

Review Article

Antimicrobial Resistance and Innovation in the Development of Antimicrobial Reagents

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Abstract

The effectiveness of our antibiotics and other antimicrobial treatments is at risk due to the global public health concern known as antimicrobial resistance. The emergence of resistant diseases presents a serious problem for society as well as for medical professionals. This article delves into the complex problem of antimicrobial resistance (AMR), examining its causes, effects, and possible remedies. The creation and application of efficient reagents, which are essential for research, diagnosis, and the creation of innovative treatments, is a critical component in the fight against antimicrobial resistance (AMR). The significance of these agents and how they can help lessen the impending problem of antimicrobial resistance is reviewed. An increasing worldwide health concern, antimicrobial resistance poses a danger to the efficacy of many of our most powerful medications. It is critical to create new antimicrobial reagents to counter this impending threat. But there are many obstacles in the way of developing effective antimicrobial reagents. In order to present a thorough overview of the current state of AMR and its solutions, this article explores the various obstacles and creative approaches in this sector. The quick evolution of resistance in microbial populations is one of the main obstacles to the development of antimicrobial reagents. Many new medications quickly lose their effectiveness due to the astonishing speed at which bacteria and other pathogens adapt to them. The overuse and abuse of currently available antimicrobial drugs is aggravating this progression. Consequently, there is a constant struggle to keep developing novel reagents ahead of these changing microbes. One costly and time-consuming part of developing antimicrobials is getting regulatory approval. The strict guidelines put in place by regulatory agencies to guarantee the security and effectiveness of new drugs may cause a delay in their introduction into clinical settings.

Keywords

Antimicrobial Resistance, Antimicrobial Reagents, Antibiotics

1. Introduction

The effectiveness of antibiotics and other antimicrobial treatments is being threatened by the growing issue of antimicrobial resistance. This global catastrophe is a complicated problem with repercussions for agriculture, the environment, animal health, and human health. AMR happens when bacte-

ria, viruses, and fungi—among other microorganisms—become resistant to the medications meant to eradicate them. This resistance makes it more difficult for medical personnel to treat infections properly, endangering patients and increasing the risk of standard operations like chemotherapy and

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surgery. AMR is a complex issue with several underlying causes, such as improper and excessive use of antibiotics, inadequate infection prevention and control, and a dearth of novel medication development. The medical community as a whole and public health institutions face significant challenges as a result of this problem. The creation and application of potent reagents is a crucial tool in our armory against AMR. Although there are many other causes of AMR, overuse and abuse of antibiotics are the main culprits. Antibiotics are frequently provided needlessly for viral illnesses for which they are ineffective [1]. To encourage animal growth, antibiotics are also widely utilized in agriculture, which adds to the resistance. The more antibiotics that are taken, the more chances there are for bacteria to change and become resistant [2]. The effects of AMR are extensive. Even infections that were once easily treated are becoming harder and harder to control. This raises the chance of death, lengthens illnesses, and increases healthcare expenses. For instance, if infections are not adequately handled, routine procedures and cancer treatments like chemotherapy can become fatal. Furthermore, AMR poses a threat to undo a lot of the 20th century's medical advances [3].

The prevalence of resistant pathogens could make procedures that rely on the use of antibiotics, such organ transplants, chemotherapy, and even childbirth, significantly hazardous. In the context of antimicrobial resistance, reagents are materials or combinations that are employed in laboratory investigations and testing to find and examine resistant microorganisms. They are essential to our attempts to comprehend, track, and eradicate AMR. Reagents that work well are essential for developing diagnostic tests that may quickly detect bacteria that are resistant to drugs. By using these tests, medical professionals may select the best course of action and cut down on the needless prescription of broad-spectrum antibiotics. Physicians can enhance patient outcomes and slow down the spread of resistance by prescribing more targeted and effective treatments when resistant strains are quickly identified. For scientists researching AMR, reagents are necessary. They are employed in the study of the biochemical and genetic processes that underlie resistance. Comprehending these pathways is essential for creating novel medications and therapeutic approaches [4]. Researchers can learn valuable lessons about the behavior of resistant bacteria in the lab, which they can then use development of innovative AMR-fighting strategies.

