text{Citric acid eq. weight (64 g)} \times 100}{\text{Volume of sample for titrate (5 mL)} \times \text{Weight of sample taken (10 g)} \times 1000}$$

2.7. Determination of the Ascorbic Acid (Vitamin C) and Standardization of the Dye Solution

The following reagents were used for the estimation of ascorbic acid content.

i) Three percent (3%) Metaphosphoric acid (HPO_3)

It was prepared by dissolving 30g of HPO_3 in 1000 ml of distilled water.

ii) Standard ascorbic acid solution

Ten milligram of L-ascorbic acid solution was prepared by dissolving the ascorbic acid in 100ml of 3% metaphosphoric acid solution.

iii) Dye solution

It was prepared by dissolving 50 mg of the sodium salt of 2, 6-dichlorophenol indophenol in approximately 50 ml of hot distilled water containing 42 mg of sodium bicarbonate. It was then cooled and diluted to 100 ml with distilled water. The following steps were followed for the estimation of the ascorbic acid.

Ten milliliters (10 ml) of the standard ascorbic acid solution was taken in a conical flask and 5 ml of metaphosphoric acid HPO_3 was added to it. A micro burette

with distilled water.

Five milliliters of the pulp solution was taken in a conical flask. Two to three drops of phenolphthalein indicator solution was added and then the conical flask was shaken vigorously. It was then titrated immediately with 0.01N NaOH solution from a burette till the permanent pink color appeared. The volume of NaOH solution required for the titration was noted from burette reading and at the percent titratable acidity was calculated using the following formula:

$$\text{Dye factor} = \frac{x}{\text{Titre (mL)}} \text{ Here, } x = 0.5$$

was filed with the dye solution. The content of the conical flask was titrated with the dye solution. The contents of the conical flask were titrated with the dye till the pink-colored end point appeared. The milliliters of dye solution required to complete the titration was recorded. The dye factor was calculated using the following formula:

2.8. Preparation of the Sample

Five grams of the jam sample and 35 ml of 3% metaphosphoric acid solution was taken in a blender and homogenized for 2 minutes. After blending it was filtered and centrifuged at about 2000 ppm for 5 minutes. The supernatant homogenized liquid was transferred to a 50 ml volumetric flask and the volume was made up with 3% metaphosphoric acid.

Ten milliliters of the aliquot was taken in a conical flask and titrated with dye solution. Then the ascorbic acid content of the samples was calculated using the following formula:

$$\text{Ascorbic acid (mg 100 g}^{-1}\text{)} = \frac{\text{Titre (mL)} \times \text{dye factor (0.081)} \times \text{vol. made up (50 mL)} \times 100}{\text{Aliquot used for estimation (5 mL)} \times \text{sample weight (10 g)}}$$

2.9. Determination of Soluble Solid Concentration

The total soluble solids concentration of the jam was determined using a digital refractometer (Model N-1 α , Atago, Japan). The remaining of the filtrated juice from TA determination was used to measure the SSC of the pulp. Before measurement, the refractometer was calibrated with distilled water to give a 0% reading. About 1-2 drops of the filtrate was placed on the prism glass of the refractometer to obtain the % SSC reading. The readings were multiplied by dilution factor to obtain the original % SSC of the pulp tissues. Since differences in sample temperature could affect the measurement of SSC (Boourne, 1982), each of the reading was standardized to a temperature of 20°C by adding 0.28% to obtain % SSC at 27°C.

2.10. Sensory Evaluation of Jam

An interview schedule was used for the sensory evaluation of the jam. Each panel list was asked to taste 16 treatments of

jam. Each panel list was asked the five quality (attributes) questions and one question about their overall preference for the sample. Attributes selected for jam was overall appearance, texture (perception, stickiness and chewiness) sweetness, chewiness, flavor and overall acceptability of the sample. A 5-point hedonic scale was used. Therefore, the respondents answers were coded 1-5 with 7 being 'like extremely' and 1 being 'dislike extremely'. Three further questions were asked to assess whether the respondents liked the fruit leathers and sauce they had tasted. If they would buy the product and which they liked the best.

3. Results and Discussion

3.1. Composition of the Fresh Watermelon

The fresh watermelon had 95% moisture on the fresh weight. The pH, total soluble solids (TSS), Titratable acidity, total sugar and reducing sugar are presented in table 1.

Table 1. Composition of the fresh watermelon used in the study.

Constituents of watermelon	Quantity
1. Moisture	95%
2. pH	5.01
3. Total soluble solids	15%
4. Titratable acidity (citric Acid)	3.12%
5. Total sugar	12.02%
6. Reducing sugar	5.52g

The results of those experiments are presented and discussed separately under different titles.

