

Digital Profile of *Klebsiella Pneumoniae* Strains Producing Extended Spectrum β -Lactamase Isolated in Hospitals in the Littoral Region of Cameroon

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Abstract: Miniaturized galleries are essential for a good identification of bacteria. The aim of this study was to identify multi-resistant *Klebsiella pneumoniae* strains in the referral health structures of Cameroon littoral region and establish a digital profile. A cross-sectional and descriptive study was conducted during 2016 and early 2017, intermediate susceptibility isolates or resistant to cephalosporins third generation (C3G) were collected in the laboratories of referral hospitals of the Littoral (General Hospital, Laquintinie, Military, Gyneco-obstetrics and pediatrics of Douala and Saint John of Malta of Njombé) and in Diagmed laboratory. The confirmation of the strains was made by the gallery API 20E™ (BioMérieux). In this study, a total of 412 strains of *Klebsiella* (species) were isolated. We obtained 125 strains of *Klebsiella* intermediate or resistant to (C3G) and 122 were confirmed to be *Klebsiella pneumoniae*. The sex ratio (F / M) was 1.26. *Klebsiella pneumoniae* pneumonia was the species mostly identified at 82.4% and the two digital profiles mainly found were 5215773 and 1215773 with respective frequencies of 52.8% and 18.4%. The biochemical profile: LDC (+), CIT (+), URE (+), IND (-), VP (+), GLU (+), MAN (+), INO (+), SOR (+), RHA (+), SAC (+), MEL (+), ARA (+) was found in all services. There is a high frequency of *Klebsiella pneumoniae* pneumonia with several different digital profiles, so it is still essential to make a good identification to facilitate the epidemiological data.

Keywords: Gallery, Identification, *Klebsiella Pneumoniae*, Digital Profile

1. Introduction

Enterobacteriaceae, like the *Klebsiella*, occupy an important place in infectious diseases. They are highly prevalent in urinary tract infections (UTI), suppurations and septicemia [1]. The study of the resistance mechanisms of bacteria to antibiotics has made it possible to detect one of the most frequent mechanisms that constitutes enzymatic resistance; Extended spectrum β -lactamases (ESBL) are a group of enzymes that share the common property of

conferring resistance to penicillins, 1st, 2nd and 3rd generation cephalosporins, to aztreonam (but not to cephamycins and carbapenems).) by hydrolysis of these antibiotics, which are inhibited by inhibitors of β -lactamases such as clavulanic acid [2]. These Extended-spectrum β -lactamases (ESBL) are unique in third-generation cephalosporins [3] and this is because of their genetic determinism. ESBL-producing bacteria are often resistant to several other antibiotics [4].

Commonly, they are two species of the genus *Klebsiella*: *Klebsiella oxytoca* and *Klebsiella pneumoniae* with three

subspecies: *Klebsiellapneumoniaepneumoniae*, *Klebsiellapneumoniaeozanae* and *Klebsiellapneumoniaerhinoscleromatis*.

Klebsiellapneumoniae is a bacterial species responsible for nosocomial infections where the digestive tract of hospitalized patients and staff hands are the two main sources of transmission [5]. The identification of bacterial strains is made on the basis of their morphological, cultural and biochemical characters, presumably, an acceptable identification of the family or genus of the strain studied is made. The use of miniaturized galleries is essential for confirmation, including API20 E™ from BioMérieux (Optical Profile Index) which is a standardized system for the identification of enterobacteriaceae and other non-fastidious gram-negative bacilli, including 21 miniaturized biochemical tests, as well as a database. The following will give as result a digital profile for a good identification. The aim of this work was to isolate and identify the multi-resistant *Klebsiellapneumoniae* strains producing Extended-spectrum β-Lactamases (ESBL) in the health referral structures of the coastal region of Cameroon.

2. Materials and Methods

2.1. Stud Design

This was both cross-sectional and descriptive study carried out in several health structures in the Littoral region, namely:

The laboratories of the referral hospitals of Douala (General Hospital, Laquintinie Hospital, Military Hospital, Gyneco-Obstetric and Pediatric Hospital), the Saint John Hospital of Malta of Njombé and the Diagmed Laboratory were used for strains collection.

The central laboratory of the Hospital laquintinie was used for microbiological analyzes. It was conducted over a 14-month period, from January 2016 to February 2017.

Transport media (Mueller Hinton sloped in glass and screw tubes) were previously delivered to the Sanitary Structures Laboratory and stored in a refrigerator at 4°C.

Strains of *Klebsiellasp* or *Klebsiellapneumoniae* isolated

and identified in the laboratory as intermediate or resistant to a third generation cephalosporin (C3G) were inoculated by the laboratory technician within 2 hours by streaking in screw glass tube and incubated at 37°C for 24h. Then followed the collection.

