
Disulfiram and Copper gluconate in cancer chemotherapy; a review of the literature

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Abstract: Repurposing non- cancer related drugs with possible antitumoral activities is a promising strategy for identifying prospective new anticancer drugs in a cost efficient and time saving way. Repurposing disulfiram has recently become of interest because of its pre-clinically described anticancer effects against various human cancers, which include breast, cervical, colorectal, lung, melanoma, prostate as well as myeloma and leukaemia. Epidemiological studies reveal a trend to reduced cancer risks in cancer patients using disulfiram for chronic alcoholism treatment while already reported literature point to the efficacy of disulfiram on cancer cell lines. Disulfiram has been shown to be effective either as a stand alone or in combination with other drugs against metastatic liver cancer, lung cancer, prostate cancer, glioblastoma and melanoma. Preclinical studies indicate that disulfiram when combined with copper ions acts as a proteasome inhibitor, to induce oxidative stress, reduce NF κ B (Nuclear factor kappa Binding) activity and enhance the sensitivity of cancer cells to chemotherapeutic agents. This study analyzed existing literature and found that disulfiram in combination with copper gluconate is a promising therapeutic agent for use in cancer chemotherapy.

Keywords: Cancer, Disulfiram, Copper gluconate

1. Introduction

Cancer, a disease of uncontrollable cell division, invasion and metastasis, is an emerging public health problem in Africa. The International Agency for Research on Cancer (IARC), has estimated that approximately 715,000 new cancer cases and 542,000 cancer deaths occurred in 2008 in Africa [1]. The IARC further projects that these numbers are likely to double (1.28 million new cancer cases and 970,000 cancer deaths) by 2030 with a potential to even be higher as a result of ageing and growth of the population, adoption of behaviors and lifestyles associated with economic development, such as smoking, unhealthy diet, and physical inactivity. [1]

Cancer continues to receive low public health priority in Africa, despite the growing burden as a result of limited resources and other pressing public health problems, including communicable diseases such as acquired immune deficiency syndrome (AIDS)/human immunodeficiency virus (HIV) infection, malaria, tuberculosis and more recently the Ebola viral disease. It could also be attributed to

a lack of awareness about the magnitude of the current and future cancer burden among policy makers, the general public, and international private or public health agencies [2].

Cancer occurrence in Africa varies significantly from that in economically developed regions. Indices such as type of major cancer, stage at diagnosis, survival, incidence and mortality rates account for this. This is due to differences in exposures to major risk factors, detection practices (availability of diagnostic and screening services), awareness of early signs and symptoms, and availability of treatment.

Cancer of the cervix, liver, urinary bladder and Kaposi sarcoma which are cancers related to infectious agents are among the dominant types of the disease in Africa [2]. In 2008, cervical cancer accounted for 21% of the total newly diagnosed cancers in females and liver cancer for 11% of the total cancer cases in males.

Due to the lack of screening and early detection services, limited awareness of early signs and symptoms among public and health care providers as well as the social stigma associated with the diagnosis of cancer and hence late stage presentation of the disease, a majority of cancers in Africa

are diagnosed at an advanced stage of the disease.

WHO estimates that cancer accounts for 13 percent of all deaths registered globally with 70 percent of that figure in middle and low income countries. The 2008 WHO Report estimated that about 10,000 cancer deaths and 250,000 new cases are recorded yearly in Nigeria [2]. In addition, only 17 percent of African countries are said to have sufficiently funded cancer control programs, while less than half of all countries in the world have functional plans to prevent the disease and provide treatment and care to the patients [2]. Furthermore, the shortage of functional cancer control plans is especially alarming in developing countries, which already account for more than two-thirds of the new cancer cases and deaths each year.

In Nigeria, the public still see cancer as a disease of the rich, the aged and the developed world. Many sufferers of the disease in the country still regard cancer as a death sentence having accepted the illness as their fate. Cancer is more than a health issue with far-reaching social and economic implications. It is a global epidemic that affects all ages as it does not discriminate, with low and middle income countries bearing the larger burden of the disease. [3]

In Nigeria, breast cancer, cervical cancer and prostate cancer are most prevalent amongst women and men respectively [2]. Added to this, is the burden cancer imposes on the Niger Delta region of Nigeria where this study is sited. More and more researchers attest to the fact that individuals in this region are at increasing risk of developing cancers as a result of oil exploration activities [3]. A research study on the analysis of the occurrence of cancers in the Niger Delta between 1997 and 2000 showed that the communities most affected were those in Bayelsa state, Etche, Ogoni, Port Harcourt and to a lesser extent the Kalabari, Okrika and Opobo tribes in Rivers state. The researchers go on to conclude that the incidence of cancer in these communities correlated with the polluting activities of oil companies in the region [4]. Other Studies affirm that Nigerians are at increased risk of developing different types of cancer due to exposure to crude oil pollutants. These studies postulate that more than 25 per cent of Nigerians are at an increased risk of developing cancer due to exposure to toxic chemicals from crude oil pollution, polynuclear aromatic hydrocarbons (PAHs). It is also suggested that PAHs can be genotoxic; that is, the damage caused can be inherited [3]. Therefore new, cheaper alternative drug treatment if available would help reduce the cancer burden.

