

Current clinical coding practices and implementation of ICD-10 in Africa: A survey of Nigerian hospitals

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To cite this article:

Ibrahim Taiwo Adeleke, Olawole Olusegun Ajayi, Ahmed Bolakale Jimoh, Abdullateef Adisa Adebisi, Sunday Akingbola Omokanye, Mary Kehinde Jegede. Current Clinical Coding Practices and Implementation of ICD-10 in Africa: A Survey of Nigerian Hospitals. *American Journal of Health Research*. Special Issue: Health Information Technology in Developing Nations: Challenges and Prospects Health Information Technology. Vol. 3, No. 1-1, 2015, pp. 38-46. doi: 10.11648/j.ajhr.s.2015030101.16

Abstract: *Background:* Clinical coding is an integral part of health information management (HIM) practice which provides valuable data for healthcare quality evaluation, health resource allocation, health services research, medical billing, public health programming, Case-Mix/DRG funding. The International Statistical Classification of Diseases and Related Health Problems, Tenth Revision (ICD-10) is a veritable tool for the effectiveness of clinical coding practices. *Objective:* This present study determined implementation levels of ICD-10 as well as ICD-10-PCS and clinical coding practices in both public and for-profit hospitals in Nigeria. *Methods:* We used Chi square (χ^2) and Cramer's V (ϕ_c) to assess the level of association between type of workplace and implementations of ICD-10 and clinical coding practices. Statistical significance was set at .05. *Result:* The study discovered nationwide implementation of ICD-10 (179, 88.2%) and fair adoption of its procedure counterpart (79, 38.9%). Most hospitals in Nigeria especially, for-profit facilities (3, 100%) and tertiary healthcare settings (148, 93.1%) employed HIM professionals (214, 91.5%) to manage their clinical coding processes. Conversely, the study observed that challenges confronting clinical coding processes were enormous. Notable among these were absence of automation (70, 34.5%), lack of political will (51, 48.1%), inadequate clinical coders (153, 74.4%) and suboptimal documentation (186, 91.6%). Suggestions to improve clinical coding practices ranges from continuing professional coding education (33, 10.3%) to initiation of Nigerian's modification of ICD such that ICD-10 will become ICD-10-NGM (1, 0.3%). *Conclusion:* Most healthcare systems in Nigeria have implemented ICD-10 for coding and classification of diagnoses and procedures and the process is being managed by the right workforce (i.e. HIM professionals) which reassures effectiveness. However, lack of political will, inadequate and unmotivated workforce and suboptimal clinical documentation were among challenges confronting the practice in Nigeria. Therefore, this study suggests advocacy and coding education with a view to modifying the orientation of all stakeholders and to sensitize relevant authorities on the benefits of clinical coding practices in order to maximize its outcome and in effect, improve public health in the country.

Keywords: Automated Coding, Clinical Coding, Clinical Documentation, Data Quality, Discharge Summary, Health Information Technology, Health Information Management Professionals, ICD-10

1. Introduction

The study of diseases and the international classification of diseases (ICD) began in the 16th century with the work of John Graunt on the London Bills of Mortality [1]. Its main

purpose was to permit systematic recording, analysis, interpretation and comparison of mortality and morbidity data collected in different countries or areas and at different times. The ICD is traditionally reviewed every ten years and in 1989, the International Conference on the 10th revision

agreed that it would not be feasible to hold revision conferences more frequently than every ten years [2]. In the same way, the ICD-10-Procedure Coding Systems was developed for coding of surgical operations and other procedures [3]. It has multi-axial structure and detail definitions of terminology which permits precise specification of procedures and enhances the ability of clinical coders in determining accurate procedure codes with minimal efforts [3].