2.2. Sample Transport

The labeled samples (code, date, time of collection) and the closure of the well-controlled screw cap were kept in a NOVALAB™ biosafety plastic package (in accordance with ISO 15189) and placed in a cooler with a cold accumulator. They were sent to the central laboratory of the laquintiniehospital within 2 hours.

2.3. Methods

After the arrival of the strains at the Laquintinie hospital laboratory, the patients' data were recorded on the data sheet in a registry followed by the confirmation of the identification of strains by the API 20E™ gallery and the BioMérieux analytical catalog.

2.4. Statistical Analysis

The data was analyzed using SPSS version 16 for Windows (SPSS, Inc., Chicago, IL, USA). Goodness-of-fit test to compare proportions (mixed uni statistic) while Pearson-McNemar chi-square tests were used for bi-varied statistics. The threshold of significance was set at a probability value of less than 5%.

3. Results

The number of *Klebsiellasp* strains isolated in the hospitals laboratories during the study period was 412 and 287 were C3G-sensitive. We obtained a total of 125 *Klebsielle* intermediate or C3G-resistant strains and 122 strains were identified. And confirmed to be *Klebsiellapneumoniae* with 106 that produced ESBL (a rate of 86.9%).

Table 1. Frequency of identified and confirmed *Klebsiellas* strain species.

<i>Klebsiellas</i> species	Effective	Frequency (%)
<i>K. oxytoca</i>	3	2, 4
<i>K. pneumoniae pneumoniae</i>	103	82, 4
<i>K. pneumoniae ozaenae</i>	15	12, 0
<i>K. pneumoniae rhinoscleromatis</i>	4	3, 2
Total	125	100

P < 0, 05; df = 3; Chi-square = 31, 07 (chi-squares of homogeneity): significant df: degree of freedom.

Klebsiella pneumoniaepneumoniae was the subspecies that was predominantly identified with a frequency of 82.4%, followed by *Klebsiella pneumoniaeozanae* 12.0% and *Klebsiella pneumonia rhinoscleromatis* 3.2%.

Table 2. Digital profile of identified *Klebsiellas* species.

Digital profile	Species	N	%
5215773	<i>K. pneumoniaepneumoniae</i>	66	52, 8
1215773	<i>K. pneumoniaepneumoniae</i>	23	18, 4
5205773	<i>K. pneumoniaepneumoniae</i>	8	6, 4
1214673	<i>K. pneumoniaepneumoniae</i>	4	3, 2

Species	Profile							P-value
	CHI	EXT	GYN	MED	NEO	PED	REA	
	RHA (-)	RHA (-)	RHA (+)	RHA (-)	RHA (-)	RHA (-)	RHA (-)	0, 22
	SAC (-)	SAC (+)	SAC (+)	SAC (-)	SAC (+)	SAC (-)	SAC (-)	1
	MEL (-)	MEL (+)	MEL (+)	MEL (-)	MEL (+)	MEL (-)	MEL (-)	1
	ARA (-)	ARA (+)	ARA (+)	ARA (-)	ARA (+)	ARA (-)	ARA (-)	1

CHI: Surgery, EXT: External, GYN: Gynecology; MED: Medicine; NEO: Neonatology; PED: Pediatric; REA: Intensive care unit.

LDC: lysine De Carboxylase, CIT: Citrate, URE: Urea, IND: Indol, VP: Voges Prauskauer, GLU: Glucose, MAN: Mannitol, INO: Inositol, SOR: Sorbitol, RHA: Rhamnose, SAC: Saccharose, MEL: Mélrose, ARA: Arabinose.

We observed the same biochemical profile of *Klebsiellapneumoniaepneumoniae* LDC (+), CIT (+), URE (+), IND (-), VP (+), GLU (+), MAN (+), INO (+), SOR (+), RHA (+), SAC (+), MEL (+), ARA (+) which was present in all services.

4. Discussion

4.1. ESBL Production

ESBL production in our study was 86.9%, comparable to Feizabadi in Iran in the order of 72.1% for *K. pneumoniae* [11], Dadeic-Ljubovic in Bosnia and Herzegovina with 88, 8% in enterobacteria [12]. In the same order as Elhani reports in Tunisia; the production of ESBL by *K. pneumoniae* varies and can reach 87.5% in pediatric intensive care units [13], a study conducted in Yaoundé (Cameroon) gave a rate of 66.3% [14] Hailaji reports that 20.4% of ESBL are produced by *Klebsiella* species in Nouakchott, Mauritania [15] and its production in Sudan was 44.4% [16]. Thus, ESBL prevalence rates vary widely according to geographical location and bacterial species and there is a causal link between the increased use of third-generation cephalosporins and the emergence of ESBLs.

