

Research Article

Shielding Africa, Protecting the World: Unleashing the Power of Preventative Use of Ebola Vaccines

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Abstract

Africa CDC recently conducted a comprehensive risk ranking assessment of epidemic-prone diseases across the continent, identifying Ebola as one of the top 19 infectious diseases with the highest scores in disease severity risk and epidemic potential. The Ebolaviruses first described in the Democratic Republic of the Congo (DRC) in 1976 have left a harrowing trail across sub-Saharan Africa, triggering no less than 34 Ebola outbreaks in 11 sub-Saharan Africa countries, a statistic further compounded by the recent outbreak in Uganda in 2022. At present, the World Health Organization (WHO) has approved two Ebola vaccines, including Ervebo and two-component Zabdeno and Mvabea boost vaccines, for use by individuals above the age of 1 year, including pregnant women as per the Strategic Advisory Group of Experts on Immunization (SAGE) recommendations. The use of these vaccines has demonstrated noteworthy efficacy in safeguarding against Ebola in most African communities and frontline health workers in Ebola-endemic countries such as Sierra Leone, Guinea, and Liberia, among others. Unfortunately, the uptake of these vaccines in Ebola-endemic countries remains dishearteningly constrained despite their availability due to, among other things, the unpredictable timing of outbreaks, sub-optimal surveillance, vaccine demand volatility, palpable vaccine hesitancy, and fragile health infrastructure. Addressing these challenges requires a multifaceted approach that includes a synergy of partnerships between governments, communities, development partners, and private sector partners, such as pharmaceuticals. Recognizing that outbreaks originate and seize at the community level, the imperative of confronting hesitancy through sustained proactive community engagement and utilizing promising vaccination strategies such as ring vaccination must be encouraged. Governments must increase investments to strengthen the regulatory environment for timely access to vaccine stockpiles, robust and cost-effective Ebola vaccination programs for at-risk populations, and preventative use for the health workforce. The International Coordinating Group (ICG) on Vaccine Provision also recommends that national and international health authorities initiate vaccine access by submitting a request to the ICG. This opportunity is at no cost for GAVI-eligible countries and on a reimbursement basis for non-eligible countries. In parallel, Africa CDC is also working closely with Member States on the continent to increase availability and access to medical countermeasures, which include therapeutics, vaccines, and diagnostics, making it critical that Africa CDC is included in the ICG. This will promote timely issue profiling and resolution for increased demand for vaccine stockpiles across the continent where they are needed most as the continent moves towards enhanced health security.

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Keywords

Ebola, Vaccines, Sub-Saharan Africa, ICG, SAGE, Africa CDC, Health Security

1. Introduction

This paper offers a comprehensive update on Ebola endemicity on the African continent, shedding light on the remarkable progress made in the production of vaccines and the potential benefits of the widespread use of vaccines in proactively preventing Ebola outbreaks in Africa. The paper also highlights the critical success factors necessary to improe the uptake of vaccines on the continent. Guidance has also been provided on how countries can access the vaccine stockpile to enhance the preventative use of the Ebola vaccine. Knowledge and insights from this paper have the potential to lay the groundwork for policy development, catalyze collaboration and partnerships essential for the broader adoption and use of Ebola prevention vaccination strategies to shield Africa against the devastating impacts of Ebola, mitigate the impact of outbreaks, and pave the way for economic and social development in Africa [1].

2. Ebola Remains a High-Priority Infectious Disease on the African Continent

The Ebolaviruses first described in the Democratic Republic of the Congo (DRC) in 1976 have left a harrowing trail across sub-Saharan Africa. They have triggered no less than 34 Ebola outbreaks in 11 sub-Saharan Africa countries, culminating in a total of 34 356 cases and 14 823 deaths as of 2019, a statistic further compounded by the recent outbreak in Uganda in 2022. The recurrent emergence of sporadic Ebola Viral Disease (EVD) outbreaks continues to pose a dark shadow on public health in Africa, causing loss of life, economic disruption, straining the healthcare system and families, and warranting strategies for preventing future epidemics [3, 4]. Exposures to the Ebola virus are manifold and can be traced to the heightened struggle for livelihoods resulting in increased human-wildlife/forest interaction and exposure, encroachments into forests for infrastructure developments, burgeoning urban populations, including the historical inadequacy of preparedness and response measures stemming from poor public health infrastructure, and the delayed and sometimes fragmented response by both governments and development partners. [2, 5, 6]. Africa Center for Disease Control (CDC) has also recently concluded a prioritization/risk ranking of epidemic-prone diseases on the continent to inform planning and resource allocation to manage prevention/mitigation and response actions to health emergencies. Ebola, Cholera, and COVID-19 were observed to be among the top 19 infectious diseases with the highest scores for disease severity risk and epidemic potential.