2. Literature Review

Effective reagents are essential for the drug discovery process. During the development phase, they are employed to detect any indications of resistance and assess the effectiveness of possible new antibacterial agents. This guarantees that new drugs work against a variety of infections and lessens the possibility that resistance may surface soon after they are released onto the market. A diverse strategy is required to

address the AMR dilemma. It entails taking global actions including reducing the use of antibiotics in agriculture, enhancing hygiene standards, and using antibiotics responsibly. But it's crucial to concentrate on how useful reagents are for controlling AMR [5]. Monitoring the incidence of resistant bacteria requires routine surveillance with diagnostic assays that use efficient reagents. Policymakers and medical professionals can use this information to make well-informed judgments about recommended treatments. Reagents that work well can be included in educational campaigns aimed at educating the public about the consequences of antimicrobial resistance. To inform people on the proper use of antibiotics and the negative effects of overusing them, these programs can focus on schools, communities, and healthcare facilities. Healthcare practitioners can help patients understand antimicrobial resistance (AMR) by employing diagnostic procedures that use reagents. Patients can be better made aware of the significance of taking antibiotics as directed and refraining from requesting medicines for viral infections when they are ineffective by using visual aids and concise explanations [6]. Diagnostic test results using effective reagents can be used in public awareness campaigns to demonstrate the effects of antimicrobial resistance (AMR). The significance of taking antibiotics as directed, finishing the entire course, and only using them, when necessary, can be emphasized by these campaigns [7].

3. Discussion

The fight against AMR is a worldwide issue that calls for cooperation between nations; it is not limited to any one country or area. These are some actions that countries can take to collaborate more successfully. Nations should work together to exchange AMR-related data. Tracking and containing the global spread of resistance can be facilitated by exchanging data on the genetic profiles and prevalence of resistant microorganisms. Health organizations and international agencies can collaborate to create standardized protocols for the use of antibiotics and diagnostic procedures. By using a consistent strategy, the international healthcare community can be guaranteed to be working toward the same objectives. The creation of more efficient diagnosis and treatment plans can be aided by the exchange of resources, such as research discoveries, efficient reagents, and best practices. This partnership has the potential to accelerate our response time to the changing AMR threat [8, 9]. Countries can monitor and report on their progress against antimicrobial resistance (AMR) with the use of an international framework. Through consistent reporting on antibiotic usage, AMR prevalence, and implemented measures, nations may hold one another responsible and collaborate towards shared goals. Antimicrobial resistance poses a serious risk to international health, necessitating quick response. Good reagents are essential for comprehending, identifying, and treating antimicrobial resistance (AMR). They are crucial instruments

for medication discovery, research, and diagnostics because they let researchers come up with creative solutions and healthcare practitioners make educated decisions [10].

In the end, combating antimicrobial resistance (AMR) is a joint responsibility, and our best chance of succeeding in this worldwide health crisis lies in our concerted, all-encompassing efforts. Reagents that are effective can be utilized in educational materials and campaigns to highlight the significance of using antibiotics responsibly. Funding for investigations into novel antimicrobial drugs and diagnostic techniques should be increased by governments and organizations. Effective reagents are essential to this research to further our knowledge of AMR and create innovative remedies. For AMR to be effectively addressed, international cooperation is needed. In order to produce and use efficient reagents, cooperative efforts should be undertaken to exchange information, best practices, and resources. To properly solve this epidemic, we need to prioritize global cooperation, education, and the safe use of antibiotics. The emergence and spread of resistant diseases must be stopped by raising public knowledge and using antibiotics responsibly. Furthermore, collaboration between governments, researchers, and healthcare professionals is required to share knowledge, resources, and best practices [11]. As the fight against AMR continues, it is critical that we prioritize effective reagents, research, education, and international cooperation. By doing so, we can help to ensure that antimicrobial medicines remain effective for current and future generations, allowing our healthcare systems to continue to provide effective care for a wide spectrum of infections while minimizing the possibility of resistance [12].

Natural chemicals derived from plants, fungus, and other sources have traditionally served as antibacterial agents. Traditional medicines from diverse cultures frequently have potent antibacterial components. The study of these natural chemicals, their extraction, and modification for medicinal applications is becoming increasingly popular. Compounds such as essential oils, honey, and some mushrooms have shown promising antibacterial capabilities. AI-driven drug discovery represents a game-changing approach to antibacterial reagent development. Machine learning methods are capable of analyzing large datasets of chemical compounds which can result in the predictability of their antimicrobial properties. This not only speeds up the drug discovery process, but it also improves compound selection, increasing the likelihood of success in clinical trials. AI-driven drug discovery has the ability to identify novel compounds that would have been overlooked using traditional methods. [13].