2. Disulfiram

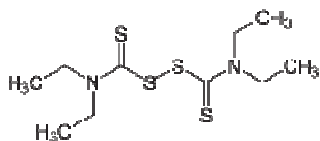


Fig 1. Chemical structure of Disulfiram
(<http://images.ddcdn.com/img/mol/DB00822.mol.t.jpg>)

Disulfiram is a drug discovered in the 1920s and used for the treatment of chronic alcoholism by producing an acute sensitivity to alcohol [5]. It inhibits the enzyme acetaldehyde dehydrogenase, which breaks down alcohol, thus causing an unpleasant reaction when alcohol is consumed. Trade names for disulfiram in different countries are, Antabuse and Antabus [5].

Disulfiram, used for several decades in the treatment of alcoholism, now shows promise as an anticancer drug and radio sensitizer. Disulfiram-induced cytotoxicity has been reported to be mediated by oxidative stress [6-7], and this may be enhanced by the presence of copper [6]. Copper binding drugs inhibit proteasome activity [8] and generate reactive oxygen species (ROS) [9].

Disulfiram chelates copper, and it has been suggested that the disulfiram– copper complex is the toxic form of the drug [10]. Many tumours contain elevated levels of copper which render them selectively susceptible to disulfiram induced toxicity [8]. Researchers have observed that in the presence of copper, disulfiram exhibits cytotoxic effects on a number of cancer cell lines. It is postulated that disulfiram, chemically a bis-N, N-diethylthiocarbamate forms a carbamate complex with Cu^{2+} ions in situ which inhibits the proteasome activity, instigating apoptosis and eventual cell death [10]. Disulfiram and a copper donor like copper gluconate or copper glycinate is under experimentation to explore its impact. More recently, pharmacological profiling of disulfiram encourages its clinical evaluation as an anticancer agent [11].

2.1. Disulfiram as a Proteasome Inhibitor

Proteasome is an energy-dependent protease found in all three domains of life (*Bacteria*, *Archaea*, and *Eucarya*) and is a key regulator of many other cellular events including NF- κ B signaling [12].

Proteasome is important for cell development and division, cell metabolism and DNA repair [13,14]. Proteasome controls the distribution, abundance, and activity of the transcriptional machinery and has a functional link to translation initiation with nonproteolytic roles in the cell, including those involved in nucleotide excision repair, recruitment of histone acetyltransferases to target promoters, transcription elongation and cell cycle control [15,16].

Disulfiram and disulfiram derivatives; DDTC(diethylthiocarbamate ; $C_5H_{10}NS_2$) and pyrrolidine dithiocarbamate (PDTC ; $C_5H_9NS_2$), are well-known as NF- κ B inhibitors which interfere with the NF- κ B pathway by inhibiting NF- κ B (Nuclear factor kappa binding) nuclear translocation [17,18], inhibition of I κ B phosphorylation [19] and proteasome degradation [18,19]. Disulfiram compound induces cancer cell apoptosis and exhibits proteasome inhibitory activity in some cancer cell lines [19,18]. Proposed mechanisms of action of Disulfiram include the induction of oxidative stress and inhibition of proteasome activity [20]. Proteasome inhibition in cancer cells leads to accumulation of pro-apoptotic target proteins and induction

of cell death.

2.2. Disulfiram as an Aldehyde Dehydrogenase Inhibitor

The aldehyde dehydrogenases (ALDHs) have a broad spectrum of biological activities with ALDH activity being crucial to the biosynthesis of retinoic acid, an important regulator of vertebrate development, and to the metabolism of the neurotransmitter GABA [21-27].

Disulfiram (tetraethylthioperoxydicarbonic diamide), inhibits ALDH1A1 more potently than it does ALDH2 [28].