3. Promising Strategies for Ebola Prevention and Control

therefore, evident imperative that well-orchestrated actions are needed for better coordination in developing and deploying Ebola vaccines as a pivotal tool in averting future outbreaks. Previous Ebola outbreaks, for instance, in West Africa, Sudan, DRC, and Sierra Leone, have glaringly illuminated the pressing need for accelerated vaccine development and utilization in combating the Ebola virus [7-9]. At present, the World Health Organization (WHO) has approved two Ebola vaccines, including Ervebo and two-component Zabdeno and Mvabea boost vaccines, for use by individuals above the age of 1 year, including pregnant women as per the recommendations of the Strategic Advisory Group of Experts on Immunization (SAGE). SAGE working group plays a technical advisory role to the WHO in many areas, including Ebola. Their recommendation delineates the utilization of the Ervebo vaccine for Ebola outbreak response caused by the Zaire strain, while the multivalent Zabdeno and Mvabea boost vaccine is recommended for other Ebola strains or preventive vaccination opportunities [10–12]. The use of these vaccines has demonstrated noteworthy efficacy in safeguarding against Ebola in most African communities and frontline health workers in Ebola-endemic countries such as Sierra Leone, Guinea, and Liberia, among others [13, 14].

Integrating Ebola vaccination into the existing healthcare system through comprehensive vaccination campaigns that target high-risk populations in Ebola-prone regions is critical in bolstering the prevention of outbreaks, response capabilities, and long-term vaccine stockpile management. In the 2018–2020 Ebola outbreak in the DRC, a remarkable feat was achieved, vaccinating over 300,000 people, including health care and frontline workers, against Ebola following the astute application of the "ring vaccination" strategy [15]. The strategy was proven to be 97.5% effective in reducing death among those infected with Ebola. The strategy ensures that people at risk, including contacts and contacts of contacts, healthcare, and frontline workers in the affected and neighboring areas of the outbreak, are vaccinated, promoting the

prudent use of Ebola vaccines [16]. In addition to ring vaccination, other vaccination strategies have included temporary 'pop-up' sites, which have been a beacon of hope in ensuring discrete, anonymous vaccination for those who may face stigmatization in conflict areas [17–20]. Targeted geographic vaccination has also been employed in places like the DRC, where entire communities in a specific geographic area or village at high risk of Ebola outbreaks are vaccinated, bypassing the need to identify contacts. [12]. The approach successfully halted the spread of the outbreaks in DRC, extending the Ebola vaccine coverage to a staggering 90 percent of the population [20].

That said, the uptake of Ebola vaccines in Ebola-endemic countries remains dishearteningly constrained despite their availability. This is in part attributed to the unpredictable timing of outbreaks, their size, and evolving epidemiology, sub-optimal surveillance, which complicates prediction and preparedness, demand volatility where Ebola endemic countries fail to prioritize vaccination programs for the preventative use of Ebola vaccines, and in-country operational constraints that hamper macro and micro planning during outbreaks. Additionally, palpable vaccine hesitancy has been reported amongst communities targeted in the vaccination programs. The hesitancy is more often pronounced in poor segments of society and finds its roots in an intricate web of fear, stigma, traditional cultural practices, and misconceptions about the vaccine in most affected communities [14, 21, 22]. Adding to the complexity, the region has reported fragile health infrastructure and a suboptimal demand for health services [23]. Further, limited government funding for the prevention and containment of Ebola in the continent casts a shadow over service delivery, inadvertently contributing to vaccine hesitancy partly due to inadequate supplies and the reuse of equipment likely to increase the risk faced by medical personnel [23]. The historical backdrop of government mistrust, limited intergovernmental cooperation, and the substantial influence of big pharmaceutical companies impact Ebola vaccine utilization and distribution [8, 17]. Unfortunately, the looming specter of Ebola resurgence underscores the urgency of addressing these obstacles and seizes the pivotal opportunity to chart a course towards incremental deployment of the vaccine among at-risk populations to safeguard Africa's health and well-being.

4. Call to Action for Governments to Promote the Preventative Use of Vaccines in Ebola-endemic Countries

Addressing these challenges requires a multifaceted approach. To guarantee timely vaccine access and utilization among at-risk populations, the stockpiling of Ebola vaccines is imperative, offering a shield against human suffering, response costs, and economic setbacks. The International Coordinating Group on Vaccine Provision (ICG) established in

1997, plays a pivotal role in managing and coordinating emergency vaccine supplies and antibiotics/antivirals to any country during outbreaks. In a significant development, ICG announced the establishment of a global Ebola vaccine stockpile in January of 2021, fortifying our readiness to combat and ensure outbreak response. National and international health authorities can initiate vaccine access by submitting a request to the ICG, with a decision made within 48-hours. As of 2023, the Global Alliance for Vaccines and Immunization (GAVI)-eligible countries can request and receive Ebola Vaccines from the stockpile at no cost and even receive some financial support for implementation, subject to the current ICG application mechanism and meeting key requirements. Therefore, governments seeking to implement preventive Ebola vaccinations must explore this avenue. Non-eligible countries can still access vaccines for emergencies and prevention but would be required to reimburse the stockpile. In parallel, Africa CDC is also working closely with Member States on the continent to increase availability and access to medical countermeasures, which include therapeutics, vaccines, and diagnostics. The efforts extend to accelerating research and innovations, enhancing healthcare worker protection, and strengthening surveillance and early warning systems. Africa CDC's instrumental role in the latest Ebola outbreak in Uganda underscores its commitment to enhance Ebola preparedness in the region. During the outbreak, Africa CDC supported coordination, Emergency Operations Center (EOC) operations, facilitating cross-border collaboration with neighboring countries, training of health workforce and village health teams on Infection Prevention and Control, Community and Events Based Surveillance and mortality surveillance, logistics, including post-recovery efforts such as bolstering laboratory and diagnostic capacity through training and supply of essential testing reagents and genomic sequencing, coupled with rigorous research endeavors.