Clinical coding and classification processes transform natural language descriptions in clinical text into coded data that can be subsequently used for clinical care, research, and other purposes [4]. The code is measured in detail in order to accurately describe diagnoses (i.e. what is wrong with the patient) and the procedures performed to test or correct these diagnoses. Because medicine is not an exact science, codes were developed to identify all reasons for seeking healthcare [5]. Although, coding was perceived to have potentially jeopardized doctor-patient relationship and was said to be a difficult and often tedious activity, it has been established that it has no equal in health data management and as such, healthcare systems at large [6-8]. Codes also allow insurance providers to map equivalences across different healthcare providers who may use different terminologies or abbreviations in claim forms [9].

A universal veritable tool that facilitates good clinical coding is the discharge summary (or clinical résumé) which is a concise recapitulation of the patient's course in the hospital [10]. Though it was reported [11-13] not to be written always or vital part omitted when written, it provides the information to support clinical documentation review process and clinical coding. While it is true that clinical coders' variability in coding may be related to the inadequacy of their training and experience, physician's documentation can impede accurate interpretation of medical charts by the coders [14]. Good clinical documentation enhances clinical coding as it ensures the availability of reliable information for the production of quality and accurate data for quality patient care [15-16]. Conversely, poor documentation undermines analyses-based chart review, affects clinical coding processes and can reduce the quality of care [17]. Clinical documentations in computer-based records are found to be more complete and appropriate for clinical decisions than those in paper-based records [18]. Likewise, automated coding and classification encompasses a variety of computer-based approaches, that are faster, reduce error rates, and are more efficient and accurate [4, 19-21]. Similarly, improvement in clinical documentation will be necessary to ensure complete automated coding [22].

1.1. Aim of the Study

Clinical coding is an integral part of health information management practice which is essential to quality healthcare services and research. Research outcomes have shown that implementation of ICD-10 did not significantly transform coding practices especially for common conditions [23-24] and that only 52% of inpatients facilities employed clinical

coders [25]. However, other researchers have established that coding competency is extremely important to healthcare and information systems [26] and that disease classifications have globally helped healthcare stakeholders to navigate, understand, and compare healthcare systems and services [24]. This current study from Nigeria sought to establish implementation levels of ICD-10 as well as ICD-10-PCS and clinical coding practices in both public and for-profit hospitals in Nigeria.

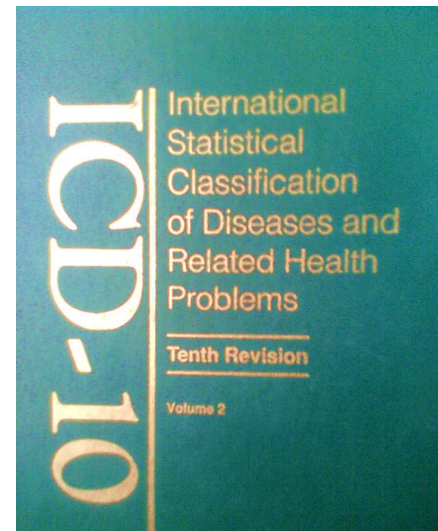


Fig 1. Front cover of ICD-10 Vol II

2. Methods

2.1. Background to the Study Area

This nationwide study on clinical coding was conducted at the 36th and 37th annual national conferences of Health Information Managers' Association of Nigeria (HIMAN) held in Lagos and Cross Rivers States in 2012 and 2013 respectively. It was also conducted at the 1st National continuing education program organized by Health Records Officers' Registration of Nigeria (HRORBN) at Nostalgia Hotels and Resorts, Lokoja in April 2013.

2.2. Study Population

HIM professionals in Nigeria conventionally manage data and information in healthcare systems. All HIM professionals who participated at the three conferences were eligible to participate in the study.

2.3. Study Design

This is a cross-sectional survey of healthcare facilities in Nigeria on the implementations of ICD-10 and clinical coding practices.

2.4. Data Collection Tools

A semi-structured questionnaire on the subject was administered on the conference attendees who so agreed to participate in the study.

2.5. Sampling Techniques and Sampling Size

A convenience sample, randomly selected from the conference attendees was recruited for the study. A total of 320 HIM professionals gave their consent for participation.