4.2. Frequency of Identified and Confirmed *Klebsiella* Species Producing ESBL

4.2.1. *Klebsiella* Species

The ESBL-producing strains of *Klebsiella pneumoniaepneumoniae* and *Klebsiella pneumoniaeozanae* were isolated at frequencies of 82.4% and 12.0%, respectively, similar to the 90% and 10% found by Chafa-betbeui in Yaoundé in 2015. The frequency of *Klebsiella pneumoniaerhinoscleromatis* isolated is 3.2%, this difference from the result of Chafa-betbeui where none of this isolated subspecies were producing ESBL [6]

4.2.2. Digital Profile of Identified *Klebsiella* Species

5215773 is the digital profile mostly found with a frequency of 52.8%; close to 60% found in Annaba in Algeria by ZinebBelbel in 2014 [7]. Sekhri-Arafa found in a study in Constantine in Algeria in 2011 a higher frequency of about 78.23% [8]. This is how we can say that profile 5215773 is the most predominant in the species *Klebsiellapneumoniae*. This is the profile par excellence of *Klebsiellapneumoniae*.

Sekhri-arafa and ZinebBelbel found respectively the lowest frequencies of 2, 94% and 3% corresponding to the profile 5205573 (urea-, inositol-) which was not obtained in our study in Cameroon. This profile was found in France by Decré of the order of 7% [9].

We obtained the profile 5205773 (urea -, Inositol +) at

6.4%, similar to the frequency of 7, 64% obtained by Sekhri-arafa [8] and contrary to the high frequency of 61.5% obtained by Decré in France [9]. Sekhri-Arafa and ZinebBelbel had respectively obtained in Constantine and Annaba in Algeria during their studies, 5 different digital profiles [7, 8] contrary to our study in the Cameroon littoral region where there were 10 distinct digital profiles. This can be explained by the fact that their studies were conducted only in one hospital while we did ours in an entire region and in six health facilities. In addition the littoral region is a cosmopolitan zone. Nevertheless, we mainly met 4 profiles (5215773, 1215773, 5204543, and 5205773) with respective frequencies of 52.8%, 18.4%, 7.2% and 6.4%.

The profile 5215773 has been found in all the hospitals services in the littoral region, the same is true for the study of Sekhri-arafa in Constantine where this profile remains predominant in services [8].

The digital profiles: 5204543, 1204541 and 1204741 corresponding to *Klebsiellapneumoniaeozanae* were obtained at the total frequency of 12.0% and (1000321.1000521) corresponding to *Klebsiellapneumoniaerhinoscleromatis* at 3.2%; None of his different profiles were found at the University Hospital of Constantine, nor that of Annaba in Algeria.

4.3. Biochemical Profile

The biochemical profile par excellence of *Klebsiellapneumoniae* is: ONPG (+), ADH (-), LDC (+), ODC (-), CIT (+), H₂S (-), UREA (+), TDA (-), IND (-), VP (+), GEL (-), GLU (+), MAN (+), INO (+), SOR (+), RHA (+), SAC (+), MEL (+), AMY (+), ARA (+), it is the same for the studies made in Annaba and Constantine in Algeria respectively by ZinebBelbel in 2014 [7] and Sekhri-arafa [8]. The rare biochemical profile of *Klebsiellapneumoniae* with (Urea -, Inositol-) corresponding to 5205573 was not observed in our study, but was found in Constantine. The less frequent profile of *Klebsiellapneumoniae* with (Urea -, Inositol +) corresponding to 5205773 was observed with a frequency of 6.4% as much as Sekhri-Arafa which obtained it at 7.64%.

We found the same biochemical profile: LDC (+), CIT (+), URE (+), IND (-), VP (+), GLU (+), MAN (+), INO (+), SOR (+), RHA (+), SAC (+), MEL (+), ARA (+) found in all the services for the case of *Klebsiellapneumoniaepneumoniae*. This may also be explained by the fact that the staff hands are also a main

source of propagation of nosocomial infections [5] which is contrary to Okalla-Ebongue who found 2/3 of the same profile of *Klebsiellapneumoniae* in all services [10].

5. Conclusion

Klebsiella pneumoniae pneumoniae is the subspecies mainly isolated; the study shows a high frequency of *Klebsiella pneumoniae pneumoniae* with different digital profiles. Due to this, it is still essential to make a good bacterial identification to facilitate epidemiological data to better identify the multi-resistant strains circulating in hospitals and monitor their dissemination. The digital profile (5215773) is mainly found in our study on *Klebsiella pneumoniae*.

Contributions of the Authors

JT, COE, DA participated in the design, analysis and interpretation of the data. CY to data analysis and interpretation, JT to data collection and manuscript design. All authors contributed to the review and approved the final version.

Conflicts of Interest

All the authors do not have any possible conflicts of interest.

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