Figure 5. RGB% of watermelon jam at different treatments.

There was no significant difference regarding the changes in R and B values among the treatments. Blue color values was absent due to the induce heat during

3.3. Effect of Different Concentration of Rinds and Sugar with Flavors for pH

The pH of jam at different treatments varied significantly which was given below (Table 2). During storage there was gradually increase and decrease of pH value of jam. The change was occurred after 30 to 90 days of storage time. At first the highest pH value (4.46) was found in T₁F₁ and lowest pH value (4.09) was found in T₃F₃.

Table 2. Effect of different concentration of rinds and sugar with flavors for pH.

Treatments	pH at different days after storage			
	0 days	30 days	60 days	90 days
T ₁ F ₀	4.40±.117 ^{ab}	4.07±.133 ^{cd}	4.20±.117 ^d	4.10±.116 ^d
T ₁ F ₁	4.46±.115 ^a	4.43±.140 ^a	4.42±.115 ^{ab}	4.40±.115 ^a
T ₁ F ₂	4.00±.115 ^{bc}	3.80±.115 ^{bc}	4.00±.116 ^d	3.90±.114 ^{bd}
T ₁ F ₃	4.20±.115 ^{bc}	3.93±.143 ^{cd}	3.90±.117 ^{cd}	3.90±.114 ^{bd}
T ₂ F ₀	4.20±.115 ^{bc}	4.00±.115 ^{bc}	4.50±.115 ^a	4.20±.115 ^{bc}
T ₂ F ₁	4.20±.114 ^b	3.90±.117 ^{cd}	4.00±.115 ^b	4.00±.115 ^c
T ₂ F ₂	4.20±.114 ^b	3.90±.117 ^{cd}	4.00±.114 ^b	3.80±.115 ^d
T ₂ F ₃	4.20±.114 ^b	4.00±.114 ^{bd}	4.00±.114 ^b	4.00±.114 ^{bd}
T ₃ F ₀	4.40±.114 ^b	4.20±.115 ^{bc}	4.30±.115 ^{bc}	4.00±.117 ^c
T ₃ F ₁	4.23±.115 ^{bc}	3.93±.154 ^{abc}	4.10±.117 ^d	3.90±.114 ^{bd}
T ₃ F ₂	4.10±.088 ^d	3.90±.057 ^d	4.00±.117 ^d	4.00±.115 ^{bc}
T ₃ F ₃	4.09±.117 ^d	3.80±.115 ^{bd}	3.90±.117 ^{bd}	3.83±.088 ^d
T ₄ F ₀	4.20±.114 ^b	3.90±.116 ^c	4.00±.117 ^d	3.80±.117 ^d
T ₄ F ₁	4.20±.147 ^{bd}	4.00±.115 ^{bc}	4.20±.115 ^{bc}	4.30±.114 ^{bd}
T ₄ F ₂	4.23±.088 ^d	4.03±.057 ^b	4.20±.115 ^{bc}	4.10±.115 ^{bc}
T ₄ F ₃	4.13±.081 ^{bd}	3.90±.100 ^{cd}	4.03±.100 ^{cd}	4.00±.088 ^d
Level of Significance	*	*	*	*

Means in each column followed by the same letter (s) are significantly different at $P \leq 0.05$ According to Duncan's Multiple Range Test

After 90 days the highest pH value (4.40) was found in T₁F₁ and lowest pH value (3.80) was found in T₄F₀ that was gradually decreased. The pH value was decreased due to the

3.2. Color of Jam

Color is one of the most important criteria of quality of watermelon. The changes of outer color of jam were monitored by measuring the value of Red (R), Green (G) and Blue (B). Values are presented in the Figure 5. At the treatment-1, RGB% was 50, 6 and 0 respectively. The green (G) color content was highest at the T₁F₁ (50% rind+50% sugar+strawberry flavor) RGB% (55, 7, 0) and lowest at the T₄F₃ (40% rind+60% sugar+vanilla flavor) RGB% (38, 2, 0).

increased of acidity during storage of time. The same result was found Shahjahan *et al.*, [12] noted that the acidity of mango was decreased gradually at the time of storage.