2.6. Data Analysis and Management

The Statistical Software (SPSS 16.0 for window) was used to analyze the data. Chi square and Cramer's V were computed for the nominal by nominal variables and *p*-value for statistical significance was set at .05. Simple percentage was also computed for succinct descriptions.

2.7. Ethics

Informed consent was clearly worded on the page before the questionnaire to obtain participants' consent. Permission to administer the instrument was granted by the National President of Health Information Managers' Association of Nigeria (HIMAN) and the Registrar/CEO of Health Records Officers' Registration of Nigeria (HRORBN) at respective gatherings.

3. Results

3.1. Participants' Demography

A total of three hundred and twenty conference attendees participated in this study, 52.0% of whom were female and they mostly (175, 54.7%) worked with tertiary healthcare settings. A greater portion (176, 55%) of these participants partake in clinical coding processes with less than a quarter (78, 24.4%) having benefitted from special coding education program.

3.2. Current Clinical Coding Practices

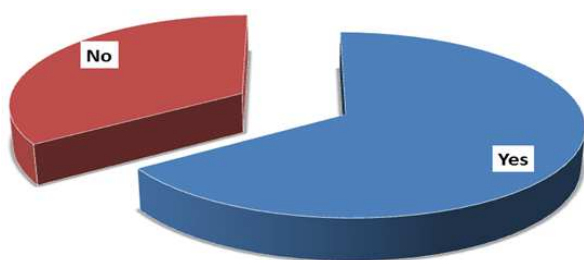


Fig 2. Coding of discharged records in participants' institutions

More than two-third (203, 67.2%) of the participants worked in settings where clinical coding is carried out on discharged patient health records (See Fig 2). A greater portion (166, 81.8%) of settings where clinical coding takes place, codes all discharged health records and mostly (131, 64.5%) code principal diagnosis, secondary and complications. As depicted in Fig 3, such settings were predominantly (174, 85.7%) paper-based systems (i.e. manual clinical coding). Donak Software appears the most (5, 33.3%) adopted in the few places (15, 7.4%) where automated coding is in operation.

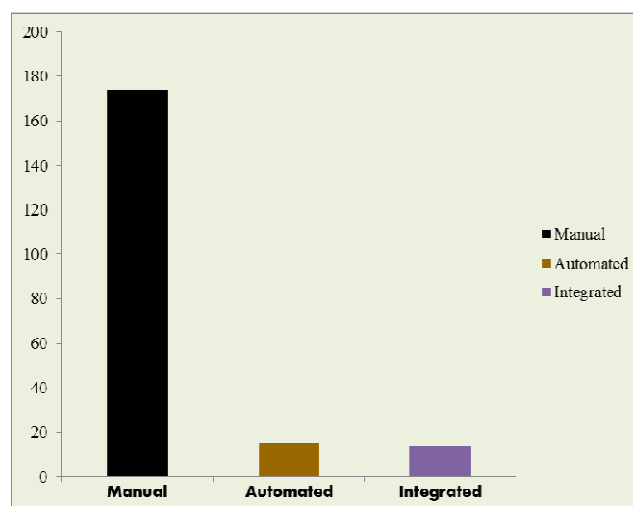


Fig 3. Clinical coding systems

3.3. Reasons for Non-Coding of Discharged Patients' Health Records

Various reasons adduced for not carrying out clinical coding in some Nigerian healthcare facilities as contained in Table 1 include lack of political will (51, 48.1%), expensive code books (20, 18.9%) and insufficient trainers in clinical coding (10, 9.4%).