Despite the abundant opportunities to access the vaccine stockpiles, there remains a stark underutilization of the stockpile for preventive vaccination at the country level. There's, therefore, a resounding call to governments to allocate adequate funding for infrastructural upgrades to facilitate critical delivery of healthcare services, with a particular focus on Ebola vaccination programs [25-28]. This will not only alleviate the strain on overwhelmed healthcare facilities but also ensure adequate staffing levels and preventive vaccination of frontline healthcare workers - a paramount step in averting disease outbreaks and diminishing the risks faced by the healthcare sector. Governments should also prioritize strengthening their respective National Regulatory Authorities to improve timely access to the vaccine stockpiles. Proactive surveillance and monitoring of events that could precipitate Ebola outbreaks in at-risk populations are paramount, serving as a frontline defense against the reemergence of Ebola [7]. Africa CDC is working closely with countries to establish robust early warning, alert, and response systems for detecting diseases and public health events on the continent.

This endeavor encompasses establishing guidelines and implementing an Event-based surveillance system and Event Management System, including capacity building for detecting and reporting suspected cases.

A fundamental element of scaling the preventative use of the Ebola vaccine includes confronting hesitancy to improve vaccine confidence. This involves the sustained proactive community engagement to dispel vaccine-related misinformation and misconceptions, bolster vaccine acceptance as well and strengthen existing community networks involving community leaders and local organizations. Amref Health Africa was among the key stakeholders involved in Risk Communication and Community Engagement efforts in the recent Ebola outbreak in Uganda. Initiating vaccine use in communities hinges on trust, fostering open communication, and profound respect for cultural and social values [24]. In an outbreak situation, policies mandating mandatory vaccination should be implemented to ensure widespread vaccine use. These policies should advocate for the use of Ebola vaccines. They should be operationalized through community-driven initiatives and training for key community members and gatekeepers to provide them with the accurate knowledge and skills needed to promote vaccine acceptance. These policies could lay out approaches for community surveillance, tracing undetected suspected cases and survivors' contacts [29].

Additionally, the policies could be aligned with bylaws to discourage stigmatization of victims and survivors, fostering a climate of compassion and support within communities. Further, the need for external support could be stipulated to support community ownership of vaccine use through community initiatives to support local actions and the need for support groups in the community. Together, these measures pave the way for comprehensive community engagement, acceptance, and the effective promotion of preventative Ebola vaccine use.

5. Conclusion

With Ebola ranking amongst the top infectious diseases on the African continent, it is evident that imperative and well-orchestrated actions are needed for the successful development and deployment of Ebola vaccines as a pivotal tool in averting future outbreaks. A profound synergy of public-private partnerships is indispensable in uniting governments, development partners, private sector partners such as pharmaceuticals, and communities to maximize acceptance and equitable access to Ebola vaccines. An essential step in this direction is the inclusion of Africa CDC into the ICG to promote timely issue profiling and resolution for increased demand for vaccine stockpiles across the continent where they are most needed. Governments must also increase investments to strengthen the regulatory environment to encourage timely access to vaccine stockpiles for preventative use in their respective countries. Investments must include strengthening local capacities for robust Ebola vaccination programs that promote cost-effective preventative utilization of the vaccines for at-risk populations through strategies such as ring vaccination and preventative use for the health workforce - a paramount step in averting disease outbreaks and diminishing the risks faced by the healthcare sector. Recognizing that outbreaks originate and seize at the community level, the imperative of confronting hesitancy to improve vaccine confidence is paramount. This will involve sustained proactive community engagement to dispel vaccine-related misinformation and misconceptions, bolster vaccine acceptance as well and strengthen existing community networks involving community leaders and local organizations. Policy development, collaboration, and partnerships essential for the broader adoption and use of Ebola prevention vaccination strategies to shield Africa against the devastating impacts of Ebola, mitigate the impact of outbreaks and pave the way for economic and social development in Africa will be necessary as the continent moves towards enhanced health security.

Abbreviations

Africa CDC: Africa Centers for Disease Control

BMI: Body Mass Index COVID: Coronavirus Disease

DRC: Demographic Republic of Congo EOC: Emergency Operations Center

EVD: Ebola Viral Disease

GAVI: Global Alliance for Vaccines and Immunization

ICG: International Coordinating Group SAGE: Strategic Advisory Group of Experts

WHO: World Health Organization

Conflicts of Interest

The authors declare no conflicts of interest.

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