3.4. Total Soluble Solids Concentration

The total soluble solids concentration of jam at different treatments varied significantly which was given below Table 3. It was significant ($P \leq 0.05$). During storage there was gradually increase TSS value of jam. The change was occurred after 30 to 90 days of storage time. At first the

highest TSS value (6.50%) was found in T_3F_1 and the lowest value (1.90) of TSS was found in T_2F_2 . After 30 days the TSS value was increased and the highest value (7.50%) of TSS was found in T_4F_0 and the lowest value (2.95%) of TSS was found in T_2F_0 . The TSS value was gradually increased at 90 days and the highest value (7.00) of TSS was found in T_3F_1 and the lowest value (3.00) of TSS was found in T_2F_2 .

Table 3. Effect of different concentration of rinds and sugar with flavors for Total soluble solids.

Treatments	Total soluble solids% at different days after storage			
	0 day	30 days	60 days	90 days
T_1F_0	3.80±.115 ^a	5.50±.115 ^a	5.50±.117 ^c	5.50±.115 ^a
T_1F_1	3.80±.115 ^a	5.50±.115 ^a	6.00±.115 ^a	6.00±.114 ^b
T_1F_2	3.60±.154 ^b	6.00±.115 ^b	5.00±.114 ^b	5.50±.117 ^d
T_1F_3	3.70±.117 ^c	6.00±.115 ^b	5.50±.117 ^b	5.00±.115 ^{cd}
T_2F_0	2.20±.114 ^b	2.95±.088 ^b	3.00±.117 ^c	3.50±.115 ^{bc}
T_2F_1	2.03±.117 ^c	3.50±.088 ^b	3.20±.115 ^{bc}	3.20±.117 ^b
T_2F_2	1.93±.088 ^{bd}	3.00±.088 ^b	3.03±.115 ^b	3.00±.117 ^b
T_2F_3	2.50±.088 ^{bd}	3.50±.115 ^b	2.50±.088 ^d	3.17±.081 ^b
T_3F_0	3.90±.088 ^b	5.50±.114 ^b	5.00±.088 ^b	5.00±.088 ^b
T_3F_1	6.50±.088 ^b	6.50±.114 ^b	7.00±.088 ^b	7.00±.088 ^b
T_3F_2	4.53±.088 ^b	5.00±.114 ^b	5.00±.088 ^c	5.00±.088 ^b
T_3F_3	4.00±.114 ^b	5.00±.114 ^b	4.00±.088 ^d	5.00±.088 ^b
T_4F_0	5.80±.114 ^b	7.20±.088 ^b	6.00±.115 ^{bc}	6.00±.081 ^{bc}
T_4F_1	4.00±.114 ^b	5.00±.088 ^b	4.50±.114 ^b	4.50±.115 ^b
T_4F_2	5.10±.114 ^b	6.47±.114 ^b	6.50±.117 ^d	6.50±.115 ^b
T_4F_3	5.00±.114 ^b	7.00±.114 ^b	6.50±.117 ^d	6.00±.115 ^d
Level of Significance	*	*	*	*

Means in each column followed by the same letter (s) are significantly different at $P \leq 0.05$ according to Duncan's Multiple Range Test

3.5. Titratable Acidity

The titratable acidity of jam at different treatments varied significantly ($P \leq 0.05$) which was given below (Table 4). During storage there was gradually decrease TA value of jam. The change was occurred after 30 to 90 days of storage time. At first the highest TA value (2.60%) was found in T_1F_1 and the lowest value (1.64%) of TA was found in T_3F_0 . After 30 days the TA value was decreased and the highest value (2.56%) of TSS was found in T_1F_1 and the lowest value (1.44%) of TA was found in T_3F_1 due to decrease of acidity. After 60 days the

TA value was decreased and the highest value (2.50%) of TSS was found in T_1F_1 and the lowest value (1.52%) of TA was found in T_3F_0 . The TA value was gradually decreased at 90 days and the highest value (2.48%) of TA was found in T_1F_1 and also the lowest value (1.45%) was found T_3F_0 .

It was happened for the lower acidity. Among all the combined treatment and flavors T_1F_1 showed the best value during storage of time. Titratable acidity is also importance for the maintenance of quality so T_1F_1 indicated the best quality during storage of time for the low decreased of TA.

Table 4. Effect of different concentration of rinds and sugar with flavors for Titratable acidity.