Table 1. Reasons for non-coding of discharged records

Reasons	Yes	Percentage (%)
N = 106		
Lack of political will	51	48.1
Funding problems	37	34.9
Inadequate number of clinical coders	28	26.4
Expensive code books	20	18.9
Low inpatient admission rates	19	17.9
Not applicable to setting	15	14.2
Lack of awareness	12	11.3
Insufficient trainers in clinical coding	10	9.4
Inexperienced clinical coders	8	7.5
Others	7	6.6

3.4. Classification Code Books for Diagnoses and Procedures

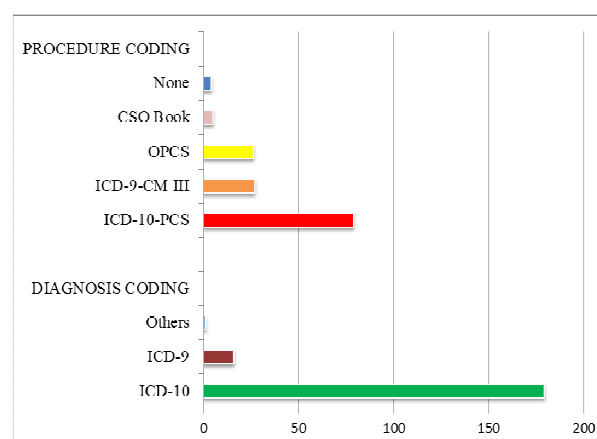


Fig 4. Code books for diagnoses and procedures

Fig 4 demonstrates different classification texts used for classification of diagnoses and procedures. In most healthcare settings in Nigeria, ICD-10 (179, 88.2%) is in use for disease classification and ICD-10-PCS (79, 38.9%) for coding of procedures. It is noteworthy that a few (4, 2.0%) of the settings did not have any code book in place for the classification of procedures.

3.5. Job Titles of Clinical Coders

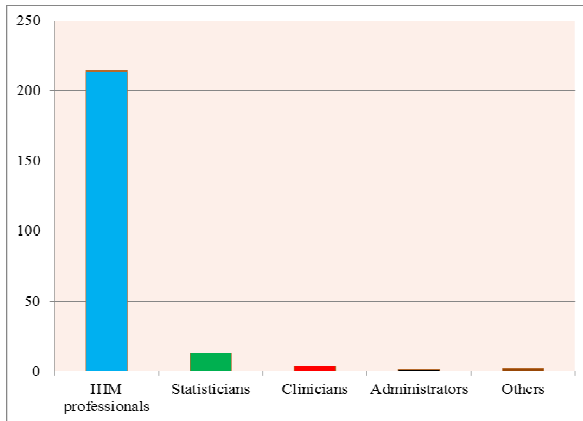


Fig 5. Job titles of clinical coders

Most participants (234, 73.1%) including those from settings where clinical coding is not in operation reported that the majority (214, 91.5%) of clinical coders in Nigeria are HIM professionals (Fig 5). More than two-third (139, 68.5%) of the settings were reported to have between one and three clinical coders, most (153, 74.4%) of whom spent more than four hours on clinical coding per day as they equally attend to other HIM chores. These other duties include data entry (55, 27.1%), general HIM duties (50, 24.6%), documentation (43, 21.2%), quality assurance (27, 13.3%) and data analysis (25, 12.3%).

3.6. Challenges to Clinical Coding Practice

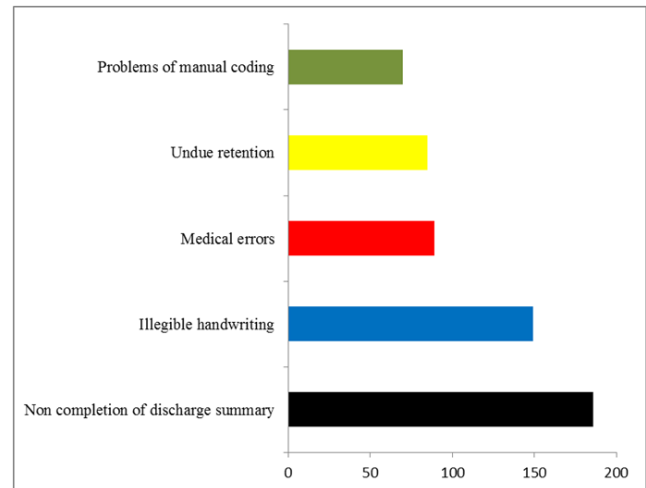


Fig 6. Challenges to clinical coding practice

From Fig 6 above, non-completion of discharge summary appears the most reported (186, 91.6%) challenge to clinical coding while problems of illegible handwriting of clinicians was reported next (148, 72.9%).