The molecular mechanism of ALDH inhibition is mediated by metabolic products of disulfiram. The first of these involves the reduction of the disulfide bond and concurrent liberation of diethyldithiocarbamate (DDTC), an inhibitor of ALDH in vivo but not in vitro [29-32]. DDTC is converted by hepatic thiol methyltransferase to *S*-methyl-*N,N*-diethyldithiocarbamate (DETC ; C₆H₁₃NS₂) and *S*-methyl-*N,N*-diethyldithiocarbamate (Me-DDTC ; C₆H₁₃NOS₂), both potent inhibitors of mitochondrial ALDH2 in vivo. Subsequent P450-catalyzed oxidation metabolites of DETC and Me-DDTC, including DETC-sulfoxide (DETC-SO) and *S*-methyl-*N,N*-diethyldithiocarbamate-sulfoxide (Me-DDTC-SO) and -sulfone (Me-DDTC-SO₂), also inhibit mitochondrial ALDH [33-35]. The inhibition induced by all of these compounds is irreversible in nature because of carbamylation of the catalytic HO₂CCH(NH₂)CH₂SH (Cys302) residue [36,32,37].

3. Copper Gluconate

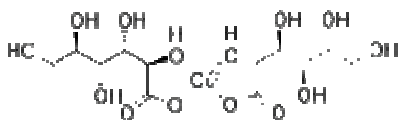


Fig 2. Chemical structure of Copper gluconate

(<http://www.newdruginfo.com/pharmacopeia/usp28/v28230/uspnf/pub/images/v28230/g-212.gif>)

Copper gluconate is the copper salt of D-gluconic acid. An odourless, light blue or blue-green crystal or powder easily soluble in water and insoluble in ethanol [38]. Copper is a micronutrient found naturally in foods such as shellfish, beef, liver, whole grains, beans, peas, nuts, potatoes, green vegetables, and chocolate. Copper is needed to absorb iron from the gut and help regulate blood pressure and heart rate [39]. Copper is involved in numerous biochemical reactions in human cells. It is a component of multiple enzymes, and is involved with the regulation of gene expression, mitochondrial function/cellular metabolism, connective tissue formation, as well as the absorption, storage, and metabolism of iron. Scientists also know, based on many studies, that copper is a trace element needed to support nerve function and help the body use iron. It is important to a number of enzyme systems, and helps produce energy and skin colour (melanin). There are also claims, that copper helps healing, helps to expel toxins from the body, prevents thyroid problems, promotes healthy

skin and hair, and helps prevent heart problems. Some claim that it can cure slipped discs, aneurysms, and even haemorrhoids [39].

Laboratory and animal studies have found that copper has antioxidant properties and may have some anticancer effects. Some studies have found that high copper levels in the blood were linked with cancer and other diseases. It's been advocated that more extensive human studies are needed to learn what role copper may play in preventing or treating cancer [39].

Copper is a trace mineral that is needed for many important body processes. Animal studies have shown that copper is useful in maintaining antioxidant defenses. Antioxidants block the actions of *free radicals*, which are activated oxygen molecules that can damage cells. While the role of copper in the cancer process is still unclear, copper complexes have been shown to have anticancer properties in laboratory studies [40].

Though a number of metal ions can enhance the antineoplastic activity of disulfiram, including Zn²⁺, it has been discovered that Cu²⁺ was the most active. An observation, which has been confirmed by other researchers, who have shown that Cu²⁺ supplementation of growth media increases the pro-apoptotic [7] and proteasome-inhibitory [10] activities of disulfiram [41-47] and have all documented that compared to surrounding normal tissue, many cancer cells contain highly elevated levels of copper.

4. The Controversies

Researchers have observed that in the presence of copper, disulfiram exhibits cytotoxic effects on a number of cancer cell lines. It is postulated that disulfiram, chemically a bis-*N,N*-diethyldithiocarbamate forms a carbamate complex with Cu²⁺ ions in situ which inhibits the proteasome activity, instigating apoptosis and eventual cell death [10]. However, some studies have found that high copper levels in the blood were linked with cancer and other diseases [39] and yet other researchers state that copper complexes have been shown to have anticancer properties in laboratory studies [40]. Copper is needed for angiogenesis, and because cancer needs new blood vessels in order to grow, some researchers are lowering copper levels to see if it will help slow tumour growth. In effect, the researchers are trying to use low copper levels to starve the tumour of nutrients by keeping it from building new blood vessels (anti-angiogenesis) [40]. Therefore the role of copper in cancer is as at yet not clear.

5. Conclusion

In the presence of Cu²⁺, disulfiram is converted to the two-electron oxidized form of diethyldithiocarbamate, which is the active form in inducing cell death [7]. Most of the literature reviewed, point to the efficacy of disulfiram on cancer cell lines and this is potentiated in the presence of copper ions. Therefore despite the controversies on the

role of copper in cancer which only further research would clarify, the researchers conclude that there is a real probability that disulfiram when co-administered with a copper ion donor may prove to be a significant contribution to the armamentarium of cancer chemotherapy.

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