These techniques use two or more antimicrobial drugs with distinct modes of action to attack microorganisms at the same time. This makes it far more difficult for microorganisms to build resistance since they must evolve resistance to many drugs at the same time. Combination therapy can increase the efficacy of existing antimicrobial medications while decreasing the likelihood of resistance arising. Pep-

tides and proteins are gaining popularity as possible antimicrobial agents [14]. Naturally occurring peptides, such as defending, can serve as inspiration for the development of synthetic peptides with strong antimicrobial characteristics. Furthermore, the creation of protein-based antimicrobial agents, such as tailored antibodies or enzymes, shows considerable promise. These biologics can give highly tailored and effective treatments for certain pathogens. Addressing the problems and supporting innovation in antimicrobial reagent development necessitates a multidimensional approach that incorporates scientific research, public policy, and international collaboration. To maximize the impact of these advances, complete the listed steps can be taken. Collaboration between academics, pharmaceutical industries, and research institutes is essential [15].

For smaller pharmaceutical businesses and research organizations in particular, navigating the procedure can be costly and confusing. Due to the harsh economics of drug development, there are frequently insufficient financial incentives to create novel antimicrobial drugs. Because chronic diseases have the potential to yield longer-term profits, the pharmaceutical industry prefers to prioritize them over acute infections. This has led to a dearth of funding for the study of antibiotics, which has made the shortage of novel medications in development worse [16]. A promising path for innovation in the creation of antimicrobial reagents is provided by nanotechnology. Because of their special qualities, nanoparticles can be designed to deliver medications more successfully while eluding the body's defenses against microorganisms. For instance, silver nanoparticles have demonstrated effectiveness against a variety of diseases. Targeted medication administration is another benefit of nanotechnology, which lessens the negative effects of conventional antibiotics [17].

Public-private collaborations can speed up the discovery of antimicrobial agents by pooling resources, experience, and information. Monitoring the spread of antibiotic resistance on a worldwide scale is critical. International organizations and countries should collaborate to gather and exchange data on resistance patterns, allowing for early discovery and coordinated actions. Governments and regulatory organizations should consider offering financial incentives for the development of novel antimicrobial reagents. These incentives could take the shape of grants, tax rebates, or extended patent protection, making antimicrobial research more commercially appealing to pharmaceutical corporations. Collaborations between the public and business sectors can accelerate the search for antimicrobial drugs by combining resources, expertise, and data [18]. It is essential to track the global expansion of antibiotic resistance. To enable early detection and coordinated actions, governments and international organizations should work together to exchange and collect data on resistance patterns. Governments and regulatory agencies ought to think about providing financial rewards for the creation of innovative antimicrobial reagents. These incentives could be in the form of subsidies, tax breaks, or increased patent protection,

which would increase pharmaceutical companies' commercial interest in antimicrobial research [19].

The licensing procedure for new antimicrobial reagents should be streamlined by regulatory bodies while maintaining safety and efficacy requirements. Innovative regulatory approaches that promote progress without sacrificing safety can help strike this balance. Start-ups and smaller biotech companies that are focused on creating new antimicrobial medicines can receive assistance from governments and larger pharmaceutical companies. These smaller organizations frequently lack the means to get through regulatory obstacles and carry out lengthy clinical trials. In order to effectively address antimicrobial resistance, global cooperation is required. Global frameworks for addressing antimicrobial resistance (AMR) include international agreements and initiatives like the World Health Organization's Global Action Plan on Antimicrobial Resistance [20].

4. Conclusion

Public health is seriously threatened by the urgent global health crisis of antibiotic resistance. The effects are extensive and have a wide range of causes. Effective reagents are essential weapons in the fight against AMR. They are essential to research, diagnosis, and the creation of novel therapies. Effective reagents are essential to our fight against AMR because they help us better understand resistance mechanisms and increase the precision and speed of diagnosis. Prioritizing appropriate antibiotic usage, funding research, and bolstering international cooperation in the creation and application of efficient reagents are essential to reducing this growing hazard. We can only hope to maintain the efficacy of our antimicrobial medicines for future generations by making thorough, concerted efforts.

There is no denying the difficulty of developing antibacterial reagents. The urgent need for innovation in this industry has been exacerbated by regulatory obstacles, the emergence of resistance, and a lack of funding. But a lot of creative approaches are starting to surface to address these issues head-on. In the search for novel and effective antimicrobial drugs, nanotechnology, natural chemical research, AI-driven drug discovery, combination medicines, and peptide and protein therapeutics are all intriguing and promising directions. It is critical to accept these breakthroughs and carry on the cooperative effort to guarantee the availability of potent antibacterial reagents for future generations in order to solve the escalating antimicrobial resistance challenge. The ongoing war against antimicrobial resistance (AMR) necessitates the ceaseless search for fresh techniques, and these creative ones provide hope.

Abbreviations

AMR Antimicrobial Resistance

Conflicts of Interest

The authors declare no conflicts of interest.

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