3.7. Type of Healthcare Facility and Clinical Coding Practices

Table 2 below shows that type of workplace is associated with clinical coding practices. For instance, private or for-profit healthcare facilities were reported to have good disposition especially towards coding automation (100%) and professionalism (100%) except that they were poor in the area of special coding education (0%). This was followed by tertiary healthcare facilities with considerably high percentages in all coding aspects except in coding automation (8.8%) and inadequacy in clinical coders (13.5%).

Table 2. Clinical coding practices across healthcare facilities

Workplace type	Yes	No	% coding	χ^2	ϕc	df	p -value
<i>Code discharged records</i>							
Tertiary	154	20	88.5	2.028	.563	20	.000
Secondary	34	46	42.5				
Primary	3	24	11.1				
Private hospital	3	1	75.0				
Other healthcare facilities	7	15	31.8				
<i>Automated coding</i>							
Tertiary	12	136	8.8	1.803	.375	40	.000
Secondary	0	36	0				
Primary	0	5	0				
Private hospital	3	0	100				
Other healthcare facilities	0	9	0				
<i>HIM professionals as clinical coders</i>							
Tertiary	148	11	93.1	1.181	.248	60	.000
Secondary	44	4	91.7				
Primary	5	2	71.4				
Private hospital	3	0	100				
Other healthcare facilities	13	2	86.7				
<i>Acquired special coding education</i>							
Tertiary	56	90	38.4	59.885	.250	30	.001
Secondary	12	46	20.7				
Primary	4	8	33.3				

Workplace type	Yes	No	% coding	χ^2	ϕc	df	p -value
Private hospital	0	3	0	1.294	.367	30	.000
Other healthcare facilities	5	6	45.5				
<i>Adequate number of clinical coders</i>							
Tertiary	21	134	13.5				
Secondary	7	39	15.2				
Primary	2	6	25.0				
Private hospital	3	1	75.0				
Other healthcare facilities	2	8	20.0				

Legend:

χ^2 – Chi square

ϕc – Cramer's V

df – degree of freedom

3.8. Recommendations for Improving Clinical Coding Practices

Participants proffered suggestive ways to improve clinical coding practices in Nigeria. Major suggestions include continuing professional coding education (33, 10.3%), enforcing clinical coding at all healthcare establishments (23, 7.6%) and provision of clinical coding facilities (10, 3.1%). It is good to note that a participant (1, 0.3%) opined that Nigeria is due to have country modification of ICD such that ICD-10 will turn ICD-10-NGM.

Table 3. Recommendations for clinical coding improvement

Recommendations	Frequency	Percentage
Continuing professional education on clinical coding	33	10.3
Enforce compulsory clinical coding practice	23	7.6
Provision of coding facilities	10	3.1
Professionalise clinical coding process	5	1.6
Enforce unified automated coding (via EHR)	5	1.6
Conduct specific survey of training institutions	4	1.3
Employment of more HIM professionals	3	0.9
Reorientation of clinicians about discharge summary	2	0.6
Attitudinal change	1	0.3
Communicate research outcomes on clinical coding to participants	1	0.3
Initiate Nigeria modifications of ICD e.g. ICD-10-NG	1	0.3
Create proper awareness on ICD and clinical coding	1	0.3
Good will	1	0.3

4. Discussion

The tenth revision of the international classification of diseases (ICD-10) has been adjudged [27] as having the most remarkable impact on disease classification in over fifty years of practice. Its implementation reflects current medical knowledge, enables code expansion and provides more details about common ailments [28]. ICD-10 also enables a more detailed description of the location on the patient's body such that it is capable of decreasing medical fraud and abuse. For instance, by reducing the ability to repeatedly report the same procedure on the same side of the body [29].