Treatments × flavors	Titratable acidity% at different days after storage			
	0 day	30 days	60 days	90 days
T_1F_0	2.56±.012 ^{bc}	2.56±.011 ^{bc}	2.30±.015 ^c	2.30±.011 ^c
T_1F_1	2.60±.012 ^b	2.56±.014 ^{bc}	2.50±.013 ^d	2.48±.011 ^b
T_1F_2	2.30±.011 ^d	2.29±.011 ^b	2.23±.013 ^d	2.20±.011 ^d
T_1F_3	2.43±.011 ^b	2.30±.011 ^d	2.30±.013 ^c	2.30±.011 ^d
T_2F_0	2.30±.012 ^b	2.18±.012 ^b	2.30±.014 ^c	2.30±.011 ^c
T_2F_1	2.56±.014 ^b	2.43±.014 ^b	2.30±.014 ^d	2.30±.014 ^d
T_2F_2	2.43±.011 ^b	2.42±.014 ^b	2.37±.014 ^d	2.35±.011 ^b
T_2F_3	2.43±.014 ^d	2.41±.014 ^c	2.40±.014 ^d	2.39±.011 ^b
T_3F_0	1.64±.014 ^c	1.56±.014 ^c	1.52±.014 ^d	1.45±.011 ^b
T_3F_1	1.79±.012 ^d	1.44±.014 ^c	2.18±.014 ^d	2.30±.011 ^b
T_3F_2	1.79±.011 ^d	1.66±.011 ^c	1.66±.014 ^b	1.52±.011 ^b
T_3F_3	1.66±.011 ^d	1.66±.011 ^d	1.59±.011 ^c	1.55±.011 ^b
T_4F_0	2.18±.012 ^b	1.92±.012 ^d	1.92±.011 ^d	1.75±.012 ^d
T_4F_1	2.30±.011 ^d	2.18±.011 ^d	2.18±.015 ^d	2.15±.015 ^d
T_4F_2	2.30±.011 ^c	2.18±.011 ^b	2.18±.015 ^d	2.13±.011 ^d
T_4F_3	2.30±.012 ^c	2.30±.012 ^d	2.18±.015 ^d	2.18±.011 ^d
Level of Significance	*	*	*	*

Means in each column followed by the same letter (s) are significantly different at $P \leq 0.05$ according to Duncan's Multiple Range Test

3.6. Vitamin C

The vitamin C of jam at different treatments varied significantly ($P \leq 0.05$) which was given below (Table 4). During storage there was gradually decrease vitamin C value of jam. The change was occurred after 30 to 90 days of storage time. At first the highest value (0.35mg/100g) of vitamin C was found in T₁F₁ and the lowest value (0.18mg/100g) of vitamin C was found in T₄ F₃. After 30 days the vitamin C value was decreased and the highest value (0.30mg/100g) of vitamin C was found in T₁ F₁ and the lowest value (0.17mg/100g) of vitamin C was found in T₄F₃. After 60 days the vitamin C value was decreased and the highest value (0.27mg/100g) of vitamin C was found in T₁ F₁ and the lowest value (0.16mg/100g) of vitamin C was found

in T₄F₃. Vitamin C value was gradually decreased at 90 days and the highest value (0.26mg/100g) of vitamin C was found in T₁F₁ and also the lowest value (0.16mg/100g) of vitamin C was found T₄F₃.

However, loss of ascorbic acid content was comparatively lower during first month of storage. So it indicated that there was great change of vitamin C during storage and some treated jam was gradually small decrease and some showed higher decrease. Same value was found during storage of time. Among all the combined treatment with flavors T₁ F₁ showed the best value during storage of time. Vitamin C is also importance for the maintains of quality of jam so T₁ F₁ prepared jam had given the best quality of during storage of time for the low decreased of vitamin C.

Table 5. Effect of different concentration of rinds and sugar with flavors for Vitamin C.

Treatments	Vitamin C mg/100g at different days after storage			
	0 day	30 days	60 days	90 days
T ₁ F ₀	0.26±.005 ^c	0.20±.005 ^{bc}	0.20±.006 ^{bc}	0.20±.006 ^{bc}
T ₁ F ₁	0.35±.005 ^a	0.30±.005 ^a	0.27±.006 ^a	0.26±.006 ^a
T ₁ F ₂	0.27±.005 ^b	0.25±.007 ^c	0.24±.006 ^d	0.22±.006 ^c
T ₁ F ₃	0.25±.006 ^c	0.25±.006 ^b	0.24±.007 ^{bd}	0.23±.007 ^d
T ₂ F ₀	0.26±.006 ^d	0.20±.007 ^{bc}	0.20±.007 ^d	0.20±.006 ^{bc}
T ₂ F ₁	0.31±.008 ^c	0.26±.002 ^b	0.20±.007 ^d	0.20±.013 ^{ac}
T ₂ F ₂	0.32±.008 ^b	0.26±.006 ^{bd}	0.24±.005 ^c	0.23±.006 ^d
T ₂ F ₃	0.32±.006 ^b	0.26±.007 ^b	0.25±.006 ^b	0.22±.005 ^b
T ₃ F ₀	0.26±.005 ^{abc}	0.20±.005 ^d	0.20±.007 ^{bc}	0.20±.006 ^c
T ₃ F ₁	0.32±.006 ^{cd}	0.26±.005 ^{bc}	0.24±.003 ^{cd}	0.23±.006 ^b
T ₃ F ₂	0.26±.006 ^d	0.20±.006 ^d	0.14±.024 ^d	0.20±.007 ^b
T ₃ F ₃	0.26±.006 ^{bc}	0.24±.006 ^d	0.20±.006 ^{cd}	0.26±.013 ^d
T ₄ F ₀	0.20±.005 ^c	0.20±.006 ^b	0.20±.006 ^b	0.20±.007 ^d
T ₄ F ₁	0.24±.013 ^b	0.22±.024 ^d	0.20±.010 ^{cd}	0.20±.007 ^d
T ₄ F ₂	0.24±.006 ^b	0.22±.037 ^d	0.20±.006 ^{bc}	0.20±.007 ^{cd}
T ₄ F ₃	0.18±.007 ^b	0.17±.037 ^d	0.17±.006 ^d	0.16±.006 ^d
Level of Significance	*	*	*	*