Despite the two decades of its publication and the plans to steer up the 11th revision by 2016 [24], some developed nations especially, the United States of America has not actually implemented the ICD-10 as the country sets to implement it by October 1, 2015 [30]. On the other hand, it is evident from our study that clinical coding practices and especially, implementation of ICD-10 and its procedure counterpart, ICD-10-PCS is no longer a mirage in Nigeria as 88% of healthcare settings in Nigeria practice full diagnoses coding with ICD-10 and 39% carry out procedure coding using ICD-10-PCS. This further supports a study [11] from Nigeria that most (81%) of the discharged patients' folders reviewed in the study were coded. The preponderance of paper-based health records systems [31-32] has multiplying effects on the practice of clinical coding seeing that as low as 7% operate automated coding. This might have informed the low (39%) utilization of ICD-PCS which it is more functional with automation.

Studies have shown that automated coding has improved data processing, greatly increased comparability with other countries [33] and has improved coding productivity and revenue [34]. Automated coding is faster and has the potentials to increase coding consistency and productivity and has improved overall coding accuracy. Good documentation exists in electronic records and is of better quality than those held in paper-based records [35-39]. Just as this present study suggests enforcement of unified automated coding, two studies [40-41] of Nigerian HIM professionals on KAP of clinical coding reveal that the vast majority of the participants agreed that automated coding system is more efficient than manual coding. In other Nigerian healthcare settings where clinical coding practice is not in place and the implementation of ICD-10 has not come to fruition, participants adduced lack of political will as the major (48%) impediment. Other notable reasons were inadequacy in clinical coding workforce (26%) and insufficient trainers in clinical coding (9%). Without political will from relevant authorities in healthcare, adoption of ICD-10 and successful implementation of clinical coding practices like every other health technologies and innovations may not see the light of the day. Rao et al [42] recognized political will as an essential ingredient needed to revitalize vital registration and statistics which must be placed high on the developmental agenda of any country. Basically, participants' workplace was associated with type of their practice of

clinical coding. Private or for-profit healthcare facilities had good disposition (100%) towards coding automation and coding professionalism, but did not give priority to special coding education. Similarly, clinical coding practices at tertiary healthcare facilities were considerably efficient except that automation (8.8%) and adequacy of clinical coders (13.5%) were lacking. These findings agree with the report by Cunningham et al [43] where coding specificity of a hospital stood it out in the comity of healthcare industry.

Challenges to clinical coding practices in Nigeria are enormous ranging from problems of manual coding (35%), undue retention (42%), medical errors (44%), illegible handwriting (73%) and non-completion of discharge summary (92%). The two major challenges border on clinical documentation and health data quality as it affects clinical coding. The quality of health records and clinical documentation directly affects the quality of clinical coding [43]. Cunningham et al [43] also reported insufficient information for specific code assignment. Similarly, documentation issues have been of primary concern for coding quality [44] and it has been suboptimal in developing nations such as Nigeria [11] where discharge summary is reported to be grossly underutilized. Bad clinical documentation makes information inaccessible [45] and causes coding errors [46]. In effects, clinical coding errors portend inefficient operation and it inhibits financial management of hospitals and most times, potentially lead to inaccurate hospital morbidity statistics and mortality data [47]. Since ICD-10 requires a level of specificity lacking in previous revisions, authorities concerned have been charged [48] to ensure physicians as well as other contributors to patients' health records, have the right tools at hand in order to document effectively.

The World Health Organization classified clinical coding as a major and exclusive responsibility of HIM professionals and specified that as clinical coders; they require knowledge of medical terminology, legal aspects of health information, health data standards, and computer- and/or paper-based data management [49]. Our study shows that nearly all (92%) clinical coders in Nigeria are HIM professionals with less than a quarter (24%) of them specially trained in clinical coding. More than two-third (69%) of the settings (mostly tertiary - 55%) have one to three clinical coders in their employment. The majority (74%) of these coders spent more than four hours on clinical coding duties as they had to attend to other duties of managing health information such as data entry (27%), documentation (21%) and quality assurance (13%). Our findings coincide with other studies that clinical coders do engage in other duties [43]. Even, managers of clinical coding units recommended that engaging in a variety of role behaviours will improve clinical coding practice [47]. As it is obtainable in developed nations [43], the Nigerian healthcare systems need special education in clinical coding as advanced by researchers [47-48] in order to have a thorough understanding of ICD-10 and the fact that ICD-10 would require more time for clinical coding processes [50]. Participants in this study suggested ways to improve clinical

coding practices in Nigeria. These include continuing professional coding education (10%), enforcing the implementation of clinical coding in all healthcare establishments (8%), provision of clinical coding facilities (3%) and an individual participant suggested a Nigerian modification of ICD such that the country may have ICD-10-NGM.

4.1. Study Limitations

Clinical coding practices in the country look wholesome and encouraging according to this study. However, the study lacks the impetus to apportion credit to the practice in Nigeria as the study has not been designed to determine the quality of the practice in terms of accuracy, its outcome in terms of data integrity and its benefits in terms of utilization for reimbursement, research, planning and international and local reporting. Therefore, future studies from the country should focus on coding accuracy, reliability and meaningful use.

5. Conclusion

Most healthcare facilities in Nigeria have implemented ICD-10 in the classification of diseases and a good number of them have adopted the ICD-10-PCS for coding and classification of procedures. For-profit organizations (private hospitals) and tertiary healthcare facilities hold the drive for good clinical coding practices and are better equipped for such practices. Furthermore, the right workforce (i.e. HIM professionals) manage clinical coding processes in the Nigerian healthcare systems, which holds promises that the process is effective and reliable for morbidity statistics and mortality data for local and international consumption. Nonetheless, clinical coding practice is being constrained by unwholesome political will, inadequate and unmotivated workforce and suboptimal clinical documentation due to preponderance of paper-based health records system. The attendant challenges may pose threats to the practice of clinical coding in Nigeria therefore; efforts should be geared towards appreciation of the practice and maximization of its outcome with a view to improving public health.

Recommendations

- i There should be continuing professional coding education especially for HIM professionals who participate in clinical coding. This action is the reserve of the regulatory body for HIM profession in Nigeria (HRORBN) and respective heads of healthcare institutions.
- ii There is the need to strengthen clinical coding units in Nigerian hospitals by appropriate postings of HIM professionals both in quantity and quality. This is the reserve of respective heads of health information departments.
- iii Provision of adequate coding tools and automation of clinical coding process is of paramount importance.

- iv All healthcare providers (especially, doctors and nurses who are the major contributors to patients' health records) in Nigeria require continuing professional education and reorientation on clinical documentation practices in order to ensure good data quality.

Acknowledgement

The authors honour Mr. Danjuma Aliyu of Ahmadu Bello University Teaching Hospital, Zaria Nigeria for his comments on the final manuscript. We also thank the three hundred and twenty HIM professionals who participated in the study.

Appendix I

Table 4. Workplace distribution by geographical areas

Workplace type	N = 320	NW	SW	NC	SS	NE	SE	NR
Tertiary	175	15	35	20	25	16	15	49
Secondary	81	3	22	12	14	3	3	24
Primary	28	1	11	1	3	0	0	12
Training institution	13	3	1	1	3	9	1	4
University/ polytechnic clinics	6	0	0	1	1	1	0	3
Private hospital	5	1	3	0	0	0	0	1
State hospital management board	3	0	0	1	0	0	1	1
Military hospital	2	0	1	0	0	0	0	1
Planning commission	1	0	0	0	0	0	1	0
Others	3	0	1	0	0	0	0	2
Not indicated	3	0	0	0	0	0	0	3
NW - North-west		NE - North-east						
SW - South-west		SE - South-east						
NC - North-central		NR - No response						
SS - South-south								

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