Means in each column followed by the same letter (s) are significantly different at $P \leq 0.05$ according to Duncan's Multiple Range Test

3.7. Sensory Evaluation

The highest hedonic scale of appearance, texture, sweetness, and flavor point was recorded.

Table 6. Mean score for color, appearance, texture, sweetness, and flavor and for jam sample.

Treatments	Taste	Flavor	Sweetness	Texture	Appearance
T1F0	2.33	2.00	5.00	4.67	4.33
T1F1	5.00	4.00	5.00	4.67	4.67
T1F2	5.00	5.00	5.00	4.67	4.67
T1F3	4.00	4.00	5.00	4.67	4.00
T2F0	2.00	2.00	2.00	1.67	2.00
T2F1	3.67	4.00	2.00	2.00	2.33
T2F2	3.33	3.00	2.00	2.00	2.33
T2F3	3.00	4.00	2.00	1.67	2.33
T3F0	2.33	2.00	3.00	3.00	3.00
T3F1	4.67	4.33	3.00	3.00	3.33
T3F2	4.33	5.00	3.00	3.00	3.33
T3F3	3.67	4.00	3.00	3.00	3.33
T4F0	2.33	2.33	3.67	2.67	4.67
T4F1	5.00	4.33	4.00	3.33	4.67
T4F2	4.00	5.00	4.00	3.00	4.33
T4F3	2.33	2.00	5.00	4.67	4.33

Where, 1=extremely dislike; 2=dislike; 3=medium; 4= like; 5= extremely like

The recorded value was showed in table 6. The highest hedonic scale of taste, appearance, texture, sweetness, and flavor point was recorded with T₁F₁. The lowest hedonic scale of appearance, texture, sweetness, and flavor point was recorded at T₂F₀. So it indicated that T₁F₁ prepared jam is good among all treated jam.

4. Conclusion

Form results we showed that the red (R) colour was highest with T₁F₁ RGB% (55, 7, 0) and lowest at the T₄F₃ RGB% (38, 2, 0). The pH value was significantly high and after 90 days of storage the highest pH value (4.40) was found in T₁F₁ and lowest pH value (3.80) was found in T₄F₀. After 90 days of storage the highest value (7.00%) of TSS was found in T₃F₁ and the lowest value (3.00%) of TSS was found in T₂F₂. The TA value was gradually decreased at 90 days and the highest value (2.48%) of TA was found in T₁F₁ and also the lowest value (1.45%) was found T₃F₀. Vitamin C value was gradually decreased at 90 days and the highest value (0.26mg/100g) of vitamin C was found in T₁F₁ and also the lowest value (0.16mg/100g) of vitamin C was found T₄F₃. The highest hedonic scale of taste, appearance, texture, sweetness, and flavor point was recorded with T₁F₁. The lowest hedonic scale of appearance, texture, sweetness, and flavor point was recorded at T₂F₀. So it indicated that T₁F₁ prepared jam was “Like very much” among all prepared jam.

In conclusion, the present study suggests that, T₁F₁ (50% rind+50% suga r+ strawberry flavor) prepared jam is the best quality among all jam. The physical, chemical and sensory qualities are better with T₁F₁ than other treatments with flavors. So the quality of watermelon rind jam may be good up to 90 days by preparing 50% rind+50% sugar+ strawberry flavor. Therefore, to ensure the best quality of jam further research studies are necessary on fungal and bacterial